

**SUNDAY**

- NOON-1:30 PM** Growth Through Recovery Group (C,WC,NS,LS)  
Alano Club, Enter Bldg. Through the Side Door, 3055 Cass Rd., Traverse City, MI 49684. *Literature Study. 2,3 Bldgs. Past Bata on Right*
- 6-7PM** Lean on Me  
Alano Club, 856 N. Mitchell St., Cadillac, MI 49601.
- 7-8PM** New Attitudes Group (C,WC,NS)  
First Congregational Church, 412 4th St., Manistee, MI 49660.
- 7-8PM** Recovery @ 5/0 (O,NS,CW)  
Friends of the Light Church, 206 S. Oak St., Traverse City, MI 49684. *Corner of 5th & Oak Streets*

**MONDAY**

- 8-9AM** Rise & Recover (O,WC,NS,CW,WEB,HY)  
Church of the Nazarene, 1023 S. Division St., Traverse City, MI 49684. *Hybrid - Meeting ID 215 536 401*
- NOON-1PM** Recovery 1st Group (C,WC,NS)  
Jacob's Well, 1121 E. Front St., Traverse City, MI 49686.
- 6-7PM** Freedom Group (WC,NS)  
Christ Church of Traverse City, 430 Fair St., Traverse City, MI 49686. *Off Titus Ave*
- 7-8PM** Living in Harmony Group (O,VM)  
. *Meeting ID 439 671 9310*
- 7-8PM** New Freedom Group (O,BK,NS)  
The Revival Center, 984 Plett Rd., Cadillac, MI 49601. *Literature Study*
- 7-8PM** Women in Recovery Group (O,NS,CW,LC,LS)  
Church of the Living God, 1514 Birmley Rd., Traverse City, MI 49686.
- 8-9PM** Step Study Group (C,NS)  
14094 N. Coates Hwy., Brethren, MI 49619.  
*(Lakeview Church, southside of cemetery on west side of High Bridge Rd)*

**TUESDAY**

- NOON-1PM** Never Alone Group (O,JT,NS,CW)  
3250 Rennie St., Traverse City, MI 49684. *Must use side door for entrance. Park along very front of church.*
- 5:30-6:30PM** Growth Through Recovery Group (C,WC,NS,LS)  
**M** Alano Club, 3055 Cass Rd., Traverse City, MI 49684. *2nd Bldg. Past Bata on Right. Enter Through the Side Door.*

**TUESDAY (CONT)**

- 8-9PM** Just for Today Group (C,NS)  
Irons Bible Church, 5713 W. Jeffers St., Irons, MI 49644.
- 8-9PM** Recovery 1st Group (C,WC,NS)  
Jacob's Well, 1121 E. Front St., Traverse City, MI 49686. *Speaker Meeting 2nd Tuesday of the Month.*

**WEDNESDAY**

- 8-9AM** Rise & Recover (O,WC,NS,CW,WEB,HY)  
Church of the Nazarene, 1023 S. Division St., Traverse City, MI 49684. *Hybrid - Meeting ID 215 536 401*
- NOON-1PM** Just For Today (O,LS)  
Community Church, 109 N. Harrison St., Ludington, MI 49431. *Please Use Back Door*

- NOON-1PM** Recovery @ 5/0 (O,NS,CW)  
Friends of the Light Church, 206 S. Oak Street, Traverse City, MI 49686. *Corner of 5th & Oak Streets*

- 7-8PM** Lean on Me  
Alano Club, 856 N. Mitchell Street, Cadillac, MI 49601.

- 7-8PM** New Attitudes Group (C,WC,NS)  
First Congregational Church, 412 4th St., Manistee, MI 49660.

- 7-8PM** Recovery at 5/0 (O,NS,ME,CW)  
Friends of the Light Church, 206 S. Oak St., Traverse City, MI 49684. *Corner of 5th & Oak Streets*

- 7-8PM** Stepping in the Dunes (O,WC,NS)  
Empire United Methodist Church, 10050 W. Michigan St., Empire, MI 49630. *Meets at Empire Beach, Memorial Day through Labor Day, weather permitting*

- 8-9PM** Clean and Free (O,SG,LS)  
Community Church, 109 N. Harrison St, Ludington, MI 49431. *Please Use Back Door*

**THURSDAY**

- NOON-1PM** Recovery 1st Group (C,WC,NS)  
Jacob's Well, 1121 E. Front St., Traverse City, MI 49686.
- 7-8PM** Boardman Group (C,WC,BK,NS,HY)  
Alano Club, Enter Bldg. Through Side Door, 3055 Cass Rd., Traverse City, MI 49686. *2, 3 Bldgs. Past Bata on Right. Meeting ID 433 201 975*

**THURSDAY (CONT)**

- 7-8PM** Clean in the County (C,WC,NS)  
Able to Meet Inside or Outside, 900 Barber St., Benzonia, MI 49616.
- 7-8PM** New Direction (C,NS)  
Free Methodist Church, 128 N. Canal St., Lake City, MI 49651.
- 7-8PM** New Freedom Group (C,NS)  
Cadillac Community Church, 315 E. Pine St., Cadillac, MI 49601.
- 8-9:30PM** We Recover Together  
Community Church, 109 N. Harrison St., Ludington, MI 49431. *Please Use Back Door*

**FRIDAY**

- 8-9AM** Rise & Recover (O,WC,NS,CW,WEB,HY)  
Church of the Nazarene, 1023 S. Division St., Traverse City, MI 49684. *Hybrid - Meeting ID 215 536 401*

- NOON-1PM** Recovery at 5/0 (O,NS,CW)  
Friends of the Light Church, 206 S. Oak St, Traverse City, MI 49684. *Corner of 5th & Oak Streets*

- 6-7PM** Recovery @ 5/0 (O,NS,CW)  
Friends of the Light Church, 206 S. Oak St., Traverse City, MI 49686. *Corner of 5th & Oak Streets*

- 7:30-8:30PM** Just for Today by The Bay Group  
**M** (O,B,SD,WC,NS,HY)  
Church of the Living God, 1514 Birmley Rd., Traverse City, MI 49686. *Lead Speaker Format. Meeting ID 433 201 975.*

**SATURDAY**

- NOON-1PM** Lean on Me  
Alano Club, 856 N. Mitchell St., Cadillac, MI 49601.
- NOON-1PM** Recovery at 5/0 (O,NS,CW)  
Friends of the Light Church, 206 S. Oak Street, Traverse City, MI 49684. *Corner of 5th & Oak Streets*
- 7-8PM** Beach Meeting (O,WC,NS)  
Bryant Park, 1009 Peninsula Dr, Traverse City, MI .  
*\*\*Meets Memorial Day through Labor Day ONLY.\*\* Hosted by Recovery First. Rain Location is at 206 S. Oak St., Traverse City, MI*





Northwestern  
Michigan Area  
Narcotics  
Anonymous



**April - June 2022  
MEETING SCHEDULE**

**Michigan Information Line  
(800) 230-4085**



[www.upnorthna.org](http://www.upnorthna.org)  
Meetings Weekly: 38