PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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NARCOTICS ANONYMOUS METRO DETROIT REGION MEETING LIST





SmartPhone Meeting List Apps

Michigan Service Office 726 Livernois Ave Ferndale, MI 48220 248-544-2010

https://michigan-na.org/

OCTOBER 2025

Meetings Weekly: 334

SUNDAY

Blue Water Area

Sunday NOON; Nothing But Love, The Dry Dock Recovery Center, 412 Huron Avenue, Port Huron (O,D,NVG)

Sunday 6:30PM; Courage and Hope, St. Martin Lutheran Church, Former The Soup Kitchen, 805 Chestnut, Port Huron (C)

Central Detroit Area

Sunday 10:00AM; Sunday Morning Survival, Shar Academy, 1851 W Grand Blvd, Detroit (O)

Sunday NOON; Save Our Selves, Salvation Army Building, 1627 W. Fort St., Detroit (C)

Sunday 2:00PM; Doors are Open, NCADD Building, 2400 E Mcnichols, Detroit (O)

Sunday 2:00PM; Starting Over, John Dingell Veteran's Hospital, 4646 John R, Detroit (C)

Sunday 6:00PM; Come as you Are, Fort Street Presbyterian Church, Enter in Rear of Church, 631 Fort Street, Detroit (C)

Detroit East Area

Sunday 10:00AM; Expect A Miracle, Mack Alive Bldg, 3746 Fischer St (at Mack), Detroit,

Sunday 2:00PM; Life is to be Enjoyed, Detroit (C,VM)

Sunday 3:00PM; Stay Alive II, Hope Community Church (BF, HA, OS 3rd Sun) Front Door / MEETING IN BASEMENT, 14456 Jefferson @ Marlborough, Detroit (C,WC) Rotatin Format on 2nd Sunday

Sunday 4:00PM; Recovery On Dequindre, Detroit (VM)

Sunday 7:00PM; NA Meditation Mtg, Passenger Recovery Community Center, Suite D (Right Side Entrance), 3901 Christopher Street, Detroit,

Detroit Tri-City Area

Sunday 8:00PM; Literature Speaks for Itself, Shar Academy, 1851 W Grand Blvd, Detroit (O,RF)

Detroit West Area

Sunday 11:00AM; Sunday Morning Surrender, Christ the King/Siena Literacy Center, Park E. of Trinity btw. Grand River & 6 mile, 16888 Trinity St., Detroit (C,Ti,WC)

Sunday 3:00PM; Peace In The Valley, Metropolitan Baptist Church, Entrance from Buena Vista street, 13110 14th st., Detroit (O)

Saturday 6:00PM; First Step to Freedom II, Bicentennial Park, Meets at the dead end, bring a chair. In case of rain, meet under covered pavilion., 36000 W Seven Mile Rd, Livonia, MI 48152, Livonia (C,NC,WC,RA)

Saturday 7:00PM; New Horizons, New Horizons, Bonfire Meeting - Weather Permitting, 24400 Schoolcraft Rd., Redford (C)

Saturday 7:00PM; Saturday Night Special, Blessed hope Christian Church, 3804 Hazel Avenue, Lincoln Park (C,RA)

Saturday 7:30PM; Saturday Night Candle Light, Northwest Alano Club, 2903 S Wayne Rd, Wayne (O)

Saturday 9:00PM; Welcome Home Downriver, Downriver Alano, 2060 Council, Lincoln Park (O,WC,RA)

Sunday 6:00PM; Miracles in Recovery, Brightmoor United Methodist Church, park and enter at the rear of the building go downstairs, 12065 W. Outer Dr., Detroit (C)

Sunday 6:00PM; Never Again, Greater Quinn A.M.E. Church, At Davidson, 13501 Rosa Parks, Detroit (O)

Sunday 6:00PM; Peace Of Recovery, Detroit (VM)

Macomb Area

Sunday 10:30AM; Macomb Area meeting, Eastside Alano Club, 11487 E. 9 Mile Rd., Warren, MI, 48089, Warren, Second Sunday of the month.

Sunday 10:30AM; Sidetracked, Select Specialty Hospital, Bayley Rm. B, 215 North Ave, Mt. Clemens (C,WC) meeting is upstairs

Sunday 3:00PM; Serenity On Sunday, Macomb Alano Club, 20900 Case Avenue, Clinton Township (O) In need of trusted servants

Sunday 5:00PM; Lives Lived Right, 27700 Gratiot Ave., Roseville, Can always use support

Sunday 6:30PM; United We Stand, Christ Lutheran Church, 12500 Canal Rd., Sterling Heights (C) Love to see new faces

Sunday 7:00PM; Go For Hope, First United Methodist Church, 5005 Chicago Road., 5005 Chicago Rd., Warren (C) In need of support. IN NEW LOCATION

Sunday 7:00PM; No Matter What, St. Thomas Lutheran Church, Park in back, 23801 Kelly, Eastpointe (O,WC)

Sunday 7:00PM; The 12 Steps of NA, Zoom (WEB,VM)

Sunday 7:00PM; Together We Can, Christ Church, 34385 Garfield Rd., Fraser (C,WC) In need of support and trusted servants. Enter at rear of building.

Sunday 10:00PM; Daily Maintenance, Eastside Alano Club, 11487 E. 9 Mile Rd., Warren (C,WC) Marathon Meeting at St Pattys Day

Metro Detroit Region

Sunday 1:00PM; Metro Detroit Regional Service Committee, Michigan Service Office (MSO), 726 Livernois Avenue, Ferndale (C,D) Every other month last Sunday of even months: Feb, April, etc.

Monroe Area

Sunday 7:00PM; Sunday Night Live, ProMedical Monroe Hospital, 4th Floor Meeting Room A, 718 N. Macomb Street, Monroe (C,WC)

Oakland County Area

Sunday 11:00AM; Cup of Recovery, Renaissance Vineyard Church, Meeting is up the stairs, 1841 Pinecrest Dr, Ferndale (C)

Sunday 6:00PM; When at the End of the Road, St Luke's Episcopal Church, 540 W. Lewiston, Ferndale (C)

Sunday 6:30PM; E-Z Does It, The Hive, On Huron close to Williams St. Yellow Sign in lawn., 205 W. Huron, Pontiac (C) on Huron close to Williams St. Open Topic

Sunday 7:00PM; Spiritually We Do Recover, Pontiac (WEB,VM) On site and Zoom

Sunday 7:00PM; Survivors, First Congregational Church, One block south of Webster & Crooks, 1314 Northwood Blvd, Royal Oak (O,WC)

Sunday 7:00PM; Yes, There's a meeting in Ortonville, 825 S Ortonville Rd, Ortonville (C)

Sunday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St., 140 E Flint St, Lake Orion (C,WC)

Western Wayne County Area

Sunday 11:30AM; Westland Survivors, NW Alano Club, 2903 S Wayne Rd, Wayne (C)

Sunday 7:00PM; G.O.D. Group, Unity Church, 28660 Five Mile Rd, Livonia (O)

Sunday 7:00PM; Straight From The Book, Good Hope Lutheran Church, 28680 Cherry Hill, Garden City (C)

Sunday 7:00PM; Sunday Serenity, The Road Baptist Church, 14880 Southfield Rd., Allen Park,

MONDAY

Blue Water Area

Monday 10:00AM; Morning Reflections, St. John's United Church of Christ, 710 Pine St., Port Huron (O,JT,NVG)

Monday 11:00AM; SPONTANEOUS MEETING between 11:00-5:00, Dry Dock Recovery Center, 412 Huron Ave., Port Huron (NVG)

Monday 7:30PM; Bridge to Recovery, St. Martin Lutheran Church, Soup Kitchen, 805 Chestnut, Port Huron (C) OS last Monday

Central Detroit Area

Monday 10:00AM; Let Go Let God, Truimph Church, Parking and Enter in Rear, 2760 E. Grand Blvd, Detroit,

Monday 4:30PM; Any Addict Can Recover, Second Missionary Baptist Church, 8438 Harper, Detroit,

Monday 6:00PM; Simply Marvelous, Church of Christ, 20101 Wyoming, Detroit,

Monday 6:00PM; We Live as One, Sacred Heart Church, 3481 Rivard, Detroit (C,St,WC) OS 3rd Monday

Saturday 1:30PM; Work the Steps or Die. Send the newcomer, Eastside Alano, Second saturday of each month, 11487 East 9 mile rd, Warren (O) Second Saturday of every month. Send the newcomer or new sponsees to this 12 step workshop

Saturday 4:00PM; Gimme Shelter, First United Methodist Church, Meeting is held downstairs in basement., 5005 Chicago, Warren (O,NC) In need of support and trusted servants. Please come and support

Saturday 7:00PM; All in the Family, Lake Shore Presbyterian Church, 27801 Jefferson, St.Clair Shores (O) Desperate need of support. Does have a baby sitter only for 1.5 hrs

Saturday 7:00PM; Eastside Story, Live Right Recovery Resource Center, Enter in rear of building, 27700 Gratiot Avenue, Roseville (C) In need of trusted Servants

Saturday 7:00PM; The 12 Steps of NA (WEB,VM)

Saturday 10:00PM; Daily Maintenance, Eastside Alano, 11487 E. 9 Mile Rd., Warren (C)

Monroe Area

Saturday 8:00PM; We Choose Life, Trinity Episcopal Church, 304 S. Monroe St., Monroe (O,St,WC)

Oakland County Area

Saturday 10:00AM; Honest Recovery, Renaissance Vineyard Church, 1841 Pinecrest, Ferndale (O) 2nd Floor - Youth Room

Saturday NOON; Saturday Morning Surrender, 306 Midway, Pontiac (St)

Saturday 7:00PM; Willingness in Waterford, Central United Methodist Church, Meeting is downstairs with parking available behind the church., 3882 Highland Rd, Waterford Twp,

Saturday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St., 140 E Flint St., Lake Orion (O,WC)

Saturday 8:00PM; We Found A Home, Rennaisance Vineyard Church, 1841 Pinecrest Dr, Ferndale (O)

Western Wayne County Area

Saturday 10:00AM; Hope & Gratitude, VIRTUAL (VM)

Saturday 11:00AM; Saturday Morning Serenity, Saint John's Episcopal Church, 555 South Wayne Road, Westland (C,WC)

Saturday NOON; Our Virtual Presence, VIRTUAL MEETING (O,WEB,VM) This meeting will be closing on January 25th 2025

Saturday 2:00PM; Clean on Kalamazoo, Safe Step Garage, 32304 Kalamazoo Ct, Westland (O) Open speaker every 3rd Saturday

Detroit East Area

Saturday 4:00PM; Acceptance Group, Hope Community Church, 14456 East Jefferson @ Marlborough, Detroit (C,O,RF) Open Speaker 3rd Saturday

Saturday 6:15PM; I Can't, We Can, Detroit (C,RF,WC,VM) Open Speaker 3rd Saruedays

Saturday 7:30PM; Joyous and Free II, Bethlehem Lutheran Church, 3510 E. Outer Drive (at Mound), Detroit (C) Open Speaker 3rd Saturdays

Detroit Tri-City Area

Saturday 6:00PM; Acceptance is the Key N.E.A.R, Mount Zion Church of Deliverance, 2263 S Fort St, Detroit,

Saturday 11:59PM; SHARING AT THE BARBERSHIP N.E.A.R. THE SAGA CONTINUES, Shotcallerz Barbershop, 1623 Fort St, Lincoln Park (O,SPAD)

Detroit West Area

Saturday 11:00AM; Saturday Morning Recovery, Detroit (C,WEB)

Saturday 1:00PM; After the Rainbow, People's Church of Holiness Ministries, 15105 Meyers Rd., Detroit (O,NC) *Limited to 35 capacity

Saturday 1:00PM; Recovery at the Castle, Brightmoor United Methodist Church, park and enter at the rear of the building go downstairs, 12065 W. Outer Dr., Detroit (C)

Saturday 1:00PM; We Do Exist, Shar Academy, 1851 W. Grand Blvd, Detroit,

Saturday 3:00PM; Signs of Recovery, Detroit (C,WEB,VM,TC)

Saturday 4:00PM; Listening Is Sharing, Russell Woods Church of Christ, 11417 Broadstreet, Detroit,

Saturday 5:00PM; Bridge Over Troubled Waters, Providence Baptist Church, 18230 Plymouth Rd, Detroit (C,NC,RF,SD,WC)

Saturday 5:30PM; Together We Stand, Lighthouse Cathedral, 15940 Puritan, Detroit,

Saturday 7:00PM; Spiritually Together, True Love Activities Ctr., @ Northlawn and Tireman, 8410 Tireman, Detroit (C,GL,HY) OS 2nd Saturday

Macomb Area

Saturday 10:30AM; Surrender to Freedom, Triumphant Cross Lutheran Church, 22310 E. 13 Mile Rd, St.Clair Shores (C,NC,WC)

Saturday 1:00PM; Make a change, Macomb Alano Club, 20900 Cass Ave, Clinton Township,

Monday 6:00PM; We are Strong, Shar Academy, 1851 W. Grand Boulevard, Detroit (C,NC) Enter in Back

Detroit East Area

Monday 1:30PM; 12 Step Study II (Hybrid), PopOff Family Health Center, enter 1st door off parking lot, 10809 Mack Ave (btw Montclair & Lemay), Detroit (NC,St,HY)

Monday 4:30PM; Any Addict Can Recover, Matrix Center (Mt Zion Church), 13560 E. McNichols (1/2 block W of Gratiot), Detroit (C,WC)

Monday 5:00PM; Monday Night Option (C,VM,TC)

Monday 6:00PM; Daily Challenge, Bethany Lutheran Church, 5901 Cadieux Road (at Linville), Detroit (OE) 2nd Mondays Only

Monday 8:30PM; Born Again, St. Elyton Missionary Church, until last person shares, 8903 Cyril St., Detroit (C) Open Speakers every 3rd Monday

Detroit Tri-City Area

Monday 2:00PM; Get Real Group, Roberto Clemente Rec, 2631 Bagley, Detroit,

Monday 6:00PM; Brand New Road, St John AME Church, 505 Beechwood, River Rouge (C,WC)

Detroit West Area

Monday 10:30AM; Phoenix Group, Ford Memorial United Methodist Church, 16400 W. Warren, Detroit (O)

Monday 5:00PM; The Ties that Bind Us, Grace Hospital, 1st floor auditorium (will not be admitted after 5:45), 6035 W. Outer Drive, Detroit (O,RF,WC) 1st floor Auditorium. Closed Meeting on 1st Mondays

Monday 6:00PM; Say Yes to Recovery, Ebenezer A.M.E. Church, Go to the back of the church down the alley park in the back parking lot and enter in the back of the church, 5151 W. Chicago, Detroit (C,St) Panel or Open Speaker on 3rd Monday's

Monday 7:00PM; Shared Hope, True Love & Activites Center, 8410 Tireman Avenue, Detroit (C,GL,HY)

Monday 7:00PM; We're Part of the Solution, Westminister Presbyterian Church, Side door, 17567 Hubbell Street, Detroit (C) Meeting inside (masks required) but limited in number / Open Speaker 2nd Monday

Macomb Area

Monday 9:00AM; Lost Dreams Awaken, Metropolitan Church of the Nazarene, Frazho and Bellair enter thru gym. Meeting downstairs, 18945 Frazho Rd, Roseville (C) 11th Step Meeting/ 15 min. quiet after opening

Monday 11:00AM; Friends in Recovery, Salvation Army, 55 Church St, Mt Clemons (C,CS) In need of support and trusted servants. New location

Monday 6:30PM; Monday Night Live, Select Specialty Hospital, Bayley Rm C, 215 North Ave, Mt. Clemens (C,WC) Upstairs

Monday 7:00PM; Coffee Shop Recovery, The Dove Tail Coffee Shop, 29200 Hoover Rd., Warren (C) in need of trusted servants

Monday 7:00PM; I Luv Lucy, St. Lucy's Church, 23401 Jefferson Avenue, St. Clair Shores (C) In need of support

Monday 7:00PM; Live The NA Steps, Zoom (WEB,VM)

Monday 7:00PM; Recovery from the Heart, Sacred Heart Recovery Center, 400 Stoddard Rd., Richmond (C) No outside drinks or cell phones. Needs outside help

Monday 7:00PM; The 12 Steps of NA (WEB,VM)

Monday 7:30PM; Today We Live, Eastside Alano Club, 11487 E. 9 Mile Rd., Warren (C,WC) In need of trusted servants

Monday 10:00PM; Daily Maintenance, Eastside Alano Club, 11487 E. 9 Mile Rd., Warren (C,WC)

Monroe Area

Monday NOON; Complete Abstinence, Trinity Episcopal Church, 304 S. Monroe St., Monroe,

Monday 6:00PM; Get Off Drugs, Trinity Episcopal Church, 304 S. Monroe St., Monroe (O,St,WC)

Oakland County Area

Monday 10:00AM; Bring a Friend, Spirit of Christ Lutheran Church, 749 W 14 Mile Rd, Clawson (C)

Monday 10:00AM; Southeast Michigan Virtual NA (WEB,VM)

Monday 11:30AM; We Care, First Presbyterian Church, 99 Wayne St., Pontiac (C,RF,WC) Main entrance is through wooden door. Handicap accessible entrance is through the glass double doors. Call 248-770-5089 if locked.

Monday 6:00PM; Monday Night Awakening, Henry Ford Maplegrove Treatment Center, 6773 W Maple rd, West Bloomfield (O)

Monday 7:00PM; Forever Young, First United Methodist Church, 56730 Grand River Ave, New Hudson (O,WC)

Monday 7:00PM; Free At Last, Berkley First: A United Methodist Church, 2820 Twelve Mile Rd, Berkley (C)

Monday 7:00PM; Therapeutic Value, Pilgrim Congregational Church, 3061 N Adams Road, Bloomfield Hills (C)

Monday 7:30PM; The Journey Continues, Walled Lake Church of Christ, S. Commerce & Decker Rd., 1403 N. Pontiac Trail Michigan 48390, Walled Lake (C) Enter in front of building

Western Wayne County Area

Friday 10:00AM; Hype in Recovery 2, Hype Recreation Center, 4635 Howe Rd, Wayne (RA)

Friday 10:30AM; No Fear Friday, Downriver Christian Center, 1069 Buckingham, Lincoln Park (O,WC)

Friday 6:00PM; Listening For The Answer, Unity Church Of Livonia, 28660 Five Mile Rd, Livonia (C,WC,ME) No entry during 10 minute meditation

Friday 6:30PM; Living The Program, Dearborn Free Methodist Church, 2801 S. Telegraph, Dearborn (C,WC,RA,CW)

Friday 7:00PM; Winners on Warren, Westland Free Methodist Church, 33445 Warren Rd, Westland (O)

Friday 7:30PM; Courage to Change, First Congregational United Church of Christ, 98 Superior Blvd / Biddle Ave, 98 Superior Blvd, Wyandotte, MI 48192, Wyandotte (C,WC,RA)

Friday 7:30PM; Key to Recovery, Saint Mary's Hospital, Use north entrance, enter in corner door, head to basement, 36475 Five Mile Road, Livonia (O,WC,CW)

Friday 9:00PM; Welcome Home Downriver, Downriver Alano, enter Charter at Dix, 2060 Council, Lincoln Park (C,WC,RA) Open speaker first Friday

SATURDAY

Blue Water Area

Saturday 11:00AM; SPONTANEOUS MEETING between 11:00-5:00, Dry Dock Recovery Center, 412 Huron Ave., Port Huron (NVG)

Saturday NOON; Stairway To Recovery, St. John's United Church of Christ, 710 Pine St., Port Huron (NVG)

Saturday 7:30PM; Saturday Night Live, Bluewater Recovery & Outreach Center, 617 10th St, Port Huron (O) Os 4th Saturday

Central Detroit Area

Saturday 10:00AM; Recovery and Reality, Shar Academy, 1851 W. Grand Boulevard, Detroit,

Saturday 1:00PM; Vets-n-Recovery, 253 E. Milwaukee, Detroit,

Saturday 2:00PM; Recovery at Work II, Detroit, (VM)

Saturday 2:00PM; Recovery in the Park, Weather permitting Palmer Park on the Ponchatrain side, 18400 Schaefer, Detroit (C) Corner of Puritan and Woodward

Saturday 5:30PM; Recovery on Puritan, Maiden House Church, 16111 Woodward Ave., Highland Park (O) Corner of Puritan and Woodward

Saturday 7:00PM; A Gift Called Recovery, 1600 Pingree, Detroit (C,O)

Friday 7:00PM; Closer to the Heart, Dovetail Coffee Shop, 29200 Hoover Road, Warren (C,WC) open speaker once a month. In need of support and trusted servants

Friday 7:00PM; Live The NA Steps, Zoom (WEB,VM)

Friday 7:00PM; Please Don't Use Dammit, Trinity Lutheran Church, 38900 Harper, Clinton Township (C)

Friday 7:00PM; Recovery Zone, First United Methodist Church, 5005 Chicago, Warren (C) In need of support

Friday 7:00PM; The 12 Steps of NA (WEB,VM)

Friday 8:00PM; Mission to Recovery, Mission Church, 52767 Shelby Rd, Shelby Charter Twp, *IN NEED OF SUPPORT IN NEED OF TRUSTED SERVANTS* Enter in Rear Door

Friday 8:30PM; Living Clean, Northeast Church of Christ, 15537 E. 9 Mile Rd., Eastpointe (C) *In need of support*

Friday 10:00PM; Daily Maintenance, Eastside Alano, 11487 E. 9 mile Rd., Warren (C,WC)

Monroe Area

Friday NOON; More Will Be Revealed, 304 S. Monroe St., Monroe (O,WC)

Friday 8:00PM; We Choose Life, Trinity Episcopal Church, 304 S. Monroe St., Monroe (O,St,WC)

Oakland County Area

Friday 10:00AM; So Few Made It, Little White House behind the Methodist Church, 315 E. 9 Mile Rd, Hazel Park (O)

Friday 10:00AM; Southeast Michigan Virtual NA (WEB,VM)

Friday 11:00AM; Straight From The Heart, Prince of Peace Lutheran Church, 28000 New Market Street, Farmington Hills,

Friday 11:30AM; We Care, First Presbyterian Church, 99 Wayne St., Pontiac (C,RF,WC) Main entrance is through wooden door. Handicap accessible entrance is through the glass double doors. Call 248-770-5089 if locked.

Friday 6:00PM; Friday Night Business & Professional Stag, Pilgrim Congregational Church, 3061 N Adams Road, Bloomfield Hills (C,M)

Friday 7:00PM; Just Right Friday Night, Zion Lutheran Church, Enter back of building, 143 Albany St, Ferndale (C,WC)

Friday 7:30PM; Friday Night Men's, New Hudson United Methodist Church, 56730 Grand River Ave, New Hudson (C,M,WC)

Friday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St., 140 E Flint St., Lake Orion (C,WC)

Monday 7:30PM; Ties That Bind, Renaissance Vineyard Church, 2nd floor, 1841 Pinecrest Dr, Ferndale (O)

Monday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St., 140 E Flint St., Lake Orion (C,WC)

Western Wayne County Area

Monday 10:00AM; Keys to Freedom, 242 Church, OPEN ON LABOR DAY, 35475 Five Mile Road, Livonia (C)

Monday NOON; Still Standing Together, HYPE Recreation Center of Western Wayne, MEETING CLOSED ON LABOR DAY, 4635 Howe Rd, Wayne, MI 48184, Wayne,

Monday 4:00PM; Alive And Free, Aldersgate Untited Methodist Church, MEETING CLOSED ON LABOR DAY, 10000 Beech Daily, Redford Township (O,NC,WC) Closed for the Holidays

Monday 6:30PM; NA NA Sisterhood, Good Hope Lutheran Church, 28680 Cherry Hill Rd, Garden City (C,RF,W,CW)

Monday 7:00PM; Lifeline Recovery, St. Michaels Church, 1325 Champaign, Lincoln Park (C,WC)

Monday 7:30PM; Clean and Serene, Saint John's Episcopal Church, OPEN ON LABOR DAY, 574 South Sheldon Road, Plymouth (C,WC)

Monday 7:30PM; Our Virtual Presence, VIRTUAL MEETING (O,WEB,VM) This meeting will be closing on January 25th 2025

Monday 8:00PM; Monday Night Live, John Daly Starfish, 26429 Michigan Ave, Inkster (C)

TUESDAY

Blue Water Area

Tuesday 10:00AM; Morning Reflections, St. John's United Church of Christ, 710 Pine St., Port Huron (O,JT,NVG)

Tuesday 11:00AM; SPONTANEOUS MEETING between 11:00-5:00, Dry Dock Recovery Center, 412 Huron Ave., Port Huron (NVG)

Tuesday 7:30PM; Rather Unique, Dry Dock Recovery Center, 412 Huron Ave, Port Huron (RF,NVG) The building to the left of the church

Tuesday 7:30PM; Surrender at Sixth, Holy Family Episcopal Church, 115 N 6th Street, St. Clair (C,WC)

Central Detroit Area

Tuesday 10:00AM; Alive and Kicking, Detroit (C,St,VM)

Tuesday 10:00AM; Surrender or Die, New Jerusalem Church of God in Christ, 7361 Linwood, Detroit (C,WC) OS/Panel 4th Tuesday

Tuesday NOON; Living the Program, Metropolitan United Methodist Church, 8000 Chandler, Detroit (O)

Tuesday 4:00PM; Point of Freedom, Maiden House, 16111 Woodward Avenue, Highland Park (O,BT,NC,RF,WC) Enter Rear

Tuesday 6:00PM; It Can Stop Here, Detroit (O,VM)

Detroit East Area

Tuesday 1:00PM; No Matter What, Hope Community Church, 14456 E. Jefferson at Marlbourough, Detroit (O,RF,St,WC) Open Speaker on 4th Tuesdays

Tuesday 6:00PM; We Choose to Change, Green Grove Baptist Church, Driveway on Arlington, downstairs, 2501 E. McNichols Road (at Arlington), Detroit (C,WC)

Tuesday 7:30PM; Double Trouble, Detroit (C,WC,VM)

Detroit Tri-City Area

Tuesday 6:00PM; We Do Have a Choice, Kemeny Recreational Center, 2260 S. Fort St., Detroit (C,RF)

Detroit West Area

Tuesday NOON; Daily Mediation, Detroit (VM,TC)

Tuesday NOON; Life After The Window, Shar Academy, 1851 W. Grand Blvd, Detroit.

Tuesday 4:00PM; Staying Clean on Dexter, St. Paul A.M.E, Zion Church, 11359 Dexter, Detroit,

Tuesday 6:00PM; Recovery Starts Here, Steadfast Baptist Church, 20499 Ohio st., Detroit (C,RF,WEB) Circle Table/*Now there are MEETINGS on the 4TH FRIDAYS

Tuesday 6:00PM; Recovery with Dignity, 18700 James Couzens-Lodge, Detroit (C,WC) Meeting outside in park on Lesure

Tuesday 8:30PM; Motor City Recovery, 14510 Puritan, Detroit (C)

Macomb Area

Tuesday 11:00AM; Far From Usen, Live Rite, 27700 Gratiot Ave., Roseville (C) enter through back door.

Tuesday 7:00PM; 1 for 4 All N All 4-1, Grace United Methodist, 49655 Jefferson Ave, Chesterfield,

Tuesday 7:00PM; By The Book, Christ Church, 34385 Garfield Rd, Fraser (C) New meeting in need of support and trusted servants

Tuesday 7:00PM; Live The NA Steps, Zoom (WEB,VM)

Tuesday 7:00PM; The 12 Steps of NA (WEB,VM)

Friday 7:00PM; Miracles on Puritan, Detroit (C,TC) OS Last Friday

Friday 7:15PM; Sharing in the Park (C,IL,M,WEB,VM)

Friday 11:59PM; Midnight Madness, Shar Academy, 1851 W. Grand Blvd., Detroit, Meeting Starts 4/19/24

Detroit East Area

Friday 1:30PM; Clean A.I.R., Farwell Recreation Center, 2711 E. Outer Dr. (at Justine), Detroit (C) Classroom "A"

Friday 7:00PM; Eastside Connection I, Bethany Lutheran Church, 5901 Cadieux St. (at Linville), Detroit,

Friday 7:00PM; Green and Gold Passenger Recovery, Passenger Recovery Community Center, Suite D (Right Side Entrance), 3901 Christopher Street, Detroit,

Detroit West Area

Friday NOON; Recovery at Noon II, Detroit Recovery Project, 1145 W. Grand Blvd., Detroit (O,BT,NC,SC,WC)

Friday 12:30PM; Free to Recover, Detroit (O,WC,WEB,VM,TC)

Friday 3:00PM; Living The Dream, Shar Acdemay, 1851 W. Grand Blvd., Detroit (BT)

Friday 5:00PM; Freedom to Change 1, Grace Hospital, 1st floor auditorium (will not be admitted after 5:45), 6035 W. Outer Drive, Detroit (O,RF,WC)

Friday 5:00PM; Happy Hour Group, True Love Center, 8410 Tireman, Detroit (CL)

Friday 5:00PM; I FOUND A HOME IN NA, Old Bell Building, 882 Oakman Blvd, Detroit (O,WC)

Friday 5:30PM; New People In Recovery, Helpful Hands Facility, 12040 Broadstreet, Detroit (C,BT,CH,Rr,WC)

Friday 8:00PM; New Way to Live, SHAR Academy, 1851 West Grand Boulevard, Detroit,

Friday 11:59PM; Midnight Madness, Detroit (VM)

Macomb Area

Friday 9:00AM; Lost Dreams Awaken, Metropolitan Church of the Nazarene, 18945 Frazho Rd, Warren (C,ME) Frazho and Bellair enter thru gym. Meeting downstairs

Friday 11:00AM; It Must Be Friday, St. Ephrems Church, 38900 Dodge Park, Sterling Heights (C)

Friday 6:00PM; Changing Times, Salvation Army, 55 Church St, Mt Clemens, Upstairs conference room. In need of support and experienced Members

Thursday 8:00PM; Race to Recovery, Central United Methodist Church, 3882 Highland Rd., Waterford (O,WC) first Thursday of even months is a speaker panel that starts at 7:30

Western Wayne County Area

Thursday 6:00PM; How Do You Spell Relief, El Bethel Church, 25295 Grand River, Redford (O)

Thursday 7:00PM; Annapolis Park Support Group, People Community Church, 29745 Annapolis, Westland (C) Open Speaker Last Thursday of Month

Thursday 7:00PM; Community 4 Recovery, Aldersgate United Methodist Church, 10000 Beech Daly Road, Redford Township (O,NC,RA)

Thursday 7:00PM; Nor-Wayne Recovery, Hype Center, 4635 Howe Rd, Wayne (C)

Thursday 7:00PM; The Journey Continues, Calvary Church, 15500 Howard Street, Southgate (O,WC,RA)

Thursday 7:30PM; Free at Last, St.Paul's Presbyterian Church, First floor down the first hallway to the left of the main entrance., 27475 Five Mile Rd, Livonia (C,WC)

Thursday 8:00PM; Have Faith in Recovery, Faith Christian Assembly, 25201 Outer Drive, Melvindale (O,ES)

FRIDAY

Blue Water Area

Friday 10:00AM; Morning Reflections, St. John's United Church of Christ, 710 Pine St., Port Huron (O,JT,NVG) OS Last Friday

Friday 11:00AM; SPONTANEOUS MEETING between 11:00-5:00, Dry Dock Recovery Center, 412 Huron Ave., Port Huron (NVG)

Friday NOON; Step Up, Blue Water Recovery & Outreach Center, 617 10th St., Port Huron (SG,St)

Friday 6:00PM; Serenity in Sandusky NEW MEETING, Personal Growth Center, 32 Sanilac Rd, Sandusky (O) Starts on March 7th, 2025

Friday 7:00PM; Reach For The Beach NEW MEETING, Blue Water Church of the Nazarene, 111 West Blvd., Marine City (O,RF,NVG) Rotating Format Last Friday Each Month—Chalk Talk, Ask It Basket, Open Speak, Podium, Not handicap accessible, APRIL-SEPT- we meet at church then go to the pavilion next to the beach

Friday 7:00PM; Vision of Hope, Bluewater Recovery & Outreach Center, 617 10th St, Port Huron (O)

Central Detroit Area

Friday 10:00AM; Rise Shine Free Yourself, 18400 Schaefer, Detroit,

Tuesday 7:30PM; Many A Mile to Freedom, Bethel Lutheran Church, 26400 little mack, St. Clair shores (C) Use Bon Heur St parking entrance. Needs member support

Tuesday 10:00PM; Daily Maintenance, Eastside Alano Club, 11487 E. 9 Mile Rd., Warren (C,WC)

Metro Detroit Region

Tuesday 6:00PM; MSO Board (MDR) (this is not a Recovery Meeting), Michigan Service Office (MSO), 726 Livernois Avenue, Ferndale (C,D,WC) 3rd Tuesday of the month

Monroe Area

Tuesday 7:30PM; Clean & Serene, Trinity Episcopal Church, 304 S. Monroe St., Monroe (O,WC)

Oakland County Area

Tuesday 10:00AM; Southeast Michigan Virtual NA (WEB,VM)

Tuesday 11:00AM; Never Alone, St. lukes Episcopal Church, 540 W. Lewiston, Ferndale,

Tuesday 1:00PM; Recovery @ 269, 269 Summit Dr., Waterford (O,LS)

Tuesday 5:00PM; The Chain Breakers, Skywood Out Patient, 117 W. Third ST., Royal Oak (C)

Tuesday 6:30PM; Diversity, Affirmations LGBTQ+ Community Center, 290 W Nine Mile Rd, Ferndale (C,GL,NC,WC,HY) open speaker 5th Tuesday

Tuesday 6:30PM; E-Z Does It, The Hive, On Huron close to Williams St. Yellow Sign in lawn., 205 W. Huron, Pontiac (C,O) on Huron close to Williams St. Step Study Basic Text

Tuesday 7:00PM; Another Day Clean, Renaissance Vineyard, Second floor, 1841 Pinecrest Dr, Ferndale (O)

Tuesday 7:30PM; Share The Vision, Prince Of Peace Lutheran Church, 28000 New Market, Farmington (O)

Tuesday 7:30PM; Turn It Over Tuesday's, Walled Lake Alano Club, Enter at back of Strip Mall, 1123 E. West Maple Road, Unit 9, Walled Lake,

Tuesday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St, 140 E Flint St., Lake Orion (C,WC)

Tuesday 8:30PM; Surrender, Berkley First: A United Methodist Church, 2820 Twelve Mile Rd, Berkley (C,HY)

Western Wayne County Area

Tuesday 10:00AM; Simplicity is the Key, The Salvation Army, 26700 W. Warren, Dearborn Heights (O,WC,RA)

Tuesday 10:30AM; Just For Tuesday, Downriver Christian Center, 1069 Buckingham, Lincoln Park (C,WC)

Tuesday 3:00PM; Rising Stars, Lighthouse Nursing Facility, Upstairs, 575 S. Main Street, Suite 6, Plymouth (C)

Tuesday 6:30PM; Still Steppin, Alpha Baptist Family Life Center, 28051 W. Chicago, Livonia (C,NC,WC,RA)

Tuesday 7:00PM; Dearborn Recovery, Dearborn Free Methodist Church, 2801 S.Telegraph, Dearborn (O,WC,CW)

Tuesday 7:00PM; No Strings Attached, VIRTUAL (VM)

Tuesday 7:00PM; Recovery in the Upper Room, HYPE Recreation Center of Western Wayne, 4635 Howe Rd, Wayne, MI 48184, Wayne (O,WC)

Tuesday 7:30PM; Our Virtual Presence, VIRTUAL (O,WEB,VM) This meeting will be closing on January 25th 2025

Tuesday 7:30PM; People Helping People, St. Phillip's Lutheran Church, 1790 Fort, Trenton (O,RA)

WEDNESDAY

Blue Water Area

Wednesday 10:00AM; Morning Reflections, St. John's United Church of Christ, 710 Pine St., Port Huron (O,JT,NVG)

Wednesday 11:00AM; SPONTANEOUS MEETING between 11:00-5:00, Dry Dock Recovery Center, 412 Huron Ave., Port Huron (NVG)

Wednesday NOON; Afternoon Delights: Starts October 1st, 617 10th street port huron mi, Closed meeting Starts October 1st, 617 10th street port huron mi, 617 10th street port huron mi (C,SG,BK)

Wednesday NOON; Afternoon Delights : Starts October 1st, 617 10th street port huron mi, Closed meeting Starts October 1st, 617 10th street port huron mi, 617 10th street port huron mi (C,SG,BK)

Wednesday 7:30PM; Young in Recovery, Bluewater Recovery & Outreach Center, 617 10th St, Port Huron (C) OS 2nd Wednesday

Central Detroit Area

Wednesday 5:00PM; One Day At A Time, Currently online only -- normally at Greater Love Christian Ctr, Detroit (C,RF,WC,TC) Os 3rd & 4th Wednesday

Wednesday 6:00PM; Living Together Spiritually, Shar Academy, 1851 W. Grand Boulevard, Detroit (C,NC,WC)

Wednesday 6:30PM; Help in Progress, Triump Church, 2760 East Grand Blvd, Detroit (C,NC,WC) RF/OS 4th Wednesday

Thursday 7:30PM; Better Together, Detroit Houser of Recovery, 32048 Utica Rd, Fraser (O,NVG) NEW MEETING

Thursday 7:30PM; Today We Live, Eastside Alano Club, 11487 E. 9 Mi. Rd., Warren (C,WC) In need of a GSR

Thursday 8:00PM; It Works, Church of Christ - Northeast, 15537 E 9 Mi. Rd., Eastpointe (C,NC,St) In need of support

Thursday 9:00PM; White Flag, Macomb Alano Center, 20900 Cass Ave., Clinton Township (C) in need of support

Thursday 10:00PM; Daily Maintenance, Eastside Alano Center, 11487 E. 9 Mi. Rd., Warren (C,WC)

Metro Detroit Region

Thursday 7:30PM; Help Line (MDR), Michigan Service Office (MSO), 726 Livernois Avenue, Ferndale (C,D,WC,HY) 2nd Thursday of the Month

Monroe Area

Thursday 7:00PM; Women Helping Women, Paula's House, 3380 S. Custer, Monroe (O,W) Candle light meeting

Oakland County Area

Thursday 10:00AM; Southeast Michigan Virtual NA (WEB,VM)

Thursday 10:30AM; We Choose To Live, United Methodist Church, 246 East 11 mile Rd, Madison Heights (O)

Thursday 11:30AM; Regardless of..., Affirmations, 290 West Nine Mile Road, Ferndale (O,GL,HY)

Thursday 6:30PM; E-Z Does It, The Hive, On Huron close to Williams St. Yellow Sign in lawn., 205 W. Huron, Pontiac (C) on Huron close to Williams St. Step Study Basic Text

Thursday 6:30PM; We Came to Believe, Oakland County Alano Club, 5661 Clintonville Rd, Village of Clarkston,

Thursday 7:00PM; Another Chance To Live, Unity Church of Rochester, parking in rear - enter through side door, down the stairs, 1038 harding ave, Rochester Hills (C,D)

Thursday 7:00PM; More will be revealed, Central Church, Enter through the side door near the ramp., 1529 Twelve Mile Road, Madison Heights (O)

Thursday 7:30PM; Drug Free Bodies, 17029 W. 13 Mile, Southfield (C)

Thursday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St, 140 E Flint St., Lake Orion (C,WC)

Thursday 1:30PM; The Same No More, Matrix Center (Mt Zion Church), 13560 E McNichols (1/2 block W of Gratiot), Detroit (C) Open Speaker on 3rd Thursday of the month

Thursday 5:00PM; Winners I, Matrix Center, Also known as Mt Zion Church, 13560 E. McNichols Road (off Gratiot), Detroit (C) Open Speaker last Thurday of the month

Thursday 6:00PM; Gratitude Comes with Time, Second Ebenezer Church, Class rm 205, 14601 Dequindre St. (at McNichols), Detroit (0,SD)

Thursday 7:30PM; Recovery in the Basement, Cross of Glory Lutheran Church, 16661 E. State Fair (at Kelly), Detroit (C)

Thursday 7:30PM; The Pointe of Recovery, St. Michael's Episcopal Church, 20475 Sunningdale Park, Grosse Pointe Woods (O)

Detroit Tri-City Area

Thursday 6:00PM; Play to win, Enter through side-door, 27652 West Outer Drive, Ecorse,

Detroit West Area

Thursday 10:00AM; Recovery On Linwood, New Bethel Baptist Church, 8430 Linwood st., Detroit,

Thursday NOON; Spiritual Principal of the Day, Detroit (C,WEB)

Thursday NOON; Surrender Your Will, Calvary A.M.E. Zion, 18616 Joy Rd., Detroit (C,WEB) 3rd Thursday Speaker

Thursday 12:30PM; Spirituality Starts Here, Fellowship Chapel, 7707 W. Outer Drive, Detroit,

Thursday 6:00PM; Love Makes a Difference 1, Christian Fellowship of Love, 22400 Grand River, Detroit (C,RF,SD)

Thursday 6:00PM; The Mask Must Go, SHAR Academy, 1851 West Grand Boulevard, Detroit,

Thursday 7:00PM; Recovery at the Rock, Rock of Ages Christian Ministry, 16501 Evergreen Rd, Detroit,

Macomb Area

Thursday 11:00AM; No Name, Live Rite Resource Center, Entrance in the back, 27700 Gratiot, Roseville,

Thursday 7:00PM; Live The NA Steps, Zoom (WEB,VM)

Thursday 7:00PM; Spiritual Connection, St Marks Church, 11 mile and park, 26830 W Park St, Roseville, MI 48066, Roseville (C) Open speaker 1st Thursday. Need trusted servants and support

Thursday 7:00PM; The 12 Steps of NA (WEB,VM)

Detroit East Area

Wednesday 11:00AM; A New Way, Renaissance Baptist Church, 1045 E. Grand Blvd (near Forest), Detroit (C) Open Speaker on last Wednesday of the month

Wednesday 1:30PM; 12 Step Study I, Matrix Center (Mt Zion Church), 13560 E McNichols (1/2 block W of Gratiot), Detroit (C,St,WC,OE)

Wednesday 2:00PM; Recovering Off Mack, Capuchin Soup Kitchen, 4390 Conner Avenue (near Mack), Detroit (WC)

Wednesday 3:00PM; Gaining Life Again, Mack Alive Bldg, 3746 Fischer St (at Mack), Detroit (C,BT) 4th Wednesdays open speaker.

Wednesday 5:30PM; There is a Better Way!, Elyton Missionary Church, 8903 St. Cyril (at Georgia), Detroit,

Wednesday 7:30PM; A Welcome Change (C,St,VM) Open Speaker on 1st Wednesday of the month

Detroit Tri-City Area

Wednesday 6:00PM; New Era Addicts In Recovery, Kemeny Recreation Center, 2260 S Fort St, Detroit (O) First Wednesday Of Month is a Speaker Panel

Detroit West Area

Wednesday 10:00AM; Peace in Recovery, Muslim Center, 1605 W. Davison, Detroit,

Wednesday 10:30AM; Miracle at Shar, SHAR Academy, 1851 West Grand Boulevard, Detroit,

Wednesday NOON; Recovery in Process, Detroit (C,WEB,VM,TC) OS 2nd Wednesday

Wednesday 1:00PM; The Light In the Mirror, Brightmoor United Methodist Church, park and enter at the rear of the building go downstairs, 12065 W. Outer Dr., Detroit,

Wednesday 4:00PM; Recovery On 7 Mile, Global Empowerment Ministries, 21630 W. 7 Mile, Detroit (O)

Wednesday 6:00PM; Taste of Life, Westminster Church of Detroit, 17567 Hubbel, Detroit,

Wednesday 11:59PM; Midnight Shar, Detroit (O,SC,ME,VM,SPAD)

Macomb Area

Wednesday 11:00AM; Good Morning Recovery, Dovetail Coffee Shop, 29200 Hoover Rd, Warren (C)

Wednesday 6:00PM; Spiritual Journey, Salvation Army M.A.T.T.S, 24140 Mound Rd., Warren (C,WC) Reopened meeting in need of support and trusted servants

Wednesday 7:00PM; Clean 4 Today, First Congregational Church, Downstairs, 36223 Alfred St., New Baltimore (C,WC) Park on Alfred side of church, located in church basement

Wednesday 7:00PM; Freedom Seekers, Holy Innocents Church, 26100 Ridgemont St, Roseville (O,NC) in need of support

Wednesday 7:00PM; Get A Life, St. Hubert's Church, 38751 Prentiss, Harrison Township (C,NC,WC)

Wednesday 7:00PM; Getting Right On Wednesday Night, The Dove Tail Coffee Shop, 29200 Hoover Rd., Warren (C)

Wednesday 7:00PM; Live The NA Steps, Zoom (WEB,VM)

Wednesday 7:00PM; The 12 Steps of NA (WEB,VM)

Wednesday 10:00PM; Daily Maintenance, Eastside Alano Club, 11487 E. 9 Mile rd., Warren (C,WC) Marathon Meeting at St Pattys Day

Monroe Area

Wednesday 8:00PM; Wednesday Night NA, St. Anne's Catholic Church, 2420 N. Dixie Hwy., Monroe (O,WC)

Oakland County Area

Wednesday 10:00AM; Southeast Michigan Virtual NA (WEB,VM)

Wednesday 10:00AM; Wake up for Recovery, M.S.O., 726 Livernois Avenue, Ferndale (C)

Wednesday 11:30AM; We Care, First Presbyterian Church, 99 Wayne St., Pontiac (C,RF,WC) Main entrance is through wooden door. Handicap accessible entrance is through the glass double doors. Call 248-770-5089 if locked.

Wednesday 7:00PM; Home of Refuge, The Gathering House, 1326 E. Lincoln Ave, Royal Oak,

Wednesday 7:30PM; Hugs Club, Greenfield Presbytarian Church, 2312 Greenfield Rd, Berkley (O,RF,LC)

Wednesday 7:30PM; Mission to Recover, West Bloomfield United Methodist Church, 4100 Walnut Lake Rd, West Bloomfield (C,Ti)

Wednesday 8:00PM; Primary Purpose, United Methodist Church, Entrance is off of Slater St., 140 E Flint St., Lake Orion (C,WC)

Western Wayne County Area

Wednesday NOON; Twelve At Noon, Salvation Army Gym, 26700 Warren, Dearborn Heights (C,WC,RA)

Wednesday 4:30PM; HOW, UAW LOcal 900, 38200 Michigan Ave, Wayne (C,WC)

Wednesday 6:00PM; Miracles in the Making, Downriver Christian Center Church, 1069 Buckingham, Lincoln Park (O)

Wednesday 6:30PM; First Step To Freedom, Our Lady Of Loretto, Church Basement, 17116 Olympia, Redford (O)

Wednesday 7:00PM; For Sanity Sake, Good Hope Lutheran Church, 28680 Cherry Hill Rd., Garden City (C,CW)

Wednesday 7:00PM; Hype in Recovery, Hype Recreational Center, September 17th, 2025, the facility will be closed and this meeting will temporarily be cancelled for this week. Meeting will resume the following week., 4635 Howe Road, Wayne (O,RA)

Wednesday 7:00PM; Straight Ahead, Aldersgate United Methodist Church, 10000 Beech Daly, Redford Township (O,WC,RA,CW) Closed on Redford Schools snow days

Wednesday 7:00PM; Wednesday Night Live, Downriver Alano, 2060 Council, Lincoln Park (O,WC,RA)

Wednesday 7:30PM; Life On Life's Terms, Emmanuel Lutheran Church, 34567 Seven Mile, Livonia (O,WC,RA,CW)

Wednesday 8:00PM; Wednesday Night Recovery, St Constance Catholic Church, 21555 Kinyon, Taylor (C,WC)

THURSDAY

Blue Water Area

Thursday 10:00AM; Morning Reflections, St. John's United Church of Christ, 710 Pine St., Port Huron (O,JT,NVG)

Thursday 11:00AM; SPONTANEOUS MEETING between 11:00-5:00, Dry Dock Recovery Center, 412 Huron Ave., Port Huron (NVG)

Thursday 5:30PM; NA Meeting of Awesomeness **NEW LOCATION**, Bluewater Recovery & Outreach Center, 617 10th St, Port Huronport huron (C)

Thursday 7:30PM; Project Return, Our Savior Lutheran Church, 1029 6th Street, Port Huron (O)

Central Detroit Area

Thursday NOON; Mending Fences, Gateway Wellness Plan, At Blvd @ John C. Lodge, 2888 W. Grand Blvd, Detroit,

Thursday NOON; Recovery at Work I, Detroit (C,WC,VM) OS 3rd Thursday

Thursday 3:00PM; Active Change, Greater St Matthew Baptist Church, Lower Level of Church, 396 Labelle, Higland Park,

Detroit East Area

Thursday 10:30AM; Life Goes On, St. Charles Church, Entrance on the side of building, 1491 Baldwin (at St Paul), Detroit (O,D)