

SBASCNA MEETING MINUTES

March 17, 2019

Freeland, MI

OPENING: Meeting opened 2:10 pm with a moment of silence followed by the Serenity Prayer.

NEWCOMERS to AREA: James D., Don M. and Eric H.

READINGS:

Twelve Traditions – Patrick B.

Twelve Concepts – Karen A.

Purpose, Functions, and Responsibilities of ASC – Don M.

NA World Service Vision – James D.

ROLL CALL: 10 Groups Represented (See attached SBASCNA ATTENDANCE RECORD)

ACCEPTANCE of MINUTES: March minutes were accepted with no changes.

NOMINATIONS & ELECTIONS: All Area Positions are filled

TRUSTED SERVANTS REPORTS:

Policy & Administration / Chair: Next Committee meeting will be April 14th @ 12:00 pm. Work continues regarding the proposed additional responsibilities of the Literature Chairperson. Potential guideline changes will be ready to go to groups at the next ASC Meeting if we receive the go ahead. Also discussed was how exactly do we determine quorum when a group has a representative which chooses to abstain or someone leaves during the meeting. Our Group Service Representative workshop was smaller in attendance than what we would have liked, but yet successful. ILS, Patrick N.

Secretary: If you have a Home Group or Trusted Servant report please email to me, george_na79@yahoo.com, or fill out the appropriate form legibly. Also, if you would please pass on to your Home Group members or any other NA member; if anyone would like the Area Minutes emailed to them please send their email address to next month's meeting or email it to me. ILS, George S.

RCM: Attended Region meeting in Grand Rapids. Brought receipt from hotel stay in the amount of \$141.45, got a check from treasurer to bring back prudent reserve. All positions other than Co-Webservant are filled at region. I have a copy of motions from the last Region Meeting. I need input on thoughts of cutting ties with MSO. Mental Health IP, and if this body would like to send representation to Multi Regional Service Day September 13th - 15th at 711 Washington Ave, Racine WI., Thoughts on Zoom meetings. Also Web Servant said SBASCNA events need to be updated on the website. I also need hard copies of all events flyers to bring to region. A more complete report will be given next month when regional minutes are available. ILS, Drae R.

Treasurer: (Detailed Report Attached)

Hello family, I have attached this month's Treasury report to the minutes. I will also have hard copies at the April meeting. Previous balance was \$3,835.55 with assets of \$422.00 and expenses of \$504.55. This leaves us with a balance of \$3753.00. Thank you for letting me be of service. In loving service, Mike H.

SUBCOMMITTEE REPORTS:

H&I: Roy O. is currently at D.O.T. every other Monday at 7:00 pm and all Tuesday nights once a month at 8:00 pm. I need to get more organized with men and women at the Bay County Jail, Midland Jail, Ten/Sixteen, Tri-Cap and Holy Cross. Tri-Cap is chaired by Danny D. Karen does 1st Thursday of the month and Tina G at 7:00 pm. Midland Co Jail every other Monday. We need men and women with the willingness and the clean time requirements to do H&I. ILS, Travis F.

Public Relations: The phone line has officially switched over and our service with both King Communication and Century Cellular has ceased. At the time I set up our service I explained the emails notifications I received from King Communication (twice a day) and was told I could set things up with a daily email report of activity. I will be contacting the region helpline representative because as of today's date I have not received a single report and am unsure if we have any calls to date. I would like to remind all groups that due to this change on our helpline all meeting lists prior to February 4th, 2019 need to be disposed of and replaced with current lists that reflect the new helpline phone number. I'm attempting to keep up with that change I had a half order of meeting lists printed and am requesting a reimbursement to the PR prudent reserve in the amount of \$63.60. If you need lists let me know as I will be seeking groups that do not regularly attend the Area Service Committee meeting to make the change. I would request help with this from all members; if you attend any meeting and see old lists please share this information with them. I am currently changing our helpline posters but have not at this time printed any. Look forward to individuals or groups stepping up for a poster drive in the near future. ILS, Karen A.

Retreat: Since the last ASC meeting, we've had two fundraisers. The first was our Trivia Night which had a profit of \$201.23 (a detailed accounting is attached to this report) and the dance last night. Our treasurer is out of town, so we don't have a detailed report, but it looks like we have a profit of \$600 or more. Registrations have been slow to come in this year, but will hopefully pick up. Please make announce at your meetings that the deadline for financially impaired, where you only need to pay for half of the retreat, is March 29th. If you need registration flyers, please let me or George know. In Service, Lisa G.

Web Servant: Website has been updated with minutes, guidelines, flyers and positions. There have been a few revisions to the meeting list including: Removed Friday New Way of Living, Saginaw meeting and the Wednesday and Friday Owosso, Keep it Simple meetings. Circling the Square group meeting on Tuesday at 7pm at Zion Evangelical Lutheran, 545 7th Street, Freeland (upstairs dining room has been added. New Attitudes Group in Roscommon, Monday at 7pm added. Updated Sunday night Alpena meeting, 7pm in the Café Conference Room, Mid Michigan Medical. If anybody would like flyers, events, or meeting changes added to the website please email me at litwi1rm@gmail.com with the details. I would prefer flyers to be in PDF format. I have also been keeping track of website/meeting changes on a shared spreadsheet that can be viewed here: goo.gl/aHVK6M. ILS, Ryan L.

Activities: The Valentines Dance was a success. We had an income of \$797.00, with \$575.84 in expenses and have a donation of \$222.00 to area. We have an event planned for April 6th which is a MRCNA Fundraiser and is a Karaoke Contest and Dance at St Albans in Bay City. We are currently contemplating an event for PR Week.

Literature: Next Committee Meeting: Sunday after the ASC meeting. At last month's ASC meeting one starter kit was given to the Circling the Square group, and I still have one starter kit (minus the meeting lists, which I gave to a meeting last Friday night). Hopefully today the groups will be presented with specific responsibilities for the expansion of the Literature subcommittee that were talked about at the February meeting (and can be taken back to the groups to be approved for inclusion in the guidelines). At this time I would like to request the current prudent reserve of \$100, which will allow me to order supplies to replenish the starter kit (or kits if another one is needed today). NAW\$ is currently working on two new pieces of literary merchandise; a new Spiritual Principle A Day book and an IP dealing with Mental Health/Mental Illness. Information regarding these projects can be found at <https://www.na.org/?ID=projects>. If there is interest in this area we can try to schedule a workshop to solicit input. I spoke with the literature chair from NW Michigan about how they stock and sell supplies, and have incorporated many of their practices into the proposal for expanding our subcommittee. I spoke with our landlord here at Zion church and was told that it would be a month or two before we will be assigned a space for a locked cabinet or box to store our literature/supplies (after the renovations at the church are complete). ILS, Bryan H.

Note: After much discussion about the intent of the proposed change and a concern about all the work of handling the literature a vote was taken to decide if we would move forward with the change to our Literature Committee. A vote was taken of the 10 GSR's present with the outcome of 9 yes / 1 no.

GROUP REPORTS:

Surrender Our Lives: Next Home Group Business Meeting; 4/1/19. Group Donation: \$0.00. Our Monday meetings are reading out of the Living Clean Book. Our Saturday Meetings are reading the stories in the back of the Basic Text. Our group voted yes on all guideline changes. Our group voted yes to having literature for sale at Area.

Survival: Next Home Group Business Meeting; 3/28/19. Group Donation: \$20.00. We have a meditation meeting on the 1st and 3rd Tuesday as well as a closed meeting. The 2nd Tuesday of each month we have an open meeting, as well as a closed meeting. We are currently reading from the Living Clean Book. We voted yes to move forward with the Literature changes.

Unity: Next Home Group Business Meeting; 4/08/19. Group Donation: \$0.00. We had a picnic Fundraiser / Spades tournament on March 9th which was successful. We are also having a Conrhole Tournament fundraiser June 8th at Monitor Township Park, more will be revealed. These Fundraisers help support our annual picnic, July 13th at Monitor Township Park.

Willing to Make the Effort: Next Home Group Business Meeting: 4/12/19 @ 7:15 pm. Group Donation: \$50.00. We discussed the pros and cons of having a literature committee buying and selling literature for the groups. **Pros:** it may encourage groups to show up for area. Shipping costs will be lower (at least initially). **Cons:** Lot of work involved in maintaining inventory. Would need someone able to keep detailed accounts. Will it be so much work it will be difficult to fill this position in the future? **Other Discussion Questions:** Is ordering literature such a problem for groups that this is needed, or is it a solution to a non-existent problem? When will sales take place? People would have to be willing to show up early or stay later to purchase literature.

Attitude of Gratitude: Next Home Group Business Meeting; 4/14/19. Group Donation: \$0.00. Things are continuing to go well at the home group. Attendance continues to be regular and lately our two 1:00 pm daytime meetings have been averaging 25 – 30 people. We continue to donate a basic text to the newcomer with the least amount of clean time on Thursday nights. ILS, Karen A.

Common Welfare: Next Home Group Business Meeting; 4/11/19. Group Donation: \$10.00. Attendance is strong. Recently registered with world. Currently revisiting group opening format.

Circling The Square: Next Home Group Business Meeting; 3/26/19. Group Donation: \$0.00. In the 2nd active month of this meeting, we are holding donations until building a prudent reserve of \$40.00. Some Keytags are needed and will be ordered.

Wednesday Night Meeting (Owosso): Group Donation: \$0.00. Restarting “Wednesday Night Meeting” 7pm – 8pm @ Owosso, 1st United Methodist Church, 1500 N. Water St., Owosso, MI 48867. James D.

How It Works: Next Home Group Business Meeting; 4/08/19. Group Donation: \$0.00. Attendance is constant but low. We continue to have NA Books for sale below cost to help carry our message of recovery.

How: Next Home Group Business Meeting; 4/16/19. Group Donation: \$20.00.

12 Steps Forward: Next Home Group Business Meeting; TBD. Group Donation: \$10.00.

The House: Next Home Group Business Meeting; 4/17/19. Group Donation: \$0.00. Attendance has been good, we are still carrying the message to the addict who still suffers!

OLD BUSINESS:

Literature Committee / Literature & Key Tag Inventory: (10 YES AND 1 OPPOSED)

Presented as New Business in February: Bryan H. presented a proposal to expand the duties of the ASC Literature Committee to include stocking and selling NA group supplies (books, IP's, key tags, coins, service literature) for purchase before or after the monthly ASC meetings. Having a lockable storage location at the location of the ASC would probably be a requirement, but other options could be explored. The initial proposal will involve purchasing an inventory of supplies sufficient to allow the ASC to sell the items at cost, with the shipping and handling costs being offset by the quantity discount offered for large purchases. Sales would only take place at the scheduled monthly time (adjacent to the ASC meeting), and all sales will require completion of an order form to document each transaction and account for all funds.

Some points that were shared by Bryan to help Home Groups to better understand some of the functions:

- Each sale will be documented on a standard inventory form to include item name/description, quantity, price per unit, total per item, and total order cost and funds must accompany all orders
- Orders may be placed for literature and supplies not in stock by following the same process outlined above.
- All transactions will take place at the scheduled time adjacent to the monthly ASC meeting.
- All order forms will be retained by the literature subcommittee for record keeping and purposes. Receipts for the total sales amount will be issued to purchasers.
- Total sales and inventory status will be reported at each ASC meeting.
- Funds from sales will be given to the treasurer at each ASC meeting, and the transaction totals reported in the minutes of that ASC meeting.
- Subcommittee chair shall have minimum 2 years clean time and 1 year service with the Saginaw Bay Area. Subcommittee co-chair shall have a minimum 18 months clean time and 6 months service with the Saginaw Bay Area.
- Stock will be maintained in a locked storage receptacle and stored at the location of the ASC meeting, or other suitable location pre-determined by the body of the ASC.
- If a "net 30" account is established with NAW\$ for the purposes of placing orders, then the ASC treasurer will be given any outstanding statement/bill at each ASC meeting for payment to NAW\$.
- Sales prices will be determined by the actual cost incurred by the SBA to place each item into stock. The ASC may agree to pay for shipping, handling, and tax for an order. If the ASC does not pay these fees, the costs will be evenly distributed amongst each item of that respective order.
- Initial stock items and quantities will be based on feedback received from the groups of the SBA and the recommendation of the Literature Subcommittee, and approved by the P&A subcommittee prior to purchase.

Policy and Administration Committee will now begin the new Guideline Proposal and will present at the April Area Service Committee Meeting.

RCM Money: Co-Chair, Roy O. contacted the past RCM and she said she was waiting for income tax refund.

NEW BUSINESS:

Quorum at ASC Meeting: Lots of discussion on how abstentions during voting affect the outcome of a vote. Does quorum change when a GSR leaves before meeting ends? Does a GSR abstain because they don't understand the motion? Some GSR's just choose not to vote on anything, should they be included in the quorum? Please discuss at your Home Group and bring any suggestion / ideas of this process you have to the April Area Meeting.

OPEN FLOOR: Brought to our attention to be careful with what is said and how names are put into minutes.

CLOSE: Meeting closed at 3:40 pm with we version of the Gratitude Prayer.

FLYERS & MEETINGS: If any committees have flyers or meetings they would like posted to the SBASCNA Website send to litwilrm@gmail.com (PDF FORMAT)

FLYERS & MEETINGS: If any committees have flyers or meetings they would like posted to the Regional Website send to mspattik@yahoo.com (PDF FORMAT)

ANNOUNCEMENTS FOR HOME GROUPS

SBSCNA MEETING

April 14, 2019 in Freeland @ 2:00 pm - Done

Policy & Administration MEETING

April 14, 2019 in Freeland @ 12:00 pm – 1:45 PM

LITERATURE INFORMATION IN THESE MINUTES

**Literature Guideline Changes going to be proposed,
Got any input?**

Group Name		Group Name		Month/Year:
12 STEPS TO FREEDOM		SERENITY NOW		Mar-19
A DEEPER LEVEL		SUNDAY AT A TIME		
A GATHERING OF MEN AND WOMEN		SUNDAY SERENITY		Submitted by:
ACCEPTANCE IS FREEDOM		SURRENDER OUR LIVES		MIKE H. & Randy G.
ATTITUDE OF GRATITUDE		SURVIVAL	\$ 20.00	
CLARE MEETING		TOGETHER WE CAN DO IT		
CLEAN AND SERENE		UNITY		
COMMON DESIRES	\$ 10.00	WE'RE NOT UNIQUE	\$ 50.00	
COMMON GROUND		WHATEVER IT TAKES		
COMMON WELFARE	\$ 10.00	WILLING TO MAKE THE EFFORT	\$ 50.00	
DESIRE TO CHANGE		12 STEPS FORWARD	\$ 10.00	
DOWN WITH DISEASE				
EAST SIDE				
FREEDOM GROUP				
GRATITUDE NOT ATTITUDE		Total Group donations	\$ 200.00	
GRACIOUSLY FORGIVEN		Any additional income		
H.O.W.	\$ 20.00	RETREAT COMMITTEE		
HOW IT WORKS		ACTIVITIES DONATION	\$ 222.00	
HOPE IN HALE				
HUGS NOT DRUGS				
I CAN'T WE CAN				
IF YOU WANT WHAT WE HAVE				
IN THE SOLUTION		Monthly expenses		
IT WORKS HOW AND WHY		PUBLIC RELATIONS	\$ 63.60	
JUST FOR TUESDAY		H&I		
JUST FOR TODAY		ACTIVITIES		
JUST STAY ITS EASIER		AREA RENT	\$ 35.00	
KEEP IT SIMPLE (OWOSSO)		CENTURY LINK		
LEARNING TO LIVE		INTERNET BANKING FEE	\$ 5.00	
LET GO LET GOD		KING COMMUNICATIONS	\$ 52.50	
LIVING THE DREAM		LITERATURE	\$ 100.00	
LIVING CLEAN		PO BOX	\$ 92.00	

ENDANGERED SPECIES		REGION DONATION (10% OF GROUP)	\$ 15.00	
MEETING IN A BAG		RCM/ALTERNATE RCM	\$ 141.45	
NEXT EPISODE		AD HOC		
NEVER ALONE	\$ 10.00	TREASURER		
NEW ATTITUDES		OUTREACH		
NEW AWAKENINGS		SECRETARY		
NEW LIFE		TOTAL EXPENSES	\$ 504.55	
NEW WAY OF LIVING				
NO FEAR	\$ 20.00			
NO MATTER WHAT		Previous Balance	\$ 3,835.55	\$ 3,835.55
PRIMARY PURPOSE		Monthly assets	\$ 422.00	
RECOVERY ZONE		Monthly expenses	\$ 504.55	
Total donations	\$ 70.00	Ending Balance	\$ 3,753.00	\$ 3,753.00

What is the Saginaw Bay Service Committee?

The Saginaw Bay Area Service Committee of Narcotics Anonymous (SBASCNA) is a committee put together by home groups within the mid-Michigan area. The SBASCNA includes major cities like Bay City, Saginaw, Midland and Mt Pleasant. Also, outlying cities as Alma, West Branch, Caro, Owosso, Alpena, St. Louis, Standish, Prudenville, Port Austin and so forth.

As of March 2019, the SBASCNA consists of 81 NA Meetings and 57 home groups.

This pamphlet focuses on the Group Service Representative (GSR) aspect of the SBASCNA. If you have been asked to serve as a GSR or are considering volunteering as GSR, then this pamphlet may help answer some questions.

What is a Group Service Representative?

A GSR is a home group member selected to serve as liaison between their group and the Area Service Committee. Most home groups will have a business meeting to select their GSR, and the elected person will be accountable for their group's best interest at Area Service, unless it goes against NA Traditions or NA as a whole.

GSR Responsibilities to the Group

Occasionally, as the GSR, you will be asked to facilitate (at the group business meeting) the discussion of motions and the collection of votes (group conscience) regarding issues for or from the NA service structure (e.g., ASC, Regional Service Committees, and the World Service Committee).

The GSR needs to present Area issues to the home group for their input. You can use your notes and the agenda from the Area meeting. The Area minutes are also a good source for these items and should be shared with home group members.

The minutes contain the reports from the other groups and the subcommittees so members of our fellowship can be aware of what is happening. If motions are presented, the GSR needs to present both sides of the issue, so home group members can make an informed decision on the motion. If nominations for trusted servant positions are made, the GSR needs to present the information to home group members so that, once again, they can make an informed decision. Discuss those issues so that you can bring a group conscience back to Area.

What is the Area Service Committee?

An Area Service Committee (ASC) is a committee made up of GSRs and Area Trusted Servants.

The most important service that an ASC provides is that of its group's needs. If a group may have a situation in which it has not been able to handle on its own, that group may come to the ASC for help.

Another function of an ASC is to help newly formed groups get started, by providing starter kits consisting of a Basic Text, Readings, and Information Pamphlets.

If groups are in need of guidance and help in for a particular problem, the ASC may develop workshops or seminars to help members.

Although NA service committees and subcommittees are directly responsible to the groups that created them, each group is responsible for communicating its needs to its respective Area Service Committee and to support financially and humanly the services that the committees have been asked to provide.

It is important to understand that home groups do not answer to Area. Area is a support effort for home groups.

GSR Responsibilities to the ASC

You need to attend the Area meeting. As you participate in and become familiar with the Area meeting, your service responsibility will become clearer. If a GSR or another representative of your group can not attend an ASC meeting, a Group Report Form may be filled out and mailed to the PO Box. A report form is considered another means for the group to participate with Area Service, although it is not as effective as being at the meeting in person.

GSRs remember, what is included in the group report form will appear in the minutes. So if your home group is doing something special, include it on the form as well as share it at Area to get the word out.

Whereas home groups are fully self-supporting (7th Tradition), the ASC is dependant on its groups donating monies for operating expenses, such as; the helpline, rent for ASC meetings, literature for hospitals and institutions, activities for its members. It is encouraged that you ask what your home group can donate to Area to help pay for the expenses of the tasks Area carries out.

What are Trusted Servants?

Some members of NA may wish to continue their service to Area, though not as a GSR. Whereas GSRs are responsible to their home groups and not the Area, a trusted servant is responsible to the Area Service Committee and the groups it serves.

The following are trusted servant positions at SBASCNA, and their responsibility:

Chair – facilitates the ASC meeting.

Co-Chair – coordinates all subcommittees

Secretary – take accurate notes of the ASC meeting and distributes the minutes.

Co-Secretary – assists the secretary.

Treasurer – keeps track of all ASC money.

Co-Treasurer – assists the treasurer

Regional Committee Member (RCM) – acts as a liaison between the ASC and the Michigan Regional Service Meeting.

Alt-RCM – Assists the RCM

What is an area subcommittee?

The area also has several subcommittees that have specific tasks. Each subcommittee has one Chair that is elected by the home groups.

Following is a brief description of each subcommittee:

Activities - Manages events such as picnics, dances, campouts, and game nights to name a few

Hospitals & Institutions – Coordinates all meetings into detox centers, treatment centers, jails and prison.

Literature - Reviews new NA literature that is being proposed for distribution to the entire NA fellowship

Policy & Administration – Consists of the Trusted Servants and works together to update ASC guidelines and manages procedural events.

Public Relations - Shares information with the public, professionals and schools about NA. Carries NA meetings into institutions such as treatment centers, jails, prisons and hospitals. Also, manages the helpline and members who volunteer to take calls

When & Where

The Saginaw Bay Area of NA meets:
3rd Sunday of each month at 2:00pm.

The meeting location is:
Zion Evangelical Lutheran Church
545 7th St, Freeland, MI 48623.

***Group Service
Representative
Pamphlet***



***Saginaw Bay Area of
Narcotics Anonymous***

Saginaw Bay Area of Narcotics Anonymous
PO Box 51, Bay City, MI 48708
www.michigan-na.org/saginaw