

SBASCNA MEETING MINUTES

May 19, 2019

Freeland, MI

OPENING: Meeting opened 2:08 pm with a moment of silence followed by the Serenity Prayer.

NEWCOMERS to AREA: None

READINGS:

Twelve Traditions – Matt F.

Twelve Concepts – Debra B.

Purpose, Functions, and Responsibilities of ASC – Tina G.

NA World Service Vision – Karen A.

ROLL CALL: 15 Groups Represented (See attached SBASCNA ATTENDANCE RECORD)

ACCEPTANCE of MINUTES: April minutes were accepted with no changes.

NOMINATIONS & ELECTIONS: All Area Positions are filled

TRUSTED SERVANTS REPORTS: At our meeting today we discussed what literature might be ordered, Bryan H. said that he was still waiting for the guidelines to be passed and more input from the groups on what literature they carried and would like Area to carry. This process would be discussed during the ASC meeting by Bryan H. We also discussed and would like the Sub-Committee Chairs to complete a Goals Sheet for their committee. Our hope is that this will give us some deeper direction on where to carry the message and help the Sub-Committee's to establish an annual budget. We also discussed Sub-Committee Chairs to look at their meeting time and place. The hope is that with a consistent meeting time and places will help to get more members involved. A Guideline change motion will address this under new business.

Secretary: If there is anyone that isn't receiving the minutes please make sure to get your email address to me, printed very clearly. If you have a Home Group or Trusted Servant report please email to me, or fill out the appropriate form legibly. Also, if you would please pass on to your Home Group members or any other NA member; if anyone would like the Area Minutes emailed to them please send their email address to next month's meeting or email it to me. ILS, George S.

Treasurer: (Detailed Report Attached)

In the month of April the monthly donation to Region was over in the amount of \$24.50. A motion was made by Bryan H. to forgive this amount, seconded by Mike H. Motion passed unanimously.

Hello family, I have attached this month's Treasury report to the minutes. I will also have hard copies at the May meeting. Previous balance was \$4113.00 with assets of \$215.00 and expenses of \$141.15. This leaves us with a balance of \$4186.85. Thank you for letting me be of service. In loving service, Mike H.

RCM-Ait: Hello family, addict named Pete. Attached to this report is the flyer for next month's regional meeting in Muskegon. As before mentioned, it's been requested we bring hard copies of the flyers for events in our area to the regional meeting. I've begun collecting them and will deliver what we receive next month. Also, the RCM and I are continuing to travel to meetings in the our to collect information on how the region can be of more benefit to the area.

SUBCOMMITTEE REPORTS:

H&I: Dot: Roy O. chairs this meeting every other Monday at 7pm. Tammie O. just spoke with me about starting it for women, more be revealed about day and time when she gets back with me. Tri-cap: women Karen A. chairs this meeting first Thursday of every month along with Tina G. Men: is chaired by Danny D. Holly cross: I spoke with Shelly P., she is waiting to hear back from them. Bay County jail: Chaired by Al L.

for the men on Tuesday 8 to 9:15 once a month. Women are needed to chair a meeting at the jail. Midland County jail: Meeting for men Chaired by Brian H. every other week. 10:16 has been being chaired by Joel H., who has been looking for the willingness of someone to step up and take over chairing the meeting. ILS Travis F.

Public Relations: Greetings, Have not received any further reports from the helpline so I can only assume that it has received no phone calls. I have had our most recent met. Lists printed and I'm requesting a reimbursement to the prudent reserve in the amount of \$79.65. (I used a coupon for 15% of printing that I received for this month's printing). I am looking for date and time to hold a regular monthly Public Relations meeting and will provide it to the service body. Due to the lack of helpline activity I will be focusing on options for getting the new number out into the public and would appreciate any input. In Loving Service, Karen A.

Retreat: We had another successful retreat this year which was attend by 114 people, including 21 people who were able to go for half price. We don't have a final bill from the DNR, so we don't have a donation yet. If anyone has suggestions for next year's retreat, please let me, or any other committee member, know. In Service, Lisa G.

Web Servant: Website has been updated with minutes and flyers. There has been one revision to the meeting list including; Removing Gladwin's, Thursday Acceptance is Freedom and Serenity. If anybody would like flyers, events, or meeting changes added to the website please email at litwi1rm@gmail.com. Please, wherever possible send flyers in PDF format. I have also been keeping track of website/meeting changes on a shared spreadsheet that can be viewed here: goo.gl/aHVK6M ILS Ryan

Activities: Next Committee Meeting; May 20, 2019 @ 6:30 pm / Unity HG Meeting Location. We plan to have an event on June 22nd but undecided on a picnic/beach party in our area or carpool to a picnic in Grand Rapids. More will be revealed soon. Haven't had an event since April 6th therefore there is no financial report. ILS, Tina G.

Literature: Next Committee Meeting; After each ASC Meeting. Nothing new to report at this time. We still have one group starter kit. I am waiting to spring into action if the groups approve the literature subcommittee guidelines that were sent to groups last month. Still seeking input from groups about which supplies your group would purchase from ASC. ILS, Bryan H.

GROUP REPORTS: (**15 Home Groups Present** / those who turned in reports below)

Acceptance Is Freedom and Serenity: Attendance has been low so we decided to close our Thursday night meeting, effective 5-16-19. We will only have a meeting on Tuesdays @ 6:30 pm. We have no donations and would love some support. ILS, Susan S.

Surrender Our Lives: Next Home Group Business Meeting; 6/3/19 @ 6:30 pm. Group Donation: \$20.00. Our Monday meetings are reading out of the Living Clean Book. Our Saturday Meetings are reading the stories in the back of the Basic Text. May 20th we will have an open speaker meeting, Patrick N. @ 7:00 pm. We are planning our picnic for June 22nd, no time or place yet.

Survival: Next Home Group Business Meeting; 5/28/19 after the regular meeting. Group Donation: \$40.00. We have a meditation meeting on the 1st and 3rd Tuesday as well as a closed meeting. The 2nd Tuesday of each month we have an open meeting, as well as a closed meeting. We are currently reading from the Living Clean Book.

Unity: Next Home Group Business Meeting; 6/16/19. Group Donation: \$0.00. We voted yes on all the motions. We are having a cornhole tournament fundraiser on June 8th to help raise money for our annual

picnic on July 13th. June 8th flyers are circulating and are posted on Tri City Fellows and Journey Continues.

Willing to Make the Effort: Next Home Group Business Meeting: 6/14/19 @ 7:15 pm. Group Donation: \$50.00. We voted yes to all motions.

Attitude of Gratitude: Next Home Group Business Meeting; 6/13/19. Group Donation: \$0.00. Things are going well and outside meetings have officially begun. We have a lot of members celebrating with two members at one year and one member at two years and one member at seven years. We continue to give books to newcomers and have been seeing a strong newcomer presence.

Common Welfare: Next Home Group Business Meeting; 6/13/19. Group Donation: \$0.00. Good afternoon, the Common Welfare group is steady. Attendance is strong; however, 7th Tradition is dwindling. I am actively encouraging home group members to be more active in home group service as I am going to a new home group at the end of this month. In Loving Service, Josh D.

A Gathering Of Men & Women: Next Home Group Business Meeting; 6/16/19. Group Donation: \$20.00. The meeting is going well; we have at least 4 or more people a week.

The House: Next Home Group Business Meeting; 6/19/19. Group Donation: \$5.00. The groups is doing well, attendance is good.

New Awakenings: Next Home Group Business Meeting; TBA: Group Donation: \$0.00. Looking at changing or cutting back on donuts to cover costs like church donation and area in the future. Group supports motion to order literature and pick up at Area. ILS, TK

A Deeper Level: We are doing well. Our event was a success, we had about 15 visitors and made a surplus with funds. We will be using the money raised to buy NA literature and give it away to the public. We are not sure yet how, but that is where our funds will be going. Overall, our group is growing. We now have 3 active home group members who take turns opening and closing the meeting. We alternate between step writing and meditation weekly. In loving service, Brooke B

OLD BUSINESS:

- a) Past RCM money of \$150.00. Roy has continued to call but doesn't receive any answer now. George S. has volunteered to reach out and see if we can get a resolution.
- b) Motions: 031-19 / 032-19 / 033-19 / 034-19 / 035-19 (All motions passed unanimously, see attachment)

NEW BUSINESS:

- a) Sub-Committee Goals Sheet – Chair Patrick N. share that in an effort to get more members involved and to help Sub-Committees to gather additional direction to carry the message to addicts we are asking that each Chair complete the goals sheet. George S. passed around the sheet.
- b) Sub-Committee Annual Budget proposals – It was shared by Patrick N. and others that once goals were in place, it would then help the committees to set budgets.
- c) Sub-Committee meeting time and place. Discussion took place that if each of the committees had a monthly meeting that was at the same time and place it would also help to get more members involved. We also discussed that we could then put it on the meeting lists and web site. **(See attached Motion #036-19)**

OPEN FLOOR: No open floor discussion brought to the table.

CLOSE: Meeting closed at 3:25 pm with we version of the Serenity Prayer.

FLYERS & MEETINGS: If any committees have flyers or meetings they would like posted to the SBASCNA Website send to litwi1rm@gmail.com (PDF FORMAT)

FLYERS & MEETINGS: If any committees have flyers or meetings they would like posted to the Regional Website send to m spatik@yahoo.com (PDF FORMAT)

NEXT SBSCNA MEETING

June 16, 2019 in Freeland @ 2:00 pm - Done

NEXT Policy & Administration Meeting

June 16, 2019 in Freeland @ 12:00 pm – 1:45 pm

HOME GROUP ACTION ITEMS

- Motion #036-19 to be voted on
- Estimate what Literature Items, including key tags and medallions your group uses monthly to help stock the inventory for the initial purchase of literature
- If anyone would like to be on the NA Phonenumber list contact PR Chair, Karen A.
- If anyone would like Area Minutes emailed to them get your email address to the Area Secretary, George S.

NEXT SBSCNA MEETING

June 16, 2019 in Freeland @ 2:00 pm - Done

NEXT Policy & Administration Meeting

June 16, 2019 in Freeland @ 12:00 pm – 1:45 pm

NEXT Literature Subcommittee Meeting

June 16, 2019 in Freeland @ After Area Meeting

Group Name		Group Name		Month/Year:
12 STEPS TO FREEDOM		SERENITY NOW		May-19
A DEEPER LEVEL		SUNDAY AT A TIME		
A GATHERING OF MEN AND WOMEN	\$20.00	SUNDAY SERENITY		Submitted by:
ACCEPTANCE IS FREEDOM		SURRENDER OUR LIVES	\$ 20.00	MIKE H. & Randy G.
ATTITUDE OF GRATITUDE		SURVIVAL	\$ 40.00	
CLARE MEETING		THE HOUSE	\$ 5.00	
CLEAN AND SERENE		TOGETHER WE CAN DO IT		
COMMON DESIRES		UNITY		
COMMON GROUND		WE'RE NOT UNIQUE		
COMMON WELFARE		WHATEVER IT TAKES		
DESIRE TO CHANGE		WILLING TO MAKE THE EFFORT	\$ 50.00	
DOWN WITH DISEASE		12 STEPS FORWARD	\$ 20.00	
EAST SIDE				
FREEDOM GROUP				
GRATITUDE NOT ATTITUDE		Total Group donations	\$ 215.00	
GRACIOUSLY FORGIVEN		Any additional income		
H.O.W.		RETREAT COMMITTEE		
HOW IT WORKS		ACTIVITIES DONATION		
HOPE IN HALE				
HUGS NOT DRUGS				
I CAN'T WE CAN				
IF YOU WANT WHAT WE HAVE				
IN THE SOLUTION		Monthly expenses		
IT WORKS HOW AND WHY		PUBLIC RELATIONS	\$ 79.65	
JUST FOR TUESDAY		H&I		
JUST FOR TODAY		ACTIVITIES		
JUST STAY ITS EASIER		AREA RENT	\$ 35.00	
KEEP IT SIMPLE (OWOSSO)		CENTURY LINK		
LEARNING TO LIVE		INTERNET BANKING FEE	\$ 5.00	
LET GO LET GOD	\$ 10.00	KING COMMUNICATIONS		
LIVING THE DREAM		LITERATURE		
LIVING CLEAN		PO BOX		

ENDANGERED SPECIES		REGION DONATION (10% OF GROUP)	\$ 21.50	
MEETING IN A BAG		RCM/ALTERNATE RCM		
NEXT EPISODE		AD HOC		
NEVER ALONE	\$ 10.00	TREASURER		
NEW ATTITUDES		OUTREACH		
NEW AWAKENINGS		SECRETARY		
NEW LIFE		TOTAL EXPENSES	\$ 141.15	
NEW WAY OF LIVING				
NO FEAR				
NO MATTER WHAT		Previous Balance	\$ 4,113.00	\$ 4,113.00
PRIMARY PURPOSE		Monthly assets	\$ 215.00	
RECOVERY ZONE	\$ 40.00	Monthly expenses	\$ 141.15	
Total donations	\$ 80.00	Ending Balance	\$ 4,186.85	\$ 4,186.85

Motion #036-19 – Motion brought forward by the P&A committee.

Motion: To make the following changes to our current SBASCNA Guidelines.

Intent: To bring consistency and provide better communication and improved participation in sub-committees.

Current Guideline Wording	Proposed Guideline Changes
<p>9. <u>Subcommittee Chairs</u></p> <p><i>b. Duties</i></p> <p>(v) Hold committee meetings on a regular basis.</p>	<p>9. <u>Subcommittee Chairs</u></p> <p><i>b. Duties</i></p> <p>(v) All Sub-Committees, with the exception of Web Servant and Retreat Committee, will hold a “Primary Monthly Meeting” at a specified location, date and time. Additional Sub-Committee meetings, as needed, may also be scheduled between the monthly primary meetings.</p>

Motion #031-19 – Motion brought forward by the P&A committee.

Motion: To make the following changes to our current SBASCNA Guidelines.

Intent: To make the same and consistent with the proposed Literature Guideline Changes.

PASSED UNANIMOUSLY

Current Guideline Wording	Proposed Guideline Changes
<p>9. Subcommittee Chairs</p> <p>a. <i>Qualifications</i></p> <p>(i) Minimum of one year continuous abstinence, other than the PR Chair who will need to have a minimum of two years continuous abstinence. <i>See additional qualifications for Web Servant under Web Site Committee.</i></p>	<p>9. Subcommittee Chairs</p> <p>b. <i>Qualifications</i></p> <p>i. Minimum of one year continuous abstinence, other than the PR Chair and Literature Chair who will need to have a minimum of two years continuous abstinence. <i>See additional qualifications for Web Servant under Web Site Committee.</i></p>

Motion #032-19 – Motion brought forward by the P&A committee.

Motion: To make the following changes to our current SBASCNA Guidelines.

Intent: To provide a useful and direct service to Groups and members through the direct sale of literature and other Narcotics Anonymous materials. This process will allow Groups to purchase literature at cost, without paying for shipping and handling.

PASSED UNANIMOUSLY

Current Guideline Wording
<p>1. Literature Committee</p> <p>a. This committee will consist of Chair and any NA member who wishes to carry the message of recovery.</p> <p>b. The primary purpose of this committee is to schedule events, such as review proposed literature from the WSC and provide feedback to the WSC about literature.</p> <p>c. The Prudent reserve is established at \$100.00, and may request more funds from ASC as needed.</p> <p>d. Literature Chair Duties:</p> <p>(i) Give monthly report of committee's events, including an itemized financial report, at ASC meetings.</p> <p>(ii) Keep an open line of communication between home groups and WSC.</p> <p>(iii) Have proposed literature available and schedule workshops, discussion, and/or review meetings as necessary.</p> <p>(iv) Keeps a supply of Starter Kits for new groups joining the SBASCNA. The Starter Kits shall include:</p> <ul style="list-style-type: none">• One (1) used Basic Text• Fifty (50) IPs• Two (2) Introduction to NA Books• One (1) Just For Today Meditation Book• Twenty (20) Keytags• The Group Booklet• One (1) "Group Service Representative Pamphlet" for the SBASCNA

2. Literature Committee

- e. This committee will consist of Chair, Co-Chair and any NA member who wishes to carry the message of recovery.
- f. Subcommittee chair shall have minimum 2 years clean time and 1 year service with the Saginaw Bay Area.
- g. Subcommittee co-chair shall have a minimum 18 months clean time and 6 months service with the Saginaw Bay Area.
- h. The purpose of this committee;
 - 1. Schedule events, such as review proposed literature from the WSC and provide feedback to the WSC about literature.
 - 2. Stock NA approved literature for sale to the NA Home Groups of the Saginaw Bay Area.
- i. The Prudent reserve is established at \$100.00.

3. Literature Chair Duties:

- (v) Give monthly report of committee's events, including an itemized financial report, at ASC meetings.
- (vi) Keep an open line of communication between Area Service Committee and World Service Conference.
- (vii) Have proposed literature available and schedule workshops, discussion, and/or review meetings as necessary.
- (viii) Keeps a supply of Starter Kits for new groups joining the SBASCNA. The Starter Kits shall include:
 - One (1) Basic Text
 - Fifty (50) IPs
 - Two (2) Introduction to NA Books
 - One (1) Just For Today Meditation Book
 - Twenty (20) Keytags
 - The Group Booklet
 - One (1) "Group Service Representative Pamphlet" for the SBASCNA
- (ix) Make literature and group supplies available for purchase at the ASC meeting.

3 Literature Purchase and Sale process:

- (A) All transactions will only take place at the scheduled time adjacent to the monthly ASC meeting.
- (b) Stock will be maintained in a locked storage receptacle and stored at the location of the ASC meeting, or other suitable location pre-determined by the P&A Sub-committee.
- (c) Each sale will be documented on a standard inventory form to include item name/description, quantity, price per unit, total per item, and total order cost. Funds must accompany all orders at the time of purchase.
 - (i) Orders may be placed for literature and supplies not in stock by following the same process outlined above.
 - (ii) All order forms will be retained by the literature subcommittee for record keeping and purposes. Receipts for the total sales amount will be issued to purchasers.
- (d) Total sales and inventory status will be reported at each ASC meeting.
- (e) Sales prices will be determined by the net cost incurred by the SBASCNA to place each

item into stock. The SBASCNA will cover the cost for shipping, handling, and tax.

- (f) Funds from sales will be given to the treasurer at each ASC meeting, and the transaction totals will be reported in the minutes of that ASC meeting.
- (g) A “net 30” account is established with NAWS for the purposes of placing orders, then the ASC treasurer will be given any outstanding statement/bill at each ASC meeting for payment to NAWS.
- (h) For the purchase and sale of literature \$2,000.00 will be earmarked and retained in the ASC bank account. This amount will be replenished at the end of each SBASCNA Meeting.

Motion #033-19 – Motion brought forward by the P&A committee.

Motion: To make the following changes to our current SBASCNA Guidelines.

Intent: To assure that we have a clear understanding of quorum is when voting at Area Meetings.

PASSED UNANIMOUSLY

Current Guideline Wording	Proposed Guideline Changes
<p>VII. Voting and Motion Procedure A quorum shall consist of member groups present.</p>	<p>VII. Voting and Motion Procedure A quorum shall consist of member groups present. For the purpose of voting, abstentions will be subtracted from the quorum total. If you are here representing your HG you have a responsibility to vote, yes / no / abstain.</p>

Motion #034-19 – Motion brought forward by the P&A committee.

Motion: To make the following changes to our current SBASCNA Guidelines.

Intent: To assure that we have a clear understanding of quorum is when voting at Area Meetings.

PASSED UNANIMOUSLY

Current Guideline Wording	Proposed Guideline Changes
<p>7. <u>Regional Committee Member</u> <i>a. Duties:</i> (i) An established Prudent Reserve of \$200.00 to cover travel, food and lodging expenses. Food reimbursement will not exceed \$40.00 per day. All receipts must be submitted at the next scheduled Area Service Committee Meeting.</p>	<p>7. <u>Regional Committee Member</u> <i>a. Duties:</i> i. An established Prudent Reserve of \$200.00 will be disbursed to the RCM at the Area Meeting prior to the next scheduled Regional Meeting. Money is to cover travel, food and lodging expenses. Food reimbursement will not exceed \$40.00 per day. All receipts and excess money must be submitted to the Area Treasurer at the next scheduled Area Service Committee Meeting after Regional Meeting.</p>

Motion #035-19 – Motion brought forward by the P&A committee.

Motion: To make the following changes to our current SBASCNA Guidelines.

Intent: To assure Trusted Servants have money for duties and to allow ASC to keep money more accountable.

PASSED UNANIMOUSLY

Current Guideline Wording	Proposed Guideline Changes
<p>8. <u>Alt-Regional Committee Member</u> <i>b. Duties:</i> (viii) An established Prudent Reserve of \$200.00 to cover travel, food and lodging expenses. Food reimbursement will not exceed \$40.00 per day. All receipts must be submitted at the next scheduled Area Service Committee Meeting.</p>	<p>8. <u>Alt-Regional Committee Member</u> <i>b. Duties:</i> (viii) An established Prudent Reserve of \$200.00 will be disbursed to the Alt-RCM at the Area Meeting prior to the next scheduled Regional Meeting. Money is to cover travel, food and lodging expenses. Food reimbursement will not exceed \$40.00 per day. All receipts and excess money must be submitted to the Area Treasurer at the next scheduled Area Service Committee Meeting after Regional Meeting.</p>

HOME GROUPS	Jan-19	Feb-19	Mar-19	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19
12 STEPS TO FREEDOM	P	A	A	A	A							
12 STEPS FORWARD	P	P	P	P	P							
A DEEPER LEVEL	A/R	A/R	A	A	A/R							
A GATHERING OF MEN AND WOMEN	A/R	P	A	P	P							
ACCEPTANCE IS FREEDOM	A	A	A	A	A/R							
ATTITUDE OF GRATITUDE	P	P	P	P	P							
CIRCLING THE SQUARE		P	P	P	A							
CLARE MEETING	A	A	A	A	A							
CLEAN AND SERENE	A	A	A	A	A							
COMMON DESIRES	P	P	P	P	P							
COMMON GROUND	A	A	A	A	A							
COMMON WELFARE	P	P	A/R	P	P							
DESIRE TO CHANGE	A	A	A	A	A							
EAST SIDE	A	A	A	A	A							
FREEDOM GROUP	A	A	A	A	A							
GRATITUDE NOT ATTITUDE	A	A/R	A	A	A							
GRACIOUSLY FORGIVEN	A	A	A	A	A							
H.O.W.	P	A	P	P	A							
HOW IT WORKS	A	P	P	P	P							
HOPE IN HALE	A	P	A	A	A							

HUGS NOT DRUGS	A	A	A	A	A							
I CAN'T WE CAN	A	A	A	A	A							
IF YOU WANT WHAT WE HAVE	A	A	A	A	A							
IN THE SOLUTION	A	A	A	A	A							
IT WORKS HOW AND WHY	A	A	A	A	A							
JUST FOR TUESDAAY	A	A	A	P	A							
JUST FOR TODAY	A	A	A	A	A							
JUST STAY ITS EASIER	A	A	A	P	A							
KEEP IT SIMPLE (OWOSSO)	A	P	A	P	A							
LEARNING TO LIVE	A	A	A	A	A							
LET GO LET GOD	P	A/R	A	P	P							
LIVING THE DREAM	P	A	A	A	A							
LIVING CLEAN	A	A	A	A	A							
ENDANGERED SPECIES	A	A	A	A	A							
MEETING IN A BAG	A	A	A	A	A							
NEXT EPISODE	A	A	A	P	A							
NEVER ALONE	P	P	P	P	P							
NEW ATTITUDES	A	A	A	A	A							
NEW AWAKENINGS	P	P	A	P	P							
NEW LIFE	A	A	A	A	A							
NEW WAY OF LIVING	A	A	A	A	A							

