

SUNDAY / DOMINGO

8:30AM	1.5HR	A Gathering of Men , Sparrow Hospital-St Lawrence Facility (West Side) - Doctor's Dining Room in the cafeteria, 1210 W Saginaw Street, Lansing, MI, 48915 (C, D, WC, NS)
NOON	2HR	The School of Recovery Living Clean , Alano Club West, 2909 W Genesee St., Lansing, MI, 48917 (O, SD, LS) <i>Speakerjam - 4th Sunday (4pm-8pm) Rotating Literature Study MTG; Sunday NA Social Activities After NA MTG</i>
5:00PM	1HR	Vision of Hope , The Alano Club West, Basement Room, 2909 W. Genesee, Lansing, MI, 48917 (O, To, NS)
6:00PM	1.33H R	Insight Group , Mt Hope Presbyterian Church, Candlelight, 301 W Jolly Rd, Lansing, MI, 48910 (O, CL, WC, NS, LS)
7:00PM	1.5HR	Alpha Group , Sparrow Professional Building, Second Floor - Conference Room B, 1200 E Michigan Ave, Lansing, MI, 48912 (C, St, WC, NS)

MONDAY / LUNES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, WC, NS)
NOON	1.5HR	Alpha Group , Everybody Reads Bookstore, 2019 E. Michigan Ave., Lansing, MI, 48912 (O, St, WC, NS)
5:30PM	1.25H R	We Came to Believe , Pilgrim Congregational Church, 125 S. Pennsylvania, Lansing, MI, 48912 (C, D, WC, NS)
6:00PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, MI, 48813 (O, D, St, WC, NS, LS)
6:00PM	1HR	Heavenly Express , McLaren Education Center (Parking off of S. Washington), [Not Meeting May 7th or June 18th], 2709 S Washington Ave., Lansing, MI, 48910 (C, D, WC, NS, LS)
7:00PM	1.5HR	All Together , Church of the Nazarene, 2225 S. Michigan Rd, Eaton Rapids, MI, 48827 (C, D, WC, NS)
7:30PM	1.25H R	Green & White Clean Life , Engineering Building, Room 1230, 428 S. Shaw Ln., East Lansing, MI, (C, To, WC, NS) <i>Easiest (free) parking is the Planetarium Parking lot.</i>

TUESDAY / MARTES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, WC, NS)
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TUESDAY / MARTES (CONT)

NOON	1.5HR	Never Alone , Grace Lutheran Church, 528 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, WC, NS, LS)
6:00PM	1HR	Hugs Not Drugs , Foster Community Center (Room 210), 200 N Foster, Lansing, MI, 48912 (O, WC, NS, LS)
7:00PM	1.5HR	Today's Reality , Trinity Episcopal Church, 201 E Jefferson, Grand Ledge, MI, 48837 (C, St, WC, NS)
7:30PM	1.5HR	Recovering Radicals , St Michaels Episcopal Church, 6500 Amwood Dr, Lansing, MI, 48911 (C, CL, St, Tr, WC, NS)

WEDNESDAY / MIÉRCOLES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, WC, NS)
NOON	1.5HR	Alpha Group , Everybody Reads Bookstore, 2019 E. Michigan Ave., Lansing, MI, 48912 (C, St, WC, NS)
6:00PM	1HR	Heavenly Express , McLaren Education Center (Parking off of S. Washington), 2709 S Washington Ave., Lansing, MI, 48910 (C, D, WC, NS, LS)
6:00PM	1HR	Sisters in Surrender , Foster St Community Center (Room 210), 200 N Foster, Lansing, MI, 48912 (C, D, W, WC, NS)

THURSDAY / JUEVES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, Tr, WC, NS)
NOON	1.5HR	Never Alone , Grace Lutheran Church (Last Thursday of the Month - Speaker), 528 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, WC, NS)
6:00PM	1HR	Hugs Not Drugs , Foster Community Center (Room 210), 200 N Foster, Lansing, MI, 48912 (O, WC, NS, LS)
7:00PM	1.5HR	Common Ground , Southland Counseling Center (Community Mental Health), 812 E Jolly Rd, Lansing, MI, 48910 (C, WC, NS, LS)
7:30PM	1.17H R	Insight Group , Mt Hope Presbyterian Church, Candlelight, 301 W Jolly Rd, Lansing, MI, 48910 (O, CL, WC, NS, LS)
8:00PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, MI, 48813 (C, CL, D, St, WC, NS, LS)

FRIDAY / VIERNES

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (C, D, WC, NS, LS)
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FRIDAY / VIERNES (CONT)

NOON	1.5HR	Alpha Group , Everybody Reads Bookstore, 2019 E. Michigan Ave., Lansing, MI, 48912 (O, St, WC, NS)
7:00PM	1.5HR	Friday Night Live , Sparrow Professional Building, Second Floor Conference Room E (O-4th Fri/month), 1200 E Michigan Ave, Lansing, MI, 48912 (C, St, WC, BK, NS)
7:00PM	1.5HR	Spiritual Awakening , Bethlehem Lutheran Church, 549 E Mt Hope, Lansing, MI, 48910 (O, CL, WC, NS, LS)
8:00PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, MI, 48813 (C, D, St, WC, NS, LS)

SATURDAY / SÁBADO

8:30AM	1.5HR	Morning Glory , Westminster Presbyterian Church, 734 N Martin Luther King Jr Blvd, Lansing, MI, 48915 (O, D, WC, NS)
NOON	2HR	The School of Recovery Living Clean , Alano Club West, 2909 W Genesee St., Lansing, MI, 48917 (O, SD, LS) <i>Speakerjam - 4th Sunday (4pm-8pm) Rotating Literature Study MTG; Sunday NA Social Activities After NA MTG</i>
4:00PM	1HR	R.A.W. - Recovering And Winning , Village Summit, 119 E. Barnes Ave, Lansing, MI, 48910 (O, B, To, WC, NS)
7:00PM	1.5HR	All Together , Church of the Nazarene, 2225 S. Michigan Rd, Eaton Rapids, MI, 48827 (C, D, WC, NS)
7:00PM	1.5HR	Alpha Group , Sparrow Professional Building, Second Floor Conference Room B, 1200 E Michigan Ave, Lansing, MI, 48912 (C, St, WC, NS)
7:00PM	1HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, MI, 48813 (C, D, St, WC, NS, LS)
7:00PM	1.5HR	New Beginnings , St. Therese Church, 102 W Randolph St, Lansing, MI, 48906 (C, St, WC, NS)
11:59PM	1.5HR	Charlotte Hard Heads , Eaton Area Recovery Building, 202 S. Cochran, Charlotte, MI, 48813 (O, D, WC, NS)

MEETING FORMAT LEGEND

- B** (Beginners) This meeting is focused on the needs of new members of NA.
- BK** (Book Study) Approved N.A. Books
- C** (Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
- CL** (Candlelight) This meeting is held by candlelight.
- D** (Discussion) This meeting invites participation by all attendees.
- LS** (Literature Study) NA Conference approved literature is used for this meeting.
- NS** (No Smoking) Smoking is not allowed at this meeting.
- O** (Open) This meeting is open to addicts and non-addicts alike. All are welcome.
- SD** (Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
- St** (Step) This meeting is focused on discussion of the Twelve Steps of NA.
- To** (Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
- Tr** (Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
- W** (Women) This meeting is meant to be attended by women only.
- WC** (Wheelchair) This meeting is wheelchair accessible.

Service Committees

Activities - TBA

Area Service Committee -

Location: C.A.S.C.N.A. meets at 3P.M. on the 2nd Sunday of each month at - McLaren Education Center (Parking off of S. Washington) 2709 S Washington Ave. Lansing, MI 48910

Hospitals & Institutions -

Location: 2:00 p.m. @ Same as Area Service Committee
Email: handi@caszna-mi.org

Phone-Line -

Location: TBA
Email: cascnaphoneline@gmail.com

Policy - TBA

Literature - TBA

Public Relations - First Sunday of the Month 4:00 p.m. @ [Panera Bread 310 N. Clippert St., Lansing MI, 48912](#)

PHONE NUMBERS

NARCOTICS ANONYMOUS



CAPITAL AREA MEETING LIST APRIL 2019

CASCNA
P.O. Box 25144
Lansing, MI 48909

**24 Hour Help Line
1-800-230-4085**

Official Site

<https://michigan-na.org/capital-area>
Webservant Contact - caszna@michigan-na.org