# SBASCNA MEETING MINUTES

**October 20th, 2024 Freeland, MI**

**OPENING**: Opened at 2:00 pm with a moment of silence followed by the Serenity Prayer.

## READINGS:

Purpose, Functions, and Responsibilities of ASC - Duane NA World Service Vision - Chip

The 12 Concepts of NA Service - Tabitha

**NEWCOMERS to AREA**: Bill, Lisa, and Jessica

**ROLL CALL:** 17 groups represented *(See attached SBASCNA ATTENDANCE RECORD)*

**ACCEPTANCE of MINUTES**: Approved Chip/Josh D.

## NOMINATIONS & ELECTIONS: None

**OPEN POSITIONS-PLEASE ANNOUNCE AT YOUR HOMEGROUPS:**

**Co-Chair Co-Secretary Co-Treasurer Alt-RCM**

# TRUSTED SERVANTS’ REPORTS

## CHAIRPERSON/POLICY AND ADMINISTRATION:

* Janell (secretary) will update the PO BOX and email information at the bottom of the sub committee report form, group report form and the literature order form.
* Area is running low on funds. We started the year out in the $4,200 range and we are at $2,700. Between replacing the activities money and supplying literature to new meetings and sub committees we are going to need to be frugal until we can get our money back up
  + We have roughly 70 groups on the meeting list. If we could start getting a small donation from the majority of our groups we could build the funds back up. - Patrick
* A discussion was had about adding the suggested guideline change of voting trusted servants out of the meeting.

**SECRETARY:** The report is the minutes. If you or any member of NA are not receiving the area minutes and would like too please let me know. Thank you for letting me be of service, Janell K.

**TREASURER:** OCTOBER 2024 SBASCNA Treasurer Report

|  |  |
| --- | --- |
| Available Funds | $ 2,749.53 |
| Group Donations | $ 259.90 |
| Literature Sales | $ 499.23 |
| Total Credits | $ 759.13 |
| Outstanding Checks | $ 57.01 |

As an area our balance continues to decline. Since January 2024, we have reduced the balance by $2,294.75. As a committee we cannot continue to spend money at this pace, or we will be out of money within 10 months. We need to all look at opportunities to decrease our expenses until we can build back up our balance and are not running at a monthly deficit. In Loving Service, Cathy H.

**RCM:** Regional income for the month of August was $146.33 and our expenses were $995.05. Our income for the month of September was $6,152.82. $5,857.58 of that came from MRCNA. Jeff (Treasurer) also worked with the CPA to file our 2023 taxes. So, We have an outstanding check for $1,330.00. Also, I have an outstanding check for a PR event for $375.00. Our total expenses were $1,652.84. We will be paying $1,000 this month to Shaunty Creek Resort as a down payment for the next MRCNA. So, with the outstanding checks our balance is $5,821.66 Preliminary recap on the World Convention (WCNA 38) in Washington, DC. Roughly 18,000 NA members attended the World Convention (WCNA 38), about 17,000 paid for registration. This was about 7,000 less than the projection and 4,000 less than the previous World Convention in Orlando. This will not deplete the cash reserves of NA World Services but the impact on finances is on the order of $1 Million less than projected. World Board member Jack reminded us that direct recurring contributions from individual members can be set up at <http://na.org/give>

The Interim Conference Agenda Report / Conference Approval Track (CAR/CAT) is scheduled to be released on November 24 of this year. We are planning to take some time at the December or February Regional Service Committee meeting to review and gather feedback for our delegates to carry our Regions conscience of the Michigan Region.

The MRCNA committee decided that they will record our own convention; this is now a standing rule, along with housing the equipment at the Michigan Service Office. The MSO serves both regions and in this service has for decades housed our banners, MRCNA boxes and other things for our regional convention without cost. This allows us the ability to not have to spend the undue financial burden of paying for a storage unit and getting insurance.

Currently we had income of $2800 for August from pre-registrations throughout the weekend of MRCNA. Our current balance for MRCNA is $18,036.98.

Ad Hoc (Guidelines): We held our RCM meeting yesterday, Sat Oct 5, and were fortunate to have 3 RCMs present to ask questions and provide feedback. Our area was present. The goal of this meeting was to go over the guidelines with RCMs to present changes. Our next step is to email the Guidelines Draft document to each area RCM or active NA member to collect as much feedback as possible. This will include areas that are not active in the Michigan region.

I submitted a SAMPLE SERVICE RESUME MICHIGAN REGIONAL SERVICE RESUME to help with increasing participation with Michigan Region Service. Mileage Reimbursement Rate a. Proposal: To change the mileage reimbursement rate from the IRS standard (.65 per mile), back to .40 per mile. Because we have not reached consensus, we cannot make any changes. The vote was 3-2 in favor of lowering. The Northwestern area and Washtenaw area are in opposition of changing the mileage reimbursement rate back to .40 per mile. The RCM’s stated that this was a proposal that was recently voted on and changed. The areas discussed that the .65 per mile accounts for wear and tear on your vehicle in addition to gas mileage. It was also stated that leadership qualities are carefully considered when electing trusted servants in accordance with the Twelve Concepts. With this in place we are trusting members to not take advantage of MRSCNA funds and to be fiscally responsible when submitting budget and reimbursement requests.

**RCM's were asked to Bring Back to Our Areas**

1. Due to winter safety precautions and fiscal responsibility, MRSCNA will be meeting virtually during the month\ of December and February. We will reach out to the Northwoods area in hopes of planning an in person meeting for the month of April.
2. Mileage reimbursement rate: We could not collectively reach a decision to change the current policy we have in place regarding the mileage reimbursement rate. Per MRSCNA guidelines, the regional body conducts business using consensus based decision making. Please see attached CBDM basics as a reference.
3. Budgets: Please review and discuss budgets to be discussed at the next MRSCNA meeting. MRSCNA 2024/2025 Budget
4. A Vision of NA Service

<https://na.org/wp-content/uploads/2024/06/Vision_23-26.pdf>

**Resources**:

Link to google drive: [RCM Information](https://drive.google.com/drive/folders/1BKhelnQRveRNzvB7wLjCPiH4Ui22e9iX?usp=drive_link) Link to RCM information:

[https://docs.google.com/document/d/1SwxOnXyiofO4P7tQIxMJaJTI7Vunns6zfgdNzcBCt\_s/edit ?usp=sharing](https://docs.google.com/document/d/1SwxOnXyiofO4P7tQIxMJaJTI7Vunns6zfgdNzcBCt_s/edit?usp=sharing)

Link to contact list: [https://docs.google.com/spreadsheets/d/1YUM9BmS\_v8c6z4VsFbGDmJFVIIIASFYU5\_zYFqHt](https://docs.google.com/spreadsheets/d/1YUM9BmS_v8c6z4VsFbGDmJFVIIIASFYU5_zYFqHtZPc/edit?usp=sharing) [ZPc/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1YUM9BmS_v8c6z4VsFbGDmJFVIIIASFYU5_zYFqHtZPc/edit?usp=sharing)

In Loving Service, Don M RCM

## SUBCOMMITTEE REPORTS

**ACTIVITIES:** Next Committee Meeting November 12th, 24 (Tuesday) 6pm before the 7pm meeting at the Dream Center 700 Lafayette in Bay City.

The plans were finalized for the Halloween Dance and Gratitude Dinner. The flyer should be out for the Sanity Bash by next week. The Greek Orthodox Church has been reserved for the Sanity Bash. More will be revealed!

In Loving Service Linda

**HOSPITALS & INSTITUTIONS:** Hello family this is my Hospitals and Institutions report for the month of October we have had some changes since my last report however things are operating smoothly. I want to thank everyone who has stepped up to be of service in the past month as well as the people that have continued to be of service for the committee. Tricap is currently stable; the women have settled into their new schedule on Wednesdays at 6 pm. We have had a member step down from H&I which leaves us with two members currently going in on Mondays at 1:30 pm for the men. I have left a message for the contact person at Tricap to possibly reduce our schedule to a biweekly basis. The Ogemaw County Jail is officially closed and we are looking into other facilities at this time. We have been in direct contact with Gladwin County Jail and are waiting for word back from them. I have also made contact with the Arenac County Jail Sgt. Dadour (Standish Jail) has asked me to write out a proposal for what we would be offering, I think the guideline description should be sufficient. Health Source has reported back to me and is doing well. I am sending some IP’s over to them and have told them to call me for anything they may need. We have started meetings in DOT treatment center we are going in to DOT twice monthly, with the Women going in the second Thursday of every month and the men going in on the third Thursday of the month, and I would like to thank everyone involved that assisted in making this possible The Bay County Jail is going smoothly we had a member step down and had to postpone going into the facility at the end of last month but I was able to fill the position before the next meeting earlier this month again I am grateful for the willingness I have seen from members in our recovery community we are averaging 15-20 attendees per meeting currently The Ten16 treatment Center is currently stable we recently secured a new chairperson for the speaker meeting on Tuesdays and we have secured half of the speakers for the month of November. This meeting is open to the public by the facility, and the Ten16 recovery center would encourage anyone to come out and show your support for the people in the treatment center and thank you to those who have stepped up to serve I did some cost analysis research on the clean time cards that we purchase from MSO (Michigan Service Office) and they can be printed cheaper than the price we get them from MSO Thumb Printing in Bay City MI, can print them on business card stock 100 - $7.50/ 7.5 cents per card per color total cost. 900 –$67.50 considering I just purchased from MSO 520 -$73.03/$11.00 shipping and $3.53 tax for which I have receipts to submit to the treasurer from MSO. I think this should be discussed in old business further

ILS Josh D.

**LITERATURE:** Committee Meetings are immediately following the area meeting on the 3rd Sunday of each month. I placed an order on October 17th for $642.60. We had a discount of $38.65 for a $603.95 bill already sent to the treasurer via email. We are also exempt from sales tax.

I delivered orders for:

* Common Desires: $22.15
* Primary Purpose: $144.70
* Gathering of Men and Woman: $143.55
* Never Alone: $72.28
* Hugs Not Drugs: $74.40 (Duane will pick up)

For a total of $457.08 filled orders this month. Thanks everyone for playing well with others. My total was $500.88 as of Saturday before area. Which may go down since I am uncertain about the medallion situation. Peg M. 989-573- 1210 if any questions or concerns. Survival kits are now available for $20.00 and must be written on the order form. ILS, Peg M.

**NEWCOMER EVENT:** The 2nd annual Newcomer Event went great! Dana S and I have spent the last 2 months chairing the committee together, and now that the event is over I am handing over the chair solely to Dana. I will turn in all receipts for the year to our treasurer today.

The tickets we used to gather attendance at the Newcomer Event were accidentally thrown away, so we don’t have an accurate number of members in attendance, but we think there were approximately 90 people attending the event. We had members with 40+years clean, and one member with 2 days clean. We had a clean time countdown this year and we gave away 7 basic texts, 2 step working guides, 2 How and Why books, 2 Just For today daily meditations, one Living clean book and one Spiritual Principal a Day book to newcomers.

We spent $240 on rent, cleaning and coffee fees to Messiah Lutheran Church. We spent $210.94 at Costco for pizza for lunch. We spent $116 at Sam’s Club for paper products, water, and salad supplies, $31 at Kroger for additional salad supplies, $23.85 to the dollar store for decorations and name tags. We spent $113 to NA World Service on IPs and Basic texts and $26 on an IP rack for the welcome table. We now have $581 left over. Our next committee meeting is November 1st, 2024 at 7:30 pm. Location TBD. At this meeting we plan to discuss ways we can improve the event for next year, how we plan to use our left over money and start planning this year’s fundraisers.

In loving service, Amanda M

## PUBLIC RELATIONS:

Next Committee Meeting: Wed Nov 6th , Midland following the How it Works group meeting (~7:50pm) also on Zoom using the How it Works group meeting code (236328539)

Nobody else attended the October PR meeting. The website and meeting list are current to the best of our information. On October 10 th three members represented SBASCNA at a table at the Mental Health Fair at Delta College. The next Mental Health Fair will be April 15 th and 16 th of next year and we have been asked to return for one of the two days of the event (just like the past two years). There are currently only two regularly scheduled meeting using the Area Service Committee (ASC) Zoom account (the monthly ASC meeting and Recovery Zone), as well as some use by the Hospitals and Institutions subcommittee meetings. Any group or

a subcommittee in our area may use this account for meetings. I purchased a new stamp for the PR Subcommittee to use for literature and am asking for reimbursement of $23.84 (receipt attached). Please email all changes to meeting times and/or locations (as well as event flyers) to myself or the webservant. If you have an event flyer please attach an original electronic document (not simply a picture/screenshot of it). All flyers must have the name of the home group or subcommittee which is sponsoring the event printed on the flyer.

Bryan H. [NAJFT@mudboy.net](mailto:NAJFT@mudboy.net)

**RETREAT:** Next Committee Meeting November 12th 6pm before the Survival meeting in Saginaw.

The committee elected trusted servants to handle the various positions. The theme was decided and is “Seeking balance for a new way of life”.

There will be three fundraisers:

* January 11th, 2025
* February 1st, 2025
* March 15th, 2025

More will be revealed. The committee is reviewing quotes for merchandise. There were no changes to the account balance from the last report. In loving Service Tim S.

## GROUP REPORTS

**12 STEPS TO FREEDOM (Shields):** Our meeting is going well. We will send our group donation through venmo. ILS Lucas

**ATTITUDE OF GRATITUDE (Saginaw):** Greetings things are going well at the homegroup level. We had a homegroup member celebrate 6 years clean this month. We are enjoying steady attendance at both our Thursday 7pm and Saturday 7pm meetings and invite everyone to come see us any time. In Loving Service, Karen A.

**COMMON GROUND (West Branch):** Group Donation $30 Business meetings are held the Tuesday before area. Our meeting is going well with 8-12 in attendance regularly. ILS, Duane

**COMMON WELFARE (Bay City):** Business meeting is 11/20/24. All is good we are averaging 8-10 and we have an area donation of $40. ILS, Josh D.

**DOWN WITH DISEASE (Midland):** Group Donation $25. Business meetings are the second Saturday of the month after the 10am meeting. Attendance is picking up again as the weather gets colder. We discussed the guidelines whether or not to add a section that allows a trusted servant to be removed from a meeting if things get out of hand. The group voted yes that a person should be removed from their position for that meeting. We also went over open service positions and have no nominations at this time. In loving service, Janell K.

**HOW IT WORKS (Midland):** Next business meeting 11/13/24. We continue to meet Monday and Wednesday nights both in person and on zoom. Our homegroup needs support - specifically our Monday night meeting. ILS, Amanda M.

**HUGS NOT DRUGS (St Helen):** Our meeting is going very well. Nothing has changed. See you every Friday at 7:00pm. I sent $20.00 through Venmo to the treasurer for the month of October. ILS, Gloris H.

**RECOVERY NATION (West Branch):** Group donation $20. Next business meeting 11/17/24. Food seems to be the big draw on Saturday. Monday has been going strong. Speaker meeting on the second Saturday of every month. Eating @ 12 speaker @ 1. November 9th Speaker is Glen J. IDK the menu yet(grilled ham and cheese, tomato soup, dish to pass….) ILS, Glen

**TOGETHER WE CAN DO IT (Standish):** The standish meeting started back up about a month ago. Meetings are going well. ILS, Lisa R.

**WILLING TO MAKE THE EFFORT (Bay City):** No on the proposed guideline changes in regards to removing trusted servants. ILS, Patrick

## OLD BUSINESS:

* New proposed guideline addition to Section V Discussion Limits: *In the event of a heated disagreement during an area meeting, anyone has the right to request a vote (of GSR’s present) to remove a trusted servant from their service position for that meeting.* (Trusted Servants are Chair, Co-Chair, Treasurer, Co-Treasuer, Secretary, Co-Secretary, RCM, and Alt-RCM)
  + Do we take this back to our homegroups for a vote, or do we let it go?
  + Perhaps we should add the consensus rules as an additional document to the back of our guidelines. These rules are already in place and will cover these issues.
  + We are going to let this topic go for now
* H&I (Josh D.) has been shopping around and found a cheaper resource to get the paper key tags. He will wait to finalize the purchase until Area has more funds. He will check in again at the November area meeting. He still has 500ish paper tags and does not need to make the order right away.

## NEW BUSINESS:

* We have a new NA group planning to open in Clare. They plan to be a Basic Text Study.

## OPEN FLOOR:

* Any committees that have events coming up please send them directly to Bryan or Kim P.

**FLYERS & MEETINGS:** If any committees have flyers or meetings, they would like posted to the SBASCNA Website send to [**SaginawBayArea@Michigan-NA.org**](mailto:SaginawBayArea@Michigan-NA.org)(PDF FORMAT)

**LITERATURE ORDERS:** [SaginawLit@gmail.com](mailto:SaginawLit@gmail.com) **Your orders need to be submitted prior to each area for orders to be filled.** [**SBASCNA Website**](https://michigan-na.org/saginaw-bay-area/)*click here to locate the online order forms.*

Sub-Committee Meetings

Want to get involved in a committee? Show up! No experience required.

**Activities:** November 12th, 2024 6pm before the 7pm meeting at the dream center 700 Lafayette in Bay City.

**H**ospitals **& I**nstitutions: Monday, November 4th, 2024 7pm Alice and Jack Wirt Public Library Room #4 500 Center Avenue Bay city, MI 48708

**Literature:** Sunday November 27th, 2024 immediately following Area.

**Newcomer Event:** Friday November 1st, 2024. Location To Be Determined

**Policy & Administration:** November 17th, 2024 1pm Zion Lutheran Church 545 7th Street, Freeland, MI 48623

**Public Relations**: Wednesday November 6th, Midland following the How it Works group meeting (~7:50pm) 2808 Waldo Ave, Midland also on Zoom using the How it Works group meeting code (236328539)

**Retreat:** November 12th, 2024 at 6pm prior to Survival Meeting in Saginaw.

**Next Area Meeting**: **S**aginaw **B**ay **A**rea **S**ervice **C**ommittee of **N**arcotics **A**nonymous - Third Sunday of every month November 17th, 2024 - 2pm - Zion Lutheran Church 545 7th Street, Freeland, MI 48623

**Announce at Home Groups!!!**

**Open positions:**

**Co-Chair, Co-Treasurer, Co-Secretary, and Alt-RCM**