

SUNDAY	
NOON-1:30 PM	Growth Through Recovery Group (C,WC,LS) Alano Club, Enter Bldg. Through the Side Door, 3055 Cass Rd., Traverse City, MI 49684. <i>First drive past Subie Guys on the Right.</i>
6-7PM	Lean on Me (CW) Alano Club, 856 N. Mitchell St., Cadillac, MI 49601.
7-8PM	New Attitudes Group (C,WC,BK) First Congregational Church, 412 4th St., Manistee, MI 49660.
7-8PM	Public Relations Open Speaker Meeting (O,So,WC) Jacob's Well, 1121 E. Front St., Traverse City, MI 49686. <i>Meets the First Sunday of the Month ONLY</i>
7-8PM	Recovery 1st Group (C,WC,LS) 1121 E. Front Street, Traverse City, MI 49686.
MONDAY	
8-9AM	Rise & Recover (O,WC,CW,WEB,HY) Church of the Nazarene, 1023 S. Division St., Traverse City, MI 49684. <i>This Meeting Serves Breakfast! Hybrid- Zoom ID: 215 536 401</i>
NOON-1PM	Recovery 1st Group (C,WC) Jacob's Well, 1121 E. Front St., Traverse City, MI 49686.
7-8PM	Anonymous Group (O,LS) Jacobs Well, 1121 E. Front St., Traverse City, MI 49686.
7-8PM	Living in Harmony United Methodist Church, 2525 Beebe Rd NW, Kalkaska, MI 49646.
7-8PM	New Freedom Group (O,BK) Cadillac Revival Church, 5676 M-55, Cadillac, MI 49601. <i>Literature Study</i>
7-8PM	Women in Recovery+ (O,WC,CW,LS) Church of the Living God, 1514 Birmley Rd., Traverse City, MI 49686. <i>LGBTQIA+ Inclusive</i>
TUESDAY	
NOON-1PM	Never Alone Group (O,JT,CW) 3250 Rennie St., Traverse City, MI 49684. <i>Must use side door for entrance. Park along very front of church.</i>
5:30-6:30PM	Growth Through Recovery Group (C,WC,LS) Alano Club, Enter Bldg. Through the Side Door, 3055 Cass Rd., Traverse City, MI 49684. <i>First drive past Subie Guys on the Right.</i>
7-8PM	Lean On Me (CW) Alano Club, 856 N. Mitchell St., Cadillac, MI 49601.

TUESDAY (CONT)	
8-9PM	Just for Today Group (C) Irons Bible Church, 5713 W. Jeffers St., Irons, MI 49644.
8-9PM	Recovery 1st Group (C,WC) Jacob's Well, 1121 E. Front St., Traverse City, MI 49686. <i>Speaker Meeting 2nd Tuesday of the Month.</i>
WEDNESDAY	
8-9AM	Rise & Recover (O,WC,CW,WEB,HY) Church of the Nazarene, 1023 S. Division St., Traverse City, MI 49684. <i>This Meeting Serves Breakfast! Hybrid- Zoom ID: 215 536 401</i>
NOON-1PM	Just For Today (O,LS) Community Church, 109 N. Harrison St., Ludington, MI 49431. <i>Please Use Back Door</i>
NOON-1PM	Recovery @ 5/0 (O,CW) Friends of the Light Church, 206 S. Oak Street, Traverse City, MI 49686. <i>Corner of 5th & Oak</i>
7-8PM	Clean and Free (O,SG,LS) Community Church, 109 N. Harrison St, Ludington, MI 49431. <i>Please Use Back Door</i>
7-8PM	Lean on Me Alano Club, 856 N. Mitchell Street, Cadillac, MI 49601.
7-8PM	New Attitudes Group (C,D,WC) First Congregational Church, 412 4th St., Manistee, MI 49660.
7-8PM	Recovery at 5/0 (O,ME,CW) Friends of the Light Church, 206 S. Oak St., Traverse City, MI 49684. <i>Corner of 5th & Oak</i>
7-8PM	Rock'n Recovery (O,BT,WC) Need to be out of the building by 8:30pm., 115 E. Blair St., Kingsley, MI 49649. <i>1st Wed. of the months is Basic Text Step reading; Other Weds. are stick meetings.</i>
THURSDAY	
NOON-1PM	Recovery 1st Group (C,WC) Jacob's Well, 1121 E. Front St., Traverse City, MI 49686.
7-8PM	Boardman Group (C,WC,BK) Alano Club, Enter Bldg. Through Side Door, 3055 Cass Rd., Traverse City, MI 49686. <i>2, 3 Bldgs. Past Bata on Right.</i>
7-8PM	Clean in the County (C,WC) Able to Meet Inside or Outside, 900 Barber St., Benzonia, MI 49616.

THURSDAY (CONT)	
7-8PM	New Freedom Group (C) Cadillac Community Church, 315 E. Pine St., Cadillac, MI 49601.
FRIDAY	
8-9AM	Rise & Recover (O,WC,CW,WEB,HY) Church of the Nazarene, 1023 S. Division St., Traverse City, MI 49684. <i>This Meeting Serves Breakfast! Hybrid- Zoom ID: 215 536 401</i>
NOON-1PM	Recovery at 5/0 (O,CW) Friends of the Light Church, 206 S. Oak St, Traverse City, MI 49684. <i>Corner of 5th & Oak</i>
6-7PM	Recovery @ 5/0 (O,CW) Friends of the Light Church, 206 S. Oak Street, Traverse City, MI 49684. <i>Corner of 5th & Oak Streets</i>
7-8PM	Lean On Me (CL,CW) Alano Club, 856 N. Mitchell St., Cadillac, MI 49601.
SATURDAY	
NOON-1PM	Recovery at 5/0 (O,CW) Friends of the Light Church, 206 S. Oak Street, Traverse City, MI 49684. <i>Corner of 5th & Oak</i>
2-3PM	Nu Way in Recovery (O,BT,CW) First Church of Wellston, 1466 Pine St., Wellston, MI 49689. <i>Please enter through the back door, meeting is in the basement.</i>
6-7PM	Lean On Me (CW,LS) Alano Club, 856 N. Mitchell St., Cadillac, MI 49601.
7-8PM	Recovery at 5/0 (O,CW) Friends of the Light Church, 206 S. Oak Street, Traverse City, Michigan 49686.
7-8PM	Search for Serenity Group (O,CL) Community Church, 109 N. Harrison St., Ludington, MI 49431. <i>Please Use Back Door</i>

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	O	Open
SG	Step Working Guide	So	Speaker Only
WC	Wheelchair	BK	Book Study
ME	Meditation	CW	Children Welcome
WEB	Online Meeting	LS	Literature Study
HY	Hybrid Meeting		

Open - Open to anyone who wants to attend

Closed - All who feel they have a problem with drugs

SERVICE MEETINGS

Public Relations Sub-Committee (O, NS, WC)

1st Sunday of the Month 5:00 p.m.

1121 E Front St. Traverse City, MI 49686

Activities Sub-Committee (O, NS, WC)

2nd Sunday of the Month 5:30 p.m.

1121 E Front St. Traverse City, MI 49686

Literature Sub-Committee (O, NS, WC)

3rd Sunday of the Month 3:00 p.m.

1121 E Front St. Traverse City, MI 49686

Area Service Committee (O, NS, WC)

3rd Sunday of the Month 4:00 p.m.

1121 E Front St. Traverse City, MI 49686

Hybrid- Zoom ID: 251 536 401

Retreat Sub-Committee (O, NS, WC)

4th Sunday of the Month 2:00 p.m.

1121 E Front St. Traverse City, MI 49686

Narcotics Anonymous

P.O. Box 4431

Traverse City, MI 49685

PHONE NUMBERS

*"The therapeutic value of one addict helping another
is without parallel"*



Northwestern
Michigan Area
Narcotics
Anonymous



January - March 2026

MEETING SCHEDULE
Michigan Information Line
(800) 230-4085



nwareana@gmail.com

www.upnorthna.org

Meetings Weekly: 37