

**SUNDAY**

<b>9:00AM</b> C,WC	<b>A Gathering of Men &amp; Women</b> Randall Wickes Parks, 7449 McCarty Road	<b>Saginaw</b>
<b>11:00AM</b> M	<b>Step Talk (Men's Meeting)</b> 1016 Outpatient, 133 N. Saginaw Rd.	<b>Midland</b>
<b>5:00PM</b> C	<b>By NA Means Necessary</b> St John's Episcopal Church, 405 N. Saginaw Rd.	<b>Midland</b>
<b>5:00PM</b> O,WC	<b>Stepping Straight</b> Church of Nazarene, 1494 Purdy Rd.	<b>Caro</b>
<b>6:00PM</b> C	<b>New Life</b> Tabernacle Baptist Church, 810 Cathay St.	<b>Saginaw</b>
<b>7:00PM</b> C,CW	<b>Never Alone</b> St. Alban's Church, 105 S. Erie <i>(Wenona St. entrance) Open meeting 3rd Sunday of each month</i>	<b>Bay City</b>
<b>7:30PM</b> C,NC,WC,BK	<b>12 Steps to Freedom</b> Holy Spirit Parish Center, 1035 N. River Rd. <i>Open meeting last Sunday of each month</i>	<b>Shields</b>

**MONDAY**

<b>NOON</b>	<b>Recovery Nation</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>NOON</b> O	<b>Sheri's Diner Group</b> Sheri's Family Diner, 316 E. Park St.	<b>Harrison</b>
<b>12:30PM</b> C,BK	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	<b>Bay City</b>
<b>6:30PM</b> C,HY	<b>How it Works</b> Aldersgate Methodist Church - Hybrid, 2206 Airfield Lane <i>Hybrid - Room 115 <a href="https://zoom.us/j/236328539">https://zoom.us/j/236328539</a></i>	<b>Midland</b>
<b>6:30PM</b> O,WC	<b>Surrender Our Lives</b> Messiah Lutheran Church, 4640 N. Michigan	<b>Saginaw</b>
<b>7:00PM</b> C	<b>Hope in Hale</b> Hale United Methodist Church, 201 W. Main Street	<b>Hale</b>
<b>7:00PM</b> C	<b>No Matter What</b> Alano Club, 1201 N Fancher St <i>Back Room</i>	<b>Mt. Pleasant</b>
<b>7:00PM</b> O	<b>Sheri's Diner Group</b> Sheri's Family Diner, 316 E. Park St.	<b>Harrison</b>
<b>7:00PM</b> O	<b>Unity</b> Great Lakes Dream Center, 700 Lafayette Ave	<b>Bay City</b>

**TUESDAY**

<b>NOON</b> C,WC	<b>In the Solution</b> First United Methodist Church, 4790 Gratiot Rd	<b>Saginaw</b>
<b>12:30PM</b> C,WC	<b>Common Welfare</b> Corpus Christi Parish, 906 S. Wenona St.	<b>Bay City</b>
<b>6:30PM</b> C	<b>Acceptance is Freedom &amp; Serenity</b> Gladwin Free Methodist Church, 1312 North State Street	<b>Gladwin</b>
<b>7:00PM</b> C	<b>Bridging The Gap</b> Midland Missionary Church, 479 S. 11 Mile Rd	<b>Midland</b>
<b>7:00PM</b> C	<b>Common Ground</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>7:00PM</b> C,BK	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	<b>Bay City</b>
<b>7:00PM</b> C	<b>Just for Tuesday</b> Aldersgate Church, 2206 Airfield Ln <i>Room 115</i>	<b>Midland</b>
<b>7:00PM</b> O	<b>Special Protection Under Direction</b> Church of Christ, 5726 Cedar Lake Rd	<b>Oscoda</b>
<b>7:00PM</b> C,BK	<b>Survival</b> 1st Church of the Nazarene, 3000 Davenport	<b>Saginaw</b>

**WEDNESDAY**

<b>10:00AM</b> C,WC	<b>Let Go Let God</b> Unity Club, 1151 N Niagara St	<b>Saginaw</b>
<b>12:30PM</b> O,WC,BK	<b>No Fear</b> Messiah Lutheran Church, 501 S. Catherine St	<b>Bay City</b>
<b>6:00PM</b> C	<b>Eastside Group</b> Buena Vista Center, 1940 S. Outer Dr	<b>Saginaw</b>
<b>6:30PM</b> C,WC,HY	<b>How it Works</b> Eagle Ridge Church of God, 2808 Waldo Ave <i>Hybrid - Room 103 <a href="https://zoom.us/j/236328539">https://zoom.us/j/236328539</a></i>	<b>Midland</b>
<b>7:00PM</b> C	<b>AuGres Group</b> United Methodist Church, 3322 E. Huron St	<b>AuGres</b>
<b>7:00PM</b> C	<b>Gratitude Not Attitude</b> Hale United Methodist Church, 201 W Main St	<b>Hale</b>
<b>7:00PM</b> O	<b>NA Life in Recovery</b> Harrison District Library, 125 W. Beech St. <i>Meets 2nd, 3rd, and 4th Wednesday</i>	<b>Harrison</b>
<b>7:00PM</b> C,CW	<b>Never Alone</b> St. Alban's Church, 105 S. Erie <i>(Wenona St. entrance)</i>	<b>Bay City</b>

**WEDNESDAY (CONT)**

<b>7:00PM</b> C,BT,LS	<b>Primary Purpose</b> 1st Church of Nazarene, 3000 Davenport Ave <i>Lined Basic Text Study</i>	<b>Saginaw</b>
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**THURSDAY**

<b>NOON</b>	<b>Barefoot Meeting</b> Fresh Start Club, 236 S. First St	<b>West Branch</b>
<b>12:30PM</b> C,WC,BK	<b>Common Welfare</b> Corpus Christi Parish, 906 S. Wenona Street (Rectory basement)	<b>Bay City</b>
<b>6:30PM</b> C	<b>Acceptance is Freedom &amp; Serenity</b> Gladwin Free Methodist Church, 1312 North State Street.	<b>Gladwin</b>
<b>7:00PM</b> C	<b>Attitude of Gratitude</b> Saginaw Recovery House, 1506 Mackinaw Street	<b>Saginaw</b>
<b>7:00PM</b> O,WC	<b>Common Desires</b> St. Lukes Methodist Church, 206 Scheurmann St.	<b>Essexville</b>
<b>7:00PM</b> O	<b>Just Stay</b> New Life Vineyard Church, 1014 E. Ashman	<b>Midland</b>
<b>7:00PM</b> C	<b>Just for Today</b> Harrisville Methodist Church, 217 N State St.	<b>Harrisville</b>
<b>7:00PM</b>	<b>MORLEY BY THE DAM</b> Morley Community Center, 151 7th Street	<b>Morley</b>
<b>7:00PM</b> O,HY	<b>Recovery Zone</b> Central Michigan Christian Church - Hybrid, 3433 S Lincoln Rd. <b><a href="https://us02web.zoom.us/j/81481235718?pwd=MmFKKzZ0VEFxVWJxYktjUHY0ejJmUT09">https://us02web.zoom.us/j/81481235718?pwd=MmFKKzZ0VEFxVWJxYktjUHY0ejJmUT09</a></b>	<b>Mt. Pleasant</b>
<b>9:00PM</b> C,NC,WC,BK	<b>12 Steps to Freedom</b> Holy Spirit Parish Center, 1035 N. River Rd. <i>Open meeting last Sunday of each month</i>	<b>Shields</b>

**FRIDAY**

<b>12:30PM</b> C,WC	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	<b>Bay City</b>
<b>6:00PM</b> C	<b>Down with Disease</b> Midland Reformed Church, 1100 N, Saginaw Rd	<b>Midland</b>
<b>7:00PM</b> C	<b>Hugs Not Drugs</b> Community Baptist Church, 1494 N. St.Helen RD.	<b>St. Helen</b>
<b>7:30PM</b> C	<b>Willing to Make the Effort</b> Trinity Episcopal Church, 815 N Grant St. <i>5th St. entrance Open speaker meeting 2nd Friday of each month with fellowship activities after meeting.</i>	<b>Bay City</b>

## FRIDAY (CONT)

**8:00PM In the Solution** **Saginaw**  
C,WC First United Methodist Church, 4790 Gratiot Rd

## SATURDAY

**10:00AM Down with Disease** **Midland**  
C Midland Reformed Church, 1100 N, Saginaw Rd

**10:00AM Eastside Group** **Saginaw**  
C Buena Vista Center, 1940 S. Outer Dr

**10:30AM Surrender Our Lives** **Saginaw**  
C,WC Messiah Lutheran Church, 4640 N. Michigan

**11:00AM New Awakenings** **Bay City**  
C,BK,LS St. Alban's Church, 105 S. Erie  
(Wenona St. entrance)

**NOON Recovery Nation** **West Branch**  
Fresh Start Club, 236 S. First St

**7:00PM Attitude of Gratitude** **Saginaw**  
C Saginaw Recovery House, 1506 Mackinaw Street

**7:00PM By NA Means Necessary** **Midland**  
C St John's Episcopal Church, 405 N Saginaw Rd

**7:00PM Common Desires** **Essexville**  
O St. Lukes Methodist Church, 206 Scheurmann St.

## MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
C	Closed	CW	Children Welcome
HY	Hybrid Meeting	LS	Literature Study
M	Men	NC	No Children
O	Open	WC	Wheelchair

## SERVICE MEETINGS

**2:00 PM Area Service Committee (ASC)**  
3rd non-holiday Sunday of month  
<https://us02web.zoom.us/j/84622464633?pwd=U3FtK093Z05HTGNwbmpWYyVvOjNDdGdz09>  
Zion Evangelical Lutheran Church  
545 7th St, Freeland, MI, 48623

**After ASC Literature Subcommittee Meeting**  
ASC Zoom

## PHONE NUMBERS

**What is our message?**  
**The message is that an addict,**  
**any addict, can stop using drugs,**  
**lose the desire to use,**  
**and find a new way to live.**  
**Our message is hope**  
**and the promise of freedom.**

Basic Text, page 65

## BMLT Meetings Search Apps



## SAGINAW BAY AREA MEETING LIST

**JULY 2024**

**24 HOUR HELPLINE**  
**1-800-230-4085**

**Saginaw Bay Area Service Committee**  
**PO Box 151**  
**Freeland, MI 48623**  
<https://michigan-na.org/saginaw>

**SUGGESTIONS FOR EVERYONE**  
**Don't associate with people who are using**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Come early & stay late**  
**Get and use a sponsor**  
**Get a home group**  
**Use the PHONE**

**DON'T USE NO MATTER WHAT**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 57