

# SBASCNA MEETING MINUTES

November 17, 2019

Freeland, MI

**OPENING:** Meeting opened at 2:03 pm with a moment of silence followed by the Serenity Prayer.

**NEWCOMERS to AREA:**

**READINGS:**

**Twelve Traditions** – Chuck S.

**Twelve Concepts** – Chris S.

**Purpose, Functions, and Responsibilities of ASC** – Katie M.

**NA World Service Vision** – Robin R.

**ROLL CALL:** 17 Voting Groups Represented

(See attached SBASCNA ATTENDANCE RECORD)

**ACCEPTANCE of MINUTES:** October minutes were approved

**NOMINATIONS & ELECTIONS:**

**TRUSTED SERVANTS REPORTS:**

**Chairperson / Policy & Administration:**

Discussed goals for sub-committees and ways to help sub-committees set goals and get more people involved in the sub-committees..

If you're a Sub-committee Chair and want some help please let us know we we'll try to get some help.

Holding a learning day in coordination with activities this would be a free fun night. Possible date of February 1, 2020, more will be revealed by Activities committee.

Next P&A will be at 1:00 pm, December 15<sup>th</sup>, before area meeting. ILS, Roy O.

**Secretary:** If you have a Home Group or Sub Committee report please email to me, or fill out the appropriate form legibly. The Area Guidelines have been updated with all the motions that were passed over the last several months, and all formatting has been completed. I emailed them to everyone on 11/15/2019 and I will again attach them with the emailing of the November minutes. I have a few copies here today for anyone that doesn't have the ability to print their own.

**Treasurer:** (Detailed Report Attached)

Hello family, I have attached this month's Treasury report to the minutes. I will also have hard copies at the December meeting. Previous balance was \$3,167.94 with assets of \$1,601.81 and expenses of \$720.78.

This leaves us with a balance of \$4,048.97. In loving service, Mike H.

**RCM & RCM-ALT:** Hello family, the is the RCM/RCM Alt report. There's really nothing new to report from previous dates in regards to the minutes from the last region meeting. The treasurer indicated that the 7th tradition balance is \$12,775.07. Also, the first draft of the Spiritual Principle A Day book has been completed. The RDA also reports that The Guiding Principles book sales have declined quicker than estimated. She also reports that while NA is still growing around the globe, growth in Canada and the US has become stagnant. The exiting MRCNA chair's report stated that 498 was the number of attendees for the convention and that pre-registration was at an all-time high. The newcomer speaker jam was also a success with 17 participants.

\*\*\*There was some discussion that the minutes from regional meeting are not coming quick enough for the Areas to be involved in some of the events that might be taking place around our Region. Our area would like to know what the timeframe is for the minutes to be posted and emailed after the Regional Meeting.

In loving service, Pete S.

## **SUBCOMMITTEE REPORTS:**

### **H&I:**

There was some discussion about the 1016 Wednesday meeting. Bryan H. shared that he talked to Matt and he has the willingness to continue chairing and Bryan will assist him in getting speakers.

Bay County Jail - Tom C., Brandon K. and Drew B. Second Wednesday of every month at 8pm

Tri-cap Women - Karen A., Jordan W. 1st Thursday of every month men-Danny d.

Midland co jail...none

D.O.T. - Roy O. Greg W. Men and women every other Monday at 7pm

Holly cross...none

Saginaw co jail....none

In loving service, Travis F.

### **Public Relations:**

Greetings,

After a few face to face introductions, I have emailed my contact information to them in the hopes of future invites for the PR table. I have our most recent meeting lists printed and available here today. I am requesting a reimbursement to the prudent reserve in the amount of \$95.40. Since setting a committed, regular date and time for the PR sub-committee meeting attendance has not improved. I am, in response to this going to change the date and time, more will be revealed once this is confirmed. I also plan to do a flyer for the PR committee and the meetings to encourage participation. ILS, Karen A.

### **Retreat:**

Greetings,

Next Committee Meeting, November 18, 2019, 6:00 pm before the Unity meeting in Bay City. If your interested in service you're welcome to come on out and join us.

We have our theme, "Our Compass Of Life, Guiding Our Path" and our graphic is being finalized. If is the committees hope to have registration and merchandise forms ready to distribute by December. We are also pursuing the committee becoming a non-profit. ILS, Karen A.

### **Web Servant:**

The website has been updated with minutes, meeting updates and updated Area Guidelines.

I've been out of town for the last week with a new job and have a few pending updates that I will be completing in the next couple days. ILS, Ryan L.

### **Activities:**

The Halloween dance was 10-26-19 and was a big success. The turnout was great and everyone seemed to have a good time. Jeremy T spoke and shared a great message. We were able to make a donation of \$699.93 to Area. There was an activities committee meeting on 11-15-19 at Trinity Episcopal Church. The turnout was great. Upcoming events, primarily Sanity Bash were discussed. Sanity Bash will be held 12-28-19. All other details are to be announced soon. The next activities committee meeting will be 12-6-19 at 7pm at Trinity Episcopal Church in Bay City.

### **Literature:**

**Next Committee Meeting:** Sunday after the ASC meeting

Last month we sold \$324 worth of supplies, which were fulfilled after the ASC meeting and the funds given to the treasurer that day. I placed an order for \$243.88 to re-stock items and for special order items (which will be purchased today). . The invoice sent by NAW\$ reflected correctly calculated shipping and handling costs, which place the cost to the ASC at \$26.13 for this month. The past two months have seen sales to groups exceed our NAW\$ account limit (of \$250), which has resulted in lower stocks of inventory (and some groups receiving smaller quantities than request for some items). In response to this trend I requested and received an increase in our NET30 spending limit to a total of \$350. This increased credit limit will NOT eliminate the issue of insufficient inventory for some items but will hopefully lessen the effect.

I would like to ask the larger and more financially endowed groups to please spread large orders across a couple of months in order to help maintain inventory availability for all of the groups. When this project was proposed it was not intended as a way for groups with fat treasuries to stockpile supplies. It was envisioned as a simple way for groups with smaller (7<sup>th</sup> tradition) treasuries to make Narcotics Anonymous literature and group supplies available for members and newcomers.

We have order forms available today and the form is also on our website. I have sent an Excel version of the form to the web servant for posting, and this version will total the cost of your items for you (if you have Excel or an open source equivalent program).

NAWS has posted the second batch of Review and Input material for the Spiritual Principle A Day book project and the materials may be accessed, reviewed, and input submitted by going to [www.na.org/spad](http://www.na.org/spad). The deadline for input on these items is March 2020. I have printed a copy of this material and have it available for review. I printed this material at home and my best conservative estimate of the cost to print this material is \$5, which brings the prudent reserve that I hold is \$95. I am NOT seeking reimbursement for this expense. We still have one starter kit assembled and the literature to make more as needed. ILS, Bryan H.

### **GROUP REPORTS:**

**Survival:** Next Home Group Business Meeting; 11/26/19 after the regular meeting. Group Donation: \$40.00. We have a meditation meeting on each week as well as a closed meeting. The 2<sup>nd</sup> Tuesday of each month we have an open meeting, as well as a meditation meeting. We Just began reading from the Living Clean Book. Our tentative date Holiday Dinner date is December 17<sup>th</sup>, flyer to be out soon.

**A Gathering Of Men & Women:** Next Home Group Business Meeting; TBD. Group Donation: \$20.00. The group is going well and we have at least 5 or 6 people per week, sometimes more.

**Attitude of Gratitude:** Next Home Group Business Meeting; 12/12/19. Group Donation: \$0.00. Our meetings continue going strong, with regular attendance at all 4 meetings. This month we have had members celebrate 4 years, 2 with once year, and 16 years. We are grateful to a fellow home group for allowing our one year members to celebrate at their meeting because of issue beyond our control. On November 28<sup>th</sup> the Home Group will be hosting our 7<sup>th</sup> annual free Thanksgiving dinner. Our 7 pm meeting that night will be an open meeting. A flyer was sent to the web servant and we look forward to it posting and to a wonderful event. In Loving Service, Karen A.

**Surrender Our Lives:** Next Home Group Business Meeting, 12/2/19, Group Donation: \$20.00.

**New Awakenings:** Next Home Group Business Meeting, Saturday before next ASC, Donation: \$10.00. Nothing new to report this month.

**Willing To Make The Effort:** Next Home Group Business Meeting, 12/13/19 @ 7:15PM, Donation \$75.00.

**Unity:** Next Home Group Business Meeting, 12/9/19 after meeting, Group Donation: \$0.00. We will be having a Literature Fundraiser Trivia Night, 11/23/19 @ 5:00 pm. with pizza and Trivia to begin at 6:30 pm. Will be held at Trinity Episcopal Church, Bay City. (See Attached Flyer)

**H.O.W.:** Next Home Group Business Meeting, 12/13/19, Group Donation: \$20.00.

**Recovery Zone:** Next Home Group Business Meeting, 12/12/19, Group Donation: \$30.00. Still going strong in Mt Pleasant, with average of 5 – 7 in attendance. Still open topic closed meeting from 6:30 pm – 7:45 pm.

**Hope In Hale / Gratitude not Attitude / H.O.W. We Recover:** All groups holding on with 3 – 7 regular attendees'. Low on funds but holding our own.

**Never Alone:** No report turned in, Donation: \$10.00.

**Common Welfare:** Next Home Group Business Meeting, 12/12/19, Group Donation: \$5.00.

**Just Say, Its Easier:** Next Home Group Business Meeting, TBD, Group Donation: \$0.00. We're having issues with transportation to make it monthly, se are working on making it every other month to Area.

**Let Go Let God:** Next Home Group Business Meeting, 11/18/19, Group Donation: \$25.00. **Group has moved to 1205 5<sup>th</sup> Street, Saginaw, MI.** We meet every Monday, Tuesday and Friday from 10:00 am to 11:30 am.

**Clean and Serene:** Next Home Group Business Meeting, TBD, Group Donation: \$0.00.

**The House:** Next Home Group Business Meeting, 12/12/19, Group Donation: \$0.00. Meeting attendance is good, all is well.

**Primary Purpose:** Next Home Group Business Meeting, 11/29/19, Group Donation: \$0.00. Meet every Wednesday @ 7:00 pm.

**Ties That Bind Us:** Next Home Group Business Meeting, 12/2/19, Group Donation: \$0.00.

### **OLD BUSINESS:**

- a. Past RCM money of \$150.00 not returned to Area as was committed to last month. George has attempted communication but is no longer receiving any response to texts sent to her. One last text and/or email will be sent to her requesting that she pay the \$150.00. After this we will drop this with the hope that at some point in the near future she will return the \$150.00 of Area's money.
- b. Sub-committee Goals & Budget proposals – It was expressed to the Sub-committee chairs about the long discussion at the P&A meeting on how we might be able to help them with direction and additional committee members. We encourage the Sub-committee chairs to reach out and ask members to be involved and to attend the P&A meeting for support.
- c. Tri-Cap has asked if we would be willing to donate us some books for their library. They will keep track of them. Donations from members and HG's of used books for Tri Cap would also be greatly appreciated. After much discussion this was referred to the H&I Committee to proceed with a supply the books. Did this get taken care of? **Per the H&I Chair the books were purchased and delivered.**

### **NEW BUSINESS:**

NONE

### **OPEN FLOOR:**

- a. **Per Area Guidelines "VIII, 2 - Elections"** Chair, Co-Chair, Secretary, Co-Secretary, Treasurer and Co-Treasurer shall be nominated and elected each January and begin their duties in February. Discussion: Bryan H. asked the Co's if they were prepared and had the willingness to move into the Chair position in January if elected. Co Chair and Co Treasurer both shared that they were ready and had the willingness. George shared that the Co Secretary didn't have the willingness to move into the Secretary position, as she shared with she took the position. Current Secretary George shared that he had the willingness to continue as Secretary for another year if elected, but would like to have someone step up with the willingness to learn the position and take it over the following year.

If those positions are filled by the Co's and current Secretary then we will be looking to fill the following positions: **Co-Chair / Co-Treasurer / Co-Secretary**. Remember Nominations and Elections will take place in January for those positions.

Meeting adjourned with the Serenity Prayer @ 3:00 pm.

**FLYERS & MEETINGS:** If any committees have flyers or meetings they would like posted to the SBASCNA Website send to [SaginawBayArea@Michigan-NA.org](mailto:SaginawBayArea@Michigan-NA.org) (PDF FORMAT)

**FLYERS & MEETINGS:** If any committees have flyers or meetings they would like posted to the Regional Website send to [m spatik@yahoo.com](mailto:m spatik@yahoo.com) (PDF FORMAT)

**LITERATURE ORDERS:** The official email address for literature ordering and general use by the Literature Subcommittee is [SaginawLit@gmail.com](mailto:SaginawLit@gmail.com)

## **Home Group Announcements**

### **NEXT Policy & Administration MEETING**

December 15, 2019 in Freeland @ 1:00 pm

### **NEXT SBSCNA MEETING**

December 15, 2019 in Freeland @ 2:00 pm

## **Action Items – November 2019**

- **Home Groups:** please keep the most updated meeting list in your meeting. Many have meetings that don't exist, new meetings that aren't on the old lists, and any meeting list prior to March 2019 has the wrong phone number. Please, go to our Area Website and print off the new/current meeting list.
- **Nominations & Elections in January:**
  - Chairperson / Co Chairperson
  - Treasurer / Co Treasurer
  - Secretary / Co Secretary

Group Name		Group Name		Month/Year:
12 STEPS FORWARD		RECOVERY ON 6TH STREET		Nov-19
12 STEPS TO FREEDOM		RECOVERY ZONE	\$ 30.00	
A DEEPER LEVEL		SERENITY NOW		<b>Submitted by:</b>
A GATHERING OF MEN AND WOMEN	\$20.00	STEPPIN STRAIGHT		Mike H.
ACCEPTANCE IS FREEDOM		SUNDAY AT A TIME		
ATTITUDE OF GRATITUDE		SUNDAY SERENITY		
CIRCLING THE SQUARE		SURRENDER OUR LIVES	\$ 20.00	
CLARE MEETING		SURVIVAL	\$ 40.00	
CLEAN AND SERENE		THE HOUSE		
COMMON DESIRES		TIES THAT BIND		
COMMON GROUND		TOGETHER WE CAN DO IT		
COMMON WELFARE	\$ 5.00	UNITY		
DESIRE TO CHANGE		WHATEVER IT TAKES		
DOWN WITH DISEASE		WILLING TO MAKE THE EFFORT	\$ 75.00	
EAST SIDE		<b>Sub-Total HG Donations</b>	\$ 165.00	
FREEDOM GROUP		<b>Total Home Group Donations</b>	\$ 265.00	
GRATITUDE NOT ATTITUDE				
GRACIOUSLY FORGIVEN		<b>Any Additional Income</b>		
H.O.W.	\$ 20.00	ACTIVITIES DONATION	\$ 699.93	
HOW WE RECOVER		RETREAT COMMITTEE		
HOW IT WORKS		LITERATURE DONATION	\$ 636.88	
HOPE IN HALE		RCM Unused Prudent Reserve Returned		
HUGS NOT DRUGS				
I CAN'T WE CAN		<b>Total Additional Income</b>	\$ 1,336.81	
IF YOU WANT WHAT WE HAVE				
IN THE SOLUTION				
IT WORKS HOW AND WHY				
JUST FOR TUESDAY		<b>Monthly Expenses</b>		
JUST FOR TODAY		AREA RENT	\$ 35.00	
JUST STAY ITS EASIER		PUBLIC RELATIONS	\$ 95.40	
KEEP IT SIMPLE (OWOSSO)		HOSPITALS & INSTITUTIONS	\$ 120.00	
LEARNING TO LIVE		ACTIVITIES		
LET GO LET GOD	\$ 25.00	NAWS LITERATURE ORDER	\$ 243.88	
LIVING THE DREAM		RCM & RCM-ALT (Regional Mtg.)	\$ 200.00	

LIVING CLEAN		SECRETARY		
ENDANGERED SPECIES		TREASURER		
NEXT EPISODE		ASC P.O. BOX		
NEVER ALONE	\$ 10.00	REGION DONATION (10% OF GROUP)	\$ 26.50	
NEW ATTITUDES		LIT. PURCHASE - USED BASIC TEXT		
NEW AWAKENINGS	\$ 10.00			
NEW LIFE				
NEW WAY OF LIVING		<b>TOTAL EXPENSES</b>	<b>\$ 720.78</b>	
NO FEAR	\$ 10.00			
NO MATTER WHAT		<b>Previous Balance</b>	<b>\$ 3,167.94</b>	
ONE PROMISE		<b>Monthly assets</b>	<b>\$ 1,601.81</b>	
PRIMARY PURPOSE		<b>Monthly expenses</b>	<b>\$ 720.78</b>	
<b>Sub-Total HG Donations</b>	<b>\$ 100.00</b>	<b>Ending Balance</b>	<b>\$ 4,048.97</b>	







HOPE IN HALE	A	P	A	A	A	A/R	P	A	P	A	P	
HOW WE RECOVER	A	A	A	A	A	A	A	A	P	A	A	
HUGS NOT DRUGS	A	A	A	A	A	A	A	A	A	A	A	
I CAN'T WE CAN	A	A	A	A	A	A	A	A	A	A	A	
IF YOU WANT WHAT WE HAVE	A	A	A	A	A	A	A	A	A	A	A	
IN THE SOLUTION	A	A	A	A	A	A	A	A	A	A	A	
IT WORKS HOW AND WHY	A	A	A	A	A	A	A	A	A	A	A	
JUST FOR TUESDAAY	A	A	A	P	A	A	A	A	A	A	A	
JUST FOR TODAY	A	A	A	A	A	A	A	A	A	A	A	
JUST STAY ITS EASIER	A	A	A	P	A	P	A	A	A	A	P	
KEEP IT SIMPLE (OWOSSO)	A	P	A	P	A	A/R	A	A	A	A	A	
LEARNING TO LIVE	A	A	A	A	A	A	A	A	A	A	A	
LET GO LET GOD	P	A/R	A	P	P	A/R	P	A/R	A	A	A	
LIVING THE DREAM	P	A	A	A	A	A	A	A	A	P	A	
LIVING CLEAN	A	A	A	A	A	A	A	A	A	A	A	
ENDANGERED SPECIES	A	A	A	A	A	A	A	A	A	A	A	
MEETING IN A BAG / CLOSED	A	A	A	A	A	A	A	Closed	Closed	Closed	A	
NEXT EPISODE	A	A	A	P	A	A	A	A	A	A	A	
NEVER ALONE	P	P	P	P	P	P	P	P	P	P	P	
NEW ATTITUDES	A	A	A	A	A	A	A	A	A	A	A	
NEW AWAKENINGS	P	P	A	P	P	A	A	A	P	P	P	



MICHIGAN REGION OF NARCOTICS ANONYMOUS &  
MIDWEST ZONAL FORUM PRESENT

# MULTI-REGIONAL CAR/CAT WORKSHOP

Come learn about the Conference Agenda Report &  
Conference Approval Track.

## CROWN PLAZA GRAND RAPIDS

616-957-1770 | 5700 28th St  
SE, Grand Rapids, MI 49546

Use the code  
MCR for rate of  
\$85/night

**JANUARY 24-26, 2020**

**FRIDAY 5:00 PM- CAT WORKSHOP**

**SATURDAY 9:00 AM- CAR  
WORKSHOP**

**SUNDAY 9:00 AM- MZF MEETING**

All members are welcome to attend part  
or all of the events throughout the  
weekend. Come learn about what's  
happening at the world level and how  
we can give feedback!

**QUESTIONS? CONTACT SALLY @231-  
675-0601 OR RICK @313-670-8644**

