

A Message to the Newcomer:

“We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.”

Who, What, How and Why? - IP #1

We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends - jails, institutions or death - or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual-not religious-program, known as Narcotics Anonymous.

- NA Basic Text -

1. Make 90 Meetings in 90 Days
2. Get a Basic Text & READ it
3. Get phone numbers and USE them
4. Find a Sponsor AND call them

DON'T USE NO MATTER WHAT!!

PHONE NUMBERS

Male / Female	Text Msg.
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N
_____	Y/N

“ We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel.”

Who, What, How and Why? - IP #1

NARCOTICS ANONYMOUS



Livingston County Area 2020 Meeting Schedule

“The only requirement for membership is a desire to stop using.”

From NA Basic Text



www.michigan-na.org/livingston-county-area

P.O. Box 1867
Brighton, MI 48116

Help Line (800) 230-4085

(O) Open Meeting - Open to Addicts & NON Addicts
(C) Closed Meeting - For Addicts Only
(BF) Barrier Free / Handicap Accessible

(SS) Step Study (GB) Grab Bag
(LS) Literature Study (CL) Candle Light

SUNDAY

I Can't, We Can - 7:00pm
1st United Methodist Church - The Well
116 Brighton Lk Rd., Brighton
(C, LS, BF)

MONDAY

Never Alone at Noon - 12:00pm
1st United Methodist Church (Music Room)
400 E. Grand River Ave., Brighton
(O, LS, BF)

Forever Young - 7:30pm
New Hudson United Methodist Church
56730 Grand River Ave., New Hudson
(O, GB, BF)

TUESDAY

Howell It Works & Why - 7:00pm
Grace Lutheran Church
312 Prospect St., Howell
(C, LS, BF)

WEDNESDAY

Recovery on the Lake - 7:00pm
Wesley United Methodist Church
9318 Main St., Whitmore Lake
(O, LS, BF)

THURSDAY

Sunrise Recovery - 7:00am
Livingston County Alano Club (Basement)
5754 Whitmore Lk Rd., Brighton
(O)

Give Yourself a Break - 7:30pm
St. Joseph Catholic Church (Basement)
440 E. Washington St., Howell
(C, LS, CL)

FRIDAY

Friday Night Brighton - 7:30pm
Brighton Church of Christ
6026 Rickett Rd., Brighton
Speaker the 5th Friday of the Month
(O, LS, BF)

SATURDAY

Bright Lights of Brighton - 7:30pm
1st United Methodist Church - The Well
116 Brighton Lk Rd., Brighton
(C, GB, CL, BF)

Updates, Notes or Changes...

Get Involved, it's GOOD for your Recovery!!

SERVICE MEETINGS

1st United Methodist Church - The Well
116 Brighton Lk Rd., Brighton

Area Service Committee:
3rd Sunday of the Month at 5:00pm

Public Relations Service Committee:
2nd Sunday of the Month at 6:00pm

ALL Addicts are welcome and ENCOURAGED to attend!

“My gratitude speaks, when I care and when I share with others the N.A. way.”

Narcotics Anonymous Gratitude Motto
