

Online Meeting List

Helpline: 1-877-338-1188













A Message For The Newcomer  This is a program of recovery. We offer suggestions and choices. We suggest you don't use drugs, make 90 meetings in 90 days, buy a Basic Text and read it. Continue to make meetings and don't use no matter what. Get phone numbers and use them and find yourself a sponsor. Remember, Just for Today we have a choice.	A Message For The Newcomer This is a program of recovery. We offer suggestions and choices. We suggest you don't use drugs, make 90 meetings in 90 days, buy a Basic Text and read it. Continue to make meetings and don't use no matter what. Get phone numbers and use them and find yourself a sponsor. Remember, Just for Today we have a choice.
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