

SUNDAY / DOMINGO

8:30AM	1.5HR	A Gathering of Men , Sparrow Hospital-St Lawrence Facility (West Side) - Doctor's Dining Room in the cafeteria, 1210 W Saginaw Street, Lansing, Michigan, 48915 (C, D, WC, NS)
5:00PM	1HR	Vision of Hope , The Alano Club West, Basement Room, 2909 W. Genesee, Lansing, MI, 48917 (O, To, NS)
6:00PM	1.33HR	Insight Group , Mt Hope Presbyterian Church, Candlelight, 301 W Jolly Rd, Lansing, Michigan, 48910 (O, CL, WC, NS, LS)
7:00PM	1.5HR	Alpha Group , Sparrow Professional Building, Second Floor - Conference Room B, 1200 E Michigan Ave, Lansing, Michigan, 48912 (C, St, WC, NS)

MONDAY / LUNES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, WC, NS)
NOON	1.5HR	Alpha Group , Everybody Reads Bookstore, 2019 E. Michigan Ave., Lansing, Michigan, 48912 (O, St, WC, NS)
3:00PM	1HR	AWOL , Alano Club West, Basement, 2909 W. Genesee St., Lansing, Michigan, 48917 (O, JT)
5:30PM	1.25HR	We Came to Believe , Pilgrim Congregational Church, 125 S. Pennsylvania, Lansing, Michigan, 48912 (C, D, WC, NS)
6:00PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, Michigan, 48813 (O, D, St, WC, NS, LS)
6:00PM	1HR	Heavenly Express , McLaren Education Center (Parking off of S. Washington), [Not Meeting May 7th or June 18th], 2709 S Washington Ave., Lansing, Michigan, 48910 (C, D, WC, NS, LS)
7:00PM	1.5HR	All Together , Church of the Nazarene, 2225 S. Michigan Rd, Eaton Rapids, Michigan, 48827 (C, D, WC, NS)
7:30PM	1.25HR	Green & White Clean Life , Engineering Building, Room 1230, 428 S. Shaw Ln., East Lansing, Michigan, (C, To, WC, NS) <i>Easiest (free) parking is the Planetarium Parking lot.</i>

TUESDAY / MARTES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, WC, NS)
NOON	1.5HR	Never Alone , Grace Lutheran Church, 528 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, WC, NS, LS)
6:00PM	1HR	Hugs Not Drugs , Foster Community Center (Room 210), 200 N Foster, Lansing, Michigan, 48912 (O, WC, NS, LS)
7:00PM	1.5HR	Today's Reality , Trinity Episcopal Church, 201 E Jefferson, Grand Ledge, Michigan, 48837 (C, St, WC, NS)
7:30PM	1.5HR	Recovering Radicals , St Michaels Episcopal Church, 6500 Amwood Dr, Lansing, Michigan, 48911 (C, CL, St, Tr, WC, NS)

WEDNESDAY / MIÉRCOLES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, WC, NS)
NOON	1.5HR	Alpha Group , Everybody Reads Bookstore, 2019 E. Michigan Ave., Lansing, Michigan, 48912 (C, St, WC, NS)
5:30PM	1.5HR	Steps To Serenity , University Lutheran Church, 1020 S. Harrison Rd., East Lansing, Michigan, 48823 (C, CL, St, WC, NS)
6:00PM	1HR	Heavenly Express , McLaren Education Center (Parking off of S. Washington), 2709 S Washington Ave., Lansing, Michigan, 48910 (C, D, WC, NS, LS)
6:00PM	1HR	Sisters in Surrender , Foster St Community Center (Room 210), 200 N Foster, Lansing, Michigan, 48912 (C, D, W, WC, NS)

THURSDAY / JUEVES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, Tr, WC, NS)
NOON	1.5HR	Never Alone , Grace Lutheran Church (Last Thursday of the Month - Speaker), 528 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, WC, NS)
6:00PM	1HR	Hugs Not Drugs , Foster Community Center (Room 210), 200 N Foster, Lansing, Michigan, 48912 (O, WC, NS, LS)
7:00PM	1.5HR	Common Ground , Southland Counseling Center (Community Mental Health), 812 E Jolly Rd, Lansing, Michigan, 48910 (C, WC, NS, LS)
7:30PM	1.17HR	Insight Group , Mt Hope Presbyterian Church, Candlelight, 301 W Jolly Rd, Lansing, Michigan, 48910 (O, CL, WC, NS, LS)
8:00PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, Michigan, 48813 (C, CL, D, St, WC, NS, LS)

FRIDAY / VIERNES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (C, D, WC, NS, LS)
NOON	1.5HR	Alpha Group , Everybody Reads Bookstore, 2019 E. Michigan Ave., Lansing, Michigan, 48912 (O, St, WC, NS)
7:00PM	1.5HR	Friday Night Live , Sparrow Professional Building, Second Floor Conference Room E (O-4th Fri/month), 1200 E Michigan Ave, Lansing, Michigan, 48912 (C, St, WC, BK, NS)
7:00PM	1.5HR	Spiritual Awakening , Bethlehem Lutheran Church, 549 E Mt Hope, Lansing, Michigan, 48910 (O, CL, WC, NS, LS)
8:00PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, Michigan, 48813 (C, D, St, WC, NS, LS)

SATURDAY / SÁBADO

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, Michigan, 48915 (O, D, WC, NS)
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SATURDAY / SÁBADO (CONT)

4:00PM	1HR	R.A.W. - Recovering And Winning , Village Summit, 119 E. Barnes Ave, Lansing, Michigan, 48910 (O, B, To, WC, NS)
7:00PM	1.5HR	All Together , Church of the Nazarene, 2225 S. Michigan Rd, Eaton Rapids, Michigan, 48827 (C, D, WC, NS)
7:00PM	1.5HR	Alpha Group , Sparrow Professional Building, Second Floor Conference Room B, 1200 E Michigan Ave, Lansing, Michigan, 48912 (C, St, WC, NS)
7:00PM	1HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, Michigan, 48813 (C, D, St, WC, NS, LS)
7:00PM	1.5HR	New Beginnings , St. Therese Church, 102 W Randolph St, Lansing, Michigan, 48906 (C, St, WC, NS)
11:59PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, Michigan, 48813 (O, D, WC, NS)

MEETING FORMAT LEGEND

- B (Beginners) This meeting is focused on the needs of new members of NA.
- BK (Book Study) Approved N.A. Books
- C (Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
- CL (Candlelight) This meeting is held by candlelight.
- D (Discussion) This meeting invites participation by all attendees.
- JT (Just for Today) This meeting is focused on discussion of the Just For Today text.
- LS (Literature Study) NA Conference approved literature is used for this meeting.
- NS (No Smoking) Smoking is not allowed at this meeting.
- O (Open) This meeting is open to addicts and non-addicts alike. All are welcome.
- St (Step) This meeting is focused on discussion of the Twelve Steps of NA.
- To (Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
- Tr (Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
- W (Women) This meeting is meant to be attended by women only.
- WC (Wheelchair) This meeting is wheelchair accessible.

PHONE NUMBERS

NARCOTICS ANONYMOUS



CAPITAL AREA MEETING LIST AUGUST 2018

CASCNA
P.O. Box 25144
Lansing, MI 48909

24 Hour Help Line
1-800-230-4085

Official Site

<http://michigan-na.org/capital-area>
Webservant Contact - cascna@michigan-na.org

Service Committees

- Activities** - TBA
- Area Service Committee** -
 - Location:** C.A.S.C.N.A. meets at 3P.M. on the 2nd Sunday of each month at - McLaren Education Center (Parking off of S. Washington) 2709 S Washington Ave. Lansing, MI 48910
- Hospitals & Institutions** -
 - Location:** 2:00 p.m. @ Same as Area Service Committee
 - Email:** handi@cascna-mi.org
- Phone-Line** -
 - Location:** TBA
 - Email:** cascnaphoneline@gmail.com
- Policy** - TBA
- Literature** - TBA
- Public Relations** - First Sunday of the Month 4:00 p.m. @ [Panera Bread 310 N. Clippert St., Lansing MI, 48912](#)