

MEETING FORMAT LEGEND			
C	Closed	O	Open
SD	Speaker/Discussion	To	Topic
ME	Meditation	LS	Literature Study
SPAD	A Spiritual Principle a Day		

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.
 Basic Text, *page 65*

**SUGGESTIONS FOR EVERYONE
DON'T USE NO MATTER WHAT**
Come early stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature
Get and call a sponsor
Use the phone
KEEP COMING BACK. IT WORKS

**Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE**



BATTLE CREEK AREA

MEETING LIST

JANUARY 2026

24 HOUR NA PHONELINE NUMBER

(800)230-4085

Battle Creek Area Website
michigan-na.org/battlecreek-area

**BCNA
P. O. BOX 2584
Battle Creek, MI 49016**

SUGGESTIONS FOR EVERYONE:

KEEP COMING BACK!

DON'T USE no matter what

Ask your Higher Power to help you stay clean