

# SBASCNA MEETING MINUTES

January 20, 2019

Freeland, MI

**OPENING:** Meeting opened 2:10 pm with a moment of silence followed by the Serenity Prayer.

**NEWCOMERS to AREA:** None

## **READINGS:**

**Twelve Traditions** – Josh D.

**Twelve Concepts** – Pat N.

**Purpose, Functions, and Responsibilities of ASC** – Nick S.

**NA World Service Vision** – Edward H.

**Roll Call:** 14 Groups in attendance (See attached SBASCNA ATTENDANCE RECORD)

**ACCEPTANCE of MINUTES:** December minutes were accepted with no changes.

## **NOMINATIONS:**

Chair – Pat N. / Nominated by George S. / 2<sup>nd</sup> by Mike H.

Co-Chair – Roy O. / Nominated by George S. / 2<sup>nd</sup> by Mike H.

Co-Secretary – Camille N. / Nominated by Pat N. / 2<sup>nd</sup> by George S.

Co-Treasurer – Randy G. / Nominated by George S. / 2<sup>nd</sup> by Mike H.

RCM – Open as of this meeting

Alt-RCM – Terry K. / Nominated by George S. (Terry declined the nomination)

Literature Chairperson – No Nominations

**ELECTIONS:** All of the following positions were filled with the unanimous votes of 14 yes, 0 no, 0 abstaining.

Chair – Pat N.

Co-Chair – Roy O.

Secretary – George S.

Co-Secretary – Camille N.

Treasurer – Mike H.

Co-Treasurer – Randy G.

## **TRUSTED SERVANTS REPORTS:**

**Chair:** We had a P&A meeting this afternoon and reviewed the 3 guideline motions that were sent back by the GSR's at the last area meeting. We also reviewed the Web Servant position. These reviews have been completed and will be sent back to groups to be voted on at the next area meeting. I would like to thank everyone for letting me serve as your Area Chair; once again it has been a learning experience, thank you. ILS, Al L.

**Secretary:** I want to thank you for the nomination and look forward to being the Area Secretary for the next year. If you have a Home Group or Trusted Servant report please fill out the appropriate form legibly. Also, if you want to pass on to your Home Group; if anyone would like the Area Minutes emailed to them please send their email address to next month's meeting. Again, please make sure it is very legible.

**RCM:** Absent, no report.

**Treasurer:** (Detailed Report Attached)

Hello family, I have attached this month's Treasury report to the minutes. I will also have hard copies at the February meeting. Previous balance was \$3,296.53 with assets of \$1,053.40 and expenses of \$419.48. This leaves us with a balance of \$3,930.45. Thank you for letting me be of service. In loving service, Mike H.

## **SUBCOMMITTEE REPORTS:**

**H&I:** Present, but no written report submitted.

**Public Relations:** At this time we have officially become a part of the Regional Phonenumber. For the time being all of our meeting info has been added and in the next day or two I will be submitting a list of volunteers to take live calls to be added. I am currently continuing to accept volunteers for this and will hold a workshop if necessary. I will be printing meeting lists for next month and at this time more than previous times I will be requesting that Home Groups throw away all old meeting lists and replace them with the new ones. The new helpline number will appear on the new lists. In the meantime Bryan H. has agreed to set up our current phone line number to forward to the new region number. I am unsure of an official date to cancel our services with King Communication and will need direction from area on this matter. There are an additional few options that were offered as part of this service that I plan to discuss further with the Regional Helpline Chair before taking action on them. I brought receipts for the last starter kit created for the Recovery on 6<sup>th</sup> Street Group, as well as last month's meeting lists. I have requested reimbursement to the PR prudent reserve in the amount of \$168.64. In loving service, Karen A.

**Retreat:** Our next meeting will be February 4, 2019. Things are going well and moving along in the process. As a reminder to all this year the retreat is accepting credit cards as a form of payment. At this time registrations have already started to come in. Last night, January 19, 2019; the committee held the first of three fundraisers, the card party/game night. The event had a good turnout of approximately 40 people. We had 4 winners; Nate B., Kaylee W., John R., and Martha N. in our Euchre tournament. At this time there are no numbers to report because it was just last night. We look forward to February 23, and our upcoming Trivia Night. In Loving Service, Karen A., Co-Chair.

**Web Servant:** Website has been updated with Area Minutes and flyers. I have received a couple of meeting closures that have been updated on the meeting list and website. Any changes or flyers in PDF Format can be emailed to me at [litwi1rm@gmail.com](mailto:litwi1rm@gmail.com). Ryan L.

**Activities:** Next meeting; January 28, 2019 Unity meeting location; Trinity Episcopal Church, Bay City @ 6:00 pm. Sanity Bash was a huge success. Everybody had fun and like the ham dinner and all the door prizes. The ham was donated as well as the NA Bear, as well as most of the door prizes and raffle basket items. Income was \$1,251.00 and expenses were \$452.60, leaving us a balance of \$798.40 turned over to the Area Treasurer today with a detailed description of all expenses and income. Valentine's dance is February 16<sup>th</sup> at St. Alban's in Bay City. Our next meeting we will be finalizing plans for the event. Future plans for MRCNA Fundraiser is April, more will be revealed. In Loving Service, Tina G.

## **GROUP REPORTS:**

**Surrender Our Lives:** Next Home Group Business Meeting; 2/4/19 @ 6:30 pm. Group Donation: \$20.00. Meetings going well, average number of people attending meetings are about 19. Monday night's book study in Living Clean and Saturday morning reading stories in the back of the Basic Text.

**Let go let god:** Next Home Group Business Meeting; 2/15/19. Group Donation: \$0.00. The meeting is going well, we have sometimes 10 or more people at the meeting.

**Survival:** Next Home Group Business Meeting; 2/5/19. Group Donation: \$30.00. We have a meditation meeting on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday as well as a closed meeting. The 2<sup>nd</sup> Tuesday of each month we have an open meeting, as well as a closed meeting. We are currently reading from the Living Clean Book. We voted yes to all the guideline motion changes.

**Unity:** Next Home Group Business Meeting; 2/11/19. Group Donation: \$0.00. We are planning a Literature Fundraiser which is a pizza social and spades tournament, more will be revealed. We don't have any nominations. We voted yes to all guideline motions from December minutes.

**Willing to Make the Effort:** Next Home Group Business Meeting: 2/15/19 @ 7:00 pm. Group Donation: \$50.00

**Attitude of Gratitude: (Absent, sent report)** Next Home Group Business Meeting; 2/14/19. Group Donation: \$0.00. All is well meetings continue to have strong attendance. This month we had a member celebrate 15 years and this week another will celebrate 2 years.

**A Deeper Level: (Absent, sent report)** This home group is in need of trusted servants. There is currently one home group member, and our attendance is steady. On average we have from 3-7 members attend weekly with many newcomers from the treatment facility. We are continuing to provide basic texts for new people or people who cannot afford or do not have one. At this point, there is no donation to area until there are more members and we can do a group conscience on what to donate. Please announce at meeting the need for active home group members that are willing to be of service- no clean time requirement, I just need some help. Thank you to Josh D. and Pete F. for your help in the last couple weeks so I could continue to be present for family functions and go on vacation, your commitment to service is greatly appreciated. In loving service, Brooke B.

**12 STEPS FORWARD:** Next Home Group Business Meeting; 2/12/19 @ 5:00 pm. Group Donation: \$15.00.

**NEVER ALONE:** Next Home Group Business Meeting; 2/10/19. Group Donation: \$10.00. We are compiling Phone Numbers List for Phonline help, will bring up next meeting.

**A GATHERING OF MEN & WOMEN:** Next Home Group Business Meeting; 2/17/19. Group Donation: \$4.00. We are a book study group currently working out of the NA Step Working Guide, Step Three, Self Will. Smaller group of 10 – 12 regular people. Last 15 minutes open forum. We will be donating \$20.00 to area, have a great day.

**NEW AWAKENINGS:** Next Home Group Business Meeting; Before next Area. Group Donation: \$5.00. Good attendance every week @ 11 am Saturday. Literature study and other topics each meeting. No changes to report this month.

**12 Steps to Freedom:** Next Home Group Business Meeting; 2/4/19. Group Donation: \$9.00. Voted in on 1/13/19 (12 Traditions study 2<sup>nd</sup> Sunday of the month from 6:30 – 7:30). Our Group voted yes to all area guideline motions.

**H.O.W.:** Next Home Group Business Meeting; 2/19/19. Group Donation: \$40.00. Our meeting is held the on Monday and Friday at the Bay City Recovery House, corner of 3<sup>rd</sup> and Grant. 11am – 12:15pm and 7pm – 8pm. Our new GSR is Nicholas S.

**Common Welfare:** Next Home Group Business Meeting; 2/14/19. Group Donation: \$17.00.

**The House:** Next Home Group Business Meeting; 2/20/19. Group Donation: \$10.00. Has been well.

**OLD BUSINESS:**

Guideline Motions presented by Policy and Administration Committee; (See attached Motion List 014 – 023)

Motion #014-18	Passed – yes/07	no/1	abstain/5
Motion #015-18	Passed – yes/10	no/0	abstain/3
Motion #016-18	Passed – yes/10	no/0	abstain/3
Motion #017-18	Passed – yes/10	no/0	abstain/3
Motion #018-18	Passed – yes/10	no/0	abstain/3
Motion #019-18	Passed – yes/10	no/0	abstain/3
Motion #020-18	Passed – yes/10	no/0	abstain/3
Motion #021-18	Passed – yes/10	no/0	abstain/3

Motion #022-18      Passed – yes/10    no/0    abstain/3  
Motion #023-18      Passed – yes/10    no/0    abstain/3

**NEW BUSINESS:**

**Canceling of King Communication:** After discussion on concerning the functioning of the new phonenumber service it was decided to cancel the service with King Communication on February 28, 2019.

**RCM Money:** It was discussed that our RCM did not attend the last Regional Meeting, is not in attendance today and has not returned the \$150.00 that was given to attend the Regional Meeting. Co-Chair, Roy O. will contact the past RCM and request the \$150.00 be returned to area.

**Motions to be voted on by Home Groups:** Group Conscience for Area Meeting (**See Attached Motion Form**)

**Motion #024-19**

**Motion #025-19**

**Motion #026-19**

**Motion #027-19**

**Motion #028-19**

**Motion #029-19**

**Motion #030-19**

**OPEN FLOOR:**

Co-Chair, Matt F. thanked everyone for the opportunity to serve over the last year.

Patrick shared that he would looking into and starting a new meeting at the Zion Church in Freeland, same location as Area Service is held.

George S. shared that the P&A Committee met every month at 12:00 pm on the lower level of this church. Reminded everyone is welcome and would be especially nice to see all the sub-committee chairs with the idea of helping to set Area and Committee goals for the next year.

**Seeking Nominations for the following positions:**

Regional Committee Member (RCM)

Alternate Regional Committee Member (Alt. RCM)

Literature Chair

**CLOSE:** Meeting closed at 3:23pm with the we version of the Serenity Prayer.

**FLYERS & MEETINGS:** If any committees have flyers or meetings they would like posted to the Regional Website send to [mstpattik@yahoo.com](mailto:mstpattik@yahoo.com)

**NEXT SBSCNA MEETING**

February 17, 2019 in Freeland @ 2:00 pm

**NEXT P&A MEETING**

February 17, 2019 in Freeland @ 12:00 pm (NOON)











## SBASCNA MOTION FORM - 2019

**Motion #024-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
5. Treasurer b. Duties ix. No moneys will be disbursed without a proper receipt. Checks will be written only at the ASC meeting, except in emergency situations with the approval of the Chairperson.	5. Treasurer b. Duties ix. No moneys will be reimbursed without a proper receipt. Checks will be written at the ASC meeting, with the exception of electronic banking and in emergency situations with the approval of the Chairperson.

**Motion #025-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
7. Regional Committee Member b. Duties x. The ASC will provide through the area Treasurer, the RCM with travel and lodging expenses for hotel and gas, as well as up to \$40.00 per day for food on the day of Regional business with submitted receipts.	7. Regional Committee Member b. Duties x. An established Prudent Reserve of \$200.00 to cover travel, food and lodging expenses. Food reimbursement will not exceed \$40.00 per day. All receipts must be submitted at the next scheduled Area Service Committee meeting.

**Motion #026-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
8. Alternate Regional Committee Member b. Duties x. The ASC will provide through the area Treasurer, the RCM with travel and lodging expenses for hotel and gas, as well as up to \$40.00 per day for food on the day of Regional business with submitted receipts.	8. Alternate Regional Committee Member b. Duties x. An established Prudent Reserve of \$200.00 to cover travel, food and lodging expenses. Food reimbursement will not exceed \$40.00 per day. All receipts must be submitted at the next scheduled Area Service Committee meeting.

**Motion #027-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
7. Web Servant <ul style="list-style-type: none"> <li>• Must have a reliable connection to the Internet. It is strongly recommended that they have a high speed connection.</li> <li>• Must have FTP client and suitable code editing tools.</li> </ul>	7. Web Servant <ul style="list-style-type: none"> <li>• Must have a reliable connection to the Internet.</li> <li>• <b>(Remove)</b> Must have FTP client and suitable code editing tools.</li> </ul>

**Motion #028-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
<p>7. Web Servant            d. Functions and Responsibilities                i. Maintains the ASC meeting list and communicates any changes made to the Public Relations.                ii. Chair                iii. Attends or has a designee attend the monthly ASC meeting.</p>	<p>7. Web Servant            d. Functions and Responsibilities                i. Maintains the ASC meeting list and communicates any changes made to the Public Relations Chair.                ii. Remove ‘Chair’ from ii. and move to the end of after Relations. Renumber the following ii – iv accordingly.                iii. Attends monthly ASC meeting</p>

**Motion #029-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
<p>7. Web Servant            e. Change Requests                i. Any group or committee can request an event on the events page. This request must be submitted in writing at the ASC meeting or via e-mail or phone.</p>	<p>7. Web Servant            e. Change Requests                i. Any group or committee can request an event on the events page. This request must be submitted in writing at the ASC meeting or via e-mail. Flyers must be in PDF Format and will be posted by Web Servant within 7 days.</p>

**Motion #030-19** – Motion brought forward by the P&A committee.

**Motion:** To make the following changes to our current SBASCNA Guidelines.

Current Guideline Wording	Proposed Guideline Changes
<p>7. Web Servant            e. Change Requests                ii. External hyperlinks will be only to official NA websites and for directional resources, such as Map Resources. The Web Site Subcommittee will evaluate these websites for upholding the 12 Traditions and 12 Concepts of Service before making a hyperlink to that website.</p>	<p>7. Web Servant            e. Change Requests                ii. Remove this section completely and replace with the following.                 ii. All meeting additions and changes will be posted within 48 hours.</p>

Group Name		Group Name		Month/Year:
12 STEPS TO FREEDOM	\$9.00	SERENITY NOW		Jan-19
A DEEPER LEVEL		SUNDAY AT A TIME		
A GATHERING OF MEN AND WOMEN	4	SUNDAY SERENITY		<b>Submitted by:</b>
ACCEPTANCE IS FREEDOM		SURRENDER OUR LIVES	20	MIKE H
ATTITUDE OF GRATITUDE		SURVIVAL	30	
CLARE MEETING		TOGETHER WE CAN DO IT		
CLEAN AND SERENE		UNITY		
COMMON DESIRES		WE'RE NOT UNIQUE		
COMMON GROUND		WHATEVER IT TAKES		
COMMON WELFARE	17	WILLING TO MAKE THE EFFORT	50	
DESIRE TO CHANGE		12 STEPS FORWARD	15	
DOWN WITH DISEASE		THE HOUSE	10	
EAST SIDE				
FREEDOM GROUP	5			
GRATITUDE NOT ATTITUDE		<b>Total Group donations</b>	255	
GRACIOUSLY FORGIVEN		<b>Any additional income</b>		
H.O.W.	40	RETREAT COMMITTEE		
HOW IT WORKS		ACTIVITIES DONATION	798.4	
HOPE IN HALE				
HUGS NOT DRUGS				
I CAN'T WE CAN				
IF YOU WANT WHAT WE HAVE				
IN THE SOLUTION		<b>Monthly expenses</b>		
IT WORKS HOW AND WHY		PUBLIC RELATIONS	168.67	
JUST FOR TUESDAY		H&I	104.81	
JUST FOR TODAY		ACTIVITIES		
JUST STAY ITS EASIER		AREA RENT	35	
KEEP IT SIMPLE (OWOSSO)		CENTURY LINK		
LEARNING TO LIVE		INTERNET BANKING FEE	10	
LET GO LET GOD		KING COMMUNICATIONS	75.5	
LIVING THE DREAM		LITERATURE		
LIVING CLEAN		PO BOX		

ENDANGERED SPECIES		REGION DONATION (10% OF GROUP)	25.5	
MEETING IN A BAG		RCM/ALTERNATE RCM		
NEXT EPISODE		AD HOC		
NEVER ALONE	10	TREASURER		
NEW ATTITUDES		OUTREACH		
NEW AWAKENINGS	5	SECRETARY		
NEW LIFE		TOTAL EXPENSES	419.48	
NEW WAY OF LIVING				
NO FEAR	40			
NO MATTER WHAT		<b>Previous Balance</b>	3296.5	3296.53
PRIMARY PURPOSE		<b>Monthly assets</b>	1053.4	
RECOVERY ZONE		<b>Monthly expenses</b>	419.48	
<b>Total donations</b>	130	<b>Ending Balance</b>	3930.5	3930.45