

SUNDAY		
<b>9:00AM</b> C,WC	<b>Postive Vibes</b> Saginaw Recovery House, 1506 Mackinaw St	<b>Saginaw</b>
<b>9:00AM</b> C	<b>Step Talk</b> 1016 Outpatient, 133 N. Saginaw Rd.	<b>Midland</b>
<b>5:00PM</b> C	<b>By NA Means Necessary</b> St John's Episcopal Church, 405 N. Saginaw Rd.	<b>Midland</b>
<b>6:00PM</b> C	<b>New Life</b> Tabernacle Baptist Church, 810 Cathay St.	<b>Saginaw</b>
<b>7:00PM</b> C,BT	<b>Against All Odds</b> Saint Brigid Church, 207 Ashman St <i>Meeting in Basement</i>	<b>Midland</b>
<b>7:00PM</b> C,CW	<b>Never Alone</b> St. Alban's Church, 105 S. Erie <i>(Wenona St. entrance) Open meeting 3rd Sunday of each month</i>	<b>Bay City</b>
<b>7:30PM</b> C,NC,WC,BK	<b>12 Steps to Freedom</b> Holy Spirit Parish Center, 1035 N. River Rd. <i>Open meeting last Sunday of each month</i>	<b>Shields</b>
MONDAY		
<b>NOON</b>	<b>Recovery Nation</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>12:30PM</b> C,BK	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	<b>Bay City</b>
<b>6:30PM</b> C,HY	<b>How it Works</b> Aldersgate Methodist Church - Hybrid, 2206 Airfield Lane <i>Hybrid - Room 115</i> <b><a href="https://zoom.us/j/236328539">https://zoom.us/j/236328539</a></b>	<b>Midland</b>
<b>6:30PM</b> O,WC	<b>Surrender Our Lives</b> Messiah Lutheran Church, 4640 N. Michigan	<b>Saginaw</b>
<b>7:00PM</b> C	<b>Hope in Hale</b> Hale United Methodist Church, 201 W. Main Street	<b>Hale</b>
<b>7:00PM</b> C	<b>No Matter What</b> Alano Club, 1201 N Fancher St <i>Back Room</i>	<b>Mt. Pleasant</b>
<b>7:00PM</b> O	<b>Unity</b> Trinity Episcopal Church, 815 N Grant St.	<b>Bay City</b>
TUESDAY		
<b>NOON</b> C,WC	<b>In the Solution</b> First United Methodist Church, 4790 Gratiot Rd	<b>Saginaw</b>
<b>12:30PM</b> O,WC,BK	<b>Common Welfare</b> Corpus Christi Parish in basement, 906 S. Wenona St.	<b>Bay City</b>

TUESDAY (CONT)		
<b>6:30PM</b> C	<b>Acceptance is Freedom &amp; Serenity</b> Gladwin Free Methodist Church, 1312 North State Street <i>Room #7</i>	<b>Gladwin</b>
<b>7:00PM</b> C	<b>Bridgeing The Gap</b> Midland Missionary Church, 479 S. 11 Mile Rd	<b>Midland</b>
<b>7:00PM</b> C	<b>Common Ground</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>7:00PM</b> C,BK	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	<b>Bay City</b>
<b>7:00PM</b> C	<b>Just for Tuesday</b> Aldersgate Church, 2206 Airfield Ln <i>Room 115</i>	<b>Midland</b>
<b>7:00PM</b> O	<b>Special Protection Under Direction</b> Church of Christ, 5726 Cedar Lake Rd	<b>Oscoda</b>
<b>7:00PM</b> C,WC,LS	<b>Survival</b> St. Demetrios Greek Orthodox Church, 4970 Mackinac Rd	<b>Saginaw</b>

WEDNESDAY		
<b>12:30PM</b> O,WC,BK	<b>No Fear</b> Messiah Lutheran Church, 501 S. Catherine St	<b>Bay City</b>
<b>6:00PM</b> C,WC,BK,CW	<b>Eastside Group</b> Buena Vista Center, 1940 S. Outer Dr	<b>Saginaw</b>
<b>6:30PM</b> C,WC,HY	<b>How it Works</b> Eagle Ridge Church of God, 2808 Waldo Ave <i>Hybrid - Room 103</i> <b><a href="https://zoom.us/j/236328539">https://zoom.us/j/236328539</a></b>	<b>Midland</b>
<b>7:00PM</b> C	<b>AuGres Group</b> United Methodist Church, 3322 E. Huron St	<b>AuGres</b>
<b>7:00PM</b>	<b>Darkness To Light</b> Parkside Assembly of God, 302 Pine Ave	<b>Alma</b>
<b>7:00PM</b> C	<b>Hope in Hale</b> Hale United Methodist Church, 201 W Main St	<b>Hale</b>
<b>7:00PM</b> C,CW	<b>Never Alone</b> St. Alban's Church, 105 S. Erie <i>(Wenona St. entrance)</i>	<b>Bay City</b>
<b>7:00PM</b> C,BT,BK,LS	<b>Primary Purpose</b> First United Methodist Church, 4790 Gratiot Rd <i>Lined Basic Text Study</i>	<b>Saginaw</b>
<b>7:00PM</b> C	<b>Together We Can Do It</b> Free Methodist Church, 495 North Forest Street	<b>Standish</b>

THURSDAY		
<b>NOON</b> O	<b>Barefoot Meeting</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>12:30PM</b> O,WC,BK	<b>Common Welfare</b> Corpus Christi Parish in Basement, 906 S. Wenona Street	<b>Bay City</b>
<b>6:30PM</b> C	<b>Acceptance is Freedom &amp; Serenity</b> Gladwin Free Methodist Church, 1312 North State Street <i>Room #7</i>	<b>Gladwin</b>
<b>7:00PM</b> C,CW	<b>Attitude of Gratitude</b> Saginaw Recovery House, 1506 Mackinaw Street	<b>Saginaw</b>
<b>7:00PM</b> O,WC	<b>Common Desires</b> St. Lukes Methodist Church, 206 Scheurmann St.	<b>Essexville</b>
<b>7:00PM</b> C	<b>Hope Dealers</b> Zion Evangelical Lutheran Church, 545 7Th Street	<b>Freeland</b>
<b>7:00PM</b> O	<b>Just Stay</b> New Life Vineyard Church, 1014 E. Ashman	<b>Midland</b>
<b>7:00PM</b> C	<b>Just for Today</b> Harrisville Methodist Church, 217 N State St.	<b>Harrisville</b>
<b>7:00PM</b> O,HY	<b>Recovery Zone</b> Central Michigan Christian Church - Hybrid, 3433 S Lincoln Rd. <b><a href="https://us02web.zoom.us/j/81481235718?pwd=MmFKKzZ0VEFxVWJxYktjUHY0ejJmUT09">https://us02web.zoom.us/j/81481235718?pwd=MmFKKzZ0VEFxVWJxYktjUHY0ejJmUT09</a></b>	<b>Mt. Pleasant</b>
<b>7:30PM</b> O	<b>Miracles in Mio</b> Mio United Methodist Church, 1101 8th St. <i>East Door</i>	<b>Mio</b>

FRIDAY		
<b>NOON</b> C	<b>Common Ground</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>12:30PM</b> C,WC	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	<b>Bay City</b>
<b>6:00PM</b> C	<b>Down with Disease</b> Midland Reformed Church, 1100 N, Saginaw Rd	<b>Midland</b>
<b>6:00PM</b> C	<b>Let Go let God</b> Unity Club, 1151 Niagara St. <i>Every 4th Friday is Open Speaker</i>	<b>Saginaw</b>
<b>7:00PM</b> C	<b>Hugs Not Drugs</b> Community Baptist Church, 1494 N. St.Helen RD.	<b>St. Helen</b>
<b>7:00PM</b> C,WC	<b>In the Solution</b> First United Methodist Church, 4790 Gratiot Rd	<b>Saginaw</b>

## FRIDAY (CONT)

**7:30PM** **Willing to Make the Effort** **Bay City**  
 C Trinity Episcopal Church, 815 N Grant St.  
*5th St. entrance Open speaker 2nd Friday*

## SATURDAY

**10:00AM** **Down with Disease** **Midland**  
 C Midland Reformed Church, 1100 N, Saginaw Rd

**10:00AM** **Eastside Group** **Saginaw**  
 C,WC,CW Buena Vista Center, 1940 S. Outer Dr

**10:30AM** **Surrender Our Lives** **Saginaw**  
 C,WC Messiah Lutheran Church, 4640 N. Michigan

**11:00AM** **New Awakenings** **Bay City**  
 O,BK,LS St. Alban's Church, 105 S. Erie  
*(Wenona St. entrance)*

**NOON** **Recovery Nation** **West Branch**  
 C Fresh Start Club, 236 S. First St  
*2nd Saturday of the month open meeting*

**7:00PM** **Attitude of Gratitude** **Saginaw**  
 C,CW Saginaw Recovery House, 1506 Mackinaw Street

**7:00PM** **By NA Means Necessary** **Midland**  
 C St John's Episcopal Church, 405 N Saginaw Rd

## MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
NC	No Children	O	Open
WC	Wheelchair	BK	Book Study
CW	Children Welcome	LS	Literature Study
HY	Hybrid Meeting		

## SERVICE MEETINGS

**2:00 PM** **Area Service Committee (ASC)**  
 3rd non-holiday Sunday of month  
<https://us02web.zoom.us/j/84622464633?pwd=U3FtK093Z05HTGNwbmpWYVWb0NDdGdz09>  
 Zion Evangelical Lutheran Church  
 545 7th St, Freeland, MI, 48623

**After ASC** **Literature Subcommittee Meeting**  
 ASC Zoom

## PHONE NUMBERS



## SAGINAW BAY AREA

## MEETING LIST

## FEBRUARY 2026

## 24 HOUR HELPLINE

1-800-230-4085

Saginaw Bay Area Service Committee

PO Box 151

Freeland, MI 48623

<https://michigan-na.org/saginaw>

## SUGGESTIONS FOR EVERYONE

Don't associate with people who are using

Go to 90 meetings in 90 days

Read NA literature daily

Come early & stay late

Get and use a sponsor

Get a home group

Use the PHONE

DON'T USE NO MATTER WHAT

KEEP COMING BACK. IT WORKS

**What is our message?**  
**The message is that an addict,**  
**any addict, can stop using drugs,**  
**lose the desire to use,**  
**and find a new way to live.**  
**Our message is hope**  
**and the promise of freedom.**

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