

SBASCNA MEETING MINUTES

April 13th, 2025

Freeland, MI

OPENING: Opened at 2:00 pm with a moment of silence followed by the Serenity Prayer.

READINGS:

The 12 Concepts of NA Service - Kim S.

Purpose, Functions, and Responsibilities of ASC - Elliott

NA World Service Vision - Jodi

NEWCOMERS to AREA: Mike R., Phil S., J.D., Jamie & Emily D.

ROLL CALL: 19 groups represented plus 2 that sent a report.

ACCEPTANCE of MINUTES: Approved Chip D. /Josh D.

NOMINATIONS & ELECTIONS: Linda nominates Emily D. for Co Secretary. All were in favor.

OPEN POSITIONS-PLEASE ANNOUNCE AT YOUR HOMEGROUPS: Co-Chair, and Co-Treasurer

TRUSTED SERVANTS' REPORTS

CHAIRPERSON/POLICY AND ADMINISTRATION:

P&A:

- We discussed a template that has been made, how to create a flyer. It could include things like no 50/50 or gambling terms. Create two separate flyers for each event: a colorful one for digital distribution and a black and white one for physical distribution. What background to save on toner.
- We also discussed the retreat not being nonprofit and may possibly need to pay taxes they have set aside money for this. Don M. is going to ask if they can use the Region non-profit ID.
- PO Box keys, we have two and were considering putting into the guidelines which two trusted servants should have a key.

SECRETARY: My report is the minutes if you or any member of NA would like to receive the minutes please email: secretarysaginawbay@gmail.com Attached to the minutes you will find the 2025 Attendance Record. ILS Janell K.

RCM: We have 2 open positions at the regional level, Co-Facilitator, MSO Rep. Please review the duties/responsibilities in our revised guidelines, which can be accessed at link below if you are interested: <https://drive.google.com/file/d/1QZivSSqw-l8eDBmeRA4iFNE3nd4W1mvz/view?usp=sharing>

Treasurer reported that in February our total income was \$389.99, our expenses were \$390.69. March out income was \$600, our expenses were \$24.24. Current balance in our account is \$8,367.67. Here is the link to Treasurer's Reports:

<https://drive.google.com/drive/u/1/folders/12ykOEIRhtqrNRKEG6ObaoMxCYVwW5hSi>

Our World Service rep and Alternate reported on the results of the Interim World Service Conference. As it is extensive, please see the attached report from NAWS news. This link will show you the results.

<https://na.org/wp-content/uploads/2025/03/NAWS-News-March-2025.pdf> CAR Survey

Members and service committees are encouraged to submit ideas for Recovery Literature (both new literature and revisions to existing literature), Service Material (both new and revisions), and Issue Discussion Topics for prioritization at the World Service Conference. 2nd link

https://naws.formstack.com/forms/car_survey_idea

The purpose of the form is to encourage your ideas for the initial list for the 2026 CAR Survey. The deadline for this input is the 20th of May so please share any ideas you have before that. As for literature projects that are currently seeking input: The draft revision of IP #21 is available for review and input until May 15: <https://na.org/naws-projects-and-surveys/revising-ip-21-the-loner-staying-clean-in-isolation/> H&I Basics is available for review and input until May 15: <https://na.org/revising-hi-basics/> Helpline: If you are interested in participating in the Michigan Regional Service helpline, Please contact Doug at : publicrelationsmiregna@gmail.com or Bryan H. our PR chair. MRCNA is only 3 months away - The MRCNA chair reported: Our room count is 17 rooms at 53 nights. Which is far from our minimum. We currently have \$4,480 in pre registrations. We have raised over \$1878.90 at fundraisers. We need your help in announcing our upcoming Fundraisers and convention. Dinosaur Days XI is coming on May 3 hosted by the Washtenaw Area. Dinosaur Days is the biggest MRCNA fundraiser event. We are still taking donations for our silent auction. We are to conduct a MRSCNA Meeting Schedule Survey and decide meeting modality for remainder of 2025 before our June regional meeting. Discussion is as follows: In favor of meeting in-person: -Technology and meeting via Zoom can be challenging for some committee members. -Meeting in person allows us to host events and discussion topics right before, including Public Relations webinar presentations, and/or RD & AD could host a service panel. -We are able to support newer Areas when we host the Regional meeting in their Area, but possibly consider Area's willingness/ability to host. In addition -We could possibly reduce our meeting frequency to quarterly and only meet in person (but always have hybrid options available). -Human interaction during in person meetings is important.

In favor of meeting virtually: -Meeting in person is contingent upon an Area's financial standing and ability to pay for an RCM/RCMA's travel expenses (some Areas may not be able to afford subsidizing in person meetings). -Meeting in person is also dependent upon our Region's financial health, and ability to pay our bills first before funding in person meetings, so perhaps we need to meet virtually until our finances are better. ***Survey questions are listed below in the announcements section at the end of these minutes.*** Conclusion: Survey will be taken back to Areas for discussion and voted on at the June Regional meeting. We were reminded to be prepared to provide your first and second choice options for in person vs online meetings at the June 1, 2025 virtual Regional meeting. Next Regional meeting will be held virtually June 1, 2025 @ 9:00 am

Zoom Information:

<https://us02web.zoom.us/j/83201875742?pwd=WWtrSkNXNmNNcVhJWEszRGxFbnFvUT0> ID: 83201875742 Password: MZF1987 In loving service, Don M. SBASCNA RCM

TREASURER: April 2025 SBASCNA Treasurer Report

Available Funds \$ 3442.41

Group Donations \$ 262.10

Literature Sales \$ 642.10

Total Credits \$ 1,104.20

Outstanding Checks **\$188.78**

Grateful to Serve, Cathy H.

SUBCOMMITTEE REPORTS

ACTIVITIES: Next committee meeting 05.13.25 6pm at The Great Lakes Dream Center 700 Lafayette in Bay City before the H.O.W. meeting. The Spring Fling was last night and had a good turn out. I will have the final numbers by the next Area. I want to thank my team. They do an amazing job. In Loving Service Linda and Her Team.

HOSPITALS & INSTITUTIONS: Good afternoon family

We have a few things to report first, Tri-cap has remained steady as far as attendance but participation has been lacking with the members in the facility. I am unsure how to alleviate this if there is any insight it would be appreciated. The DOT treatment center hasn't had anything negative to report I was informed by one of the members of the committee going into the DOT facility that they had a format available to use for the women's meeting. I would like to know if the Area could laminate that format? The Roscommon County jail has had great attendance as well as participation. They have asked for the introductory guide to Narcotics Anonymous, I am giving them the last of my stock. The Bay County jail is continuing to go strong and the members in the facility are asking for literature which I am excited about. The speaker meeting at the Ten16 inpatient treatment center is doing well. I have speakers lined up for the rest of the month of April. And I'm looking for speakers for the month of May. We did not have an H&I committee meeting this Month because of unavoidable circumstances. I plan to schedule the committee meeting Monday April 21st at the Alice & Jack Wirt Public library 500 Center Ave. room 1, 3 pm. I would also like to put together a panel discussion for one or more of the facilities Specifically Tri-cap or the Ten16 if anyone is interested in participating in a panel discussion on an introduction to Narcotics Anonymous, please speak with me. I ordered some IP's which I am here to pick up again. Thank you for allowing me to serve. ILS Josh D.

LITERATURE: Lit sales last month was \$642.10. Must place another order to bring medallions up to year 50. I owe someone 37, and 38 year medallions. Then resupply the cabinet with Living Clean books. We are down to 1. Thanks for working with me! H&I would like 3 more wallet cards. There are 15 in a set for \$2.80. Peg, Lit Chair, Thank You

NEWCOMER EVENT: Hi my name is Dana, I'm an addict. The chilli cookoff was a great turn out. An estimated 70 people attended. We raised \$340. We spent \$20 on the location, \$68.97 on pop. \$14.69 on coffee, \$7.99 on creamer, \$30.99 on sugar and cups. We have lots left over and can use them for the next fundraiser. After expenses, our total was \$887. At our last subcommittee meeting we decided one more fundraiser is needed. This will be on Saturday August 16th at Emerson Park in Midland. We spent \$70 to rent the Pavillion. New total is \$807. I am turning in receipts today. Our next meeting will be on Wednesday May 7th after the HOW meeting in Midland. At the August fundraiser we want to do a speaker panel. One person from Bay City, Midland, and Saginaw. To hopefully encourage attendance. More will be revealed. ILS, Dana S.

PUBLIC RELATIONS: Next sub-committee meeting Wednesday May 14 th , Midland following the How it Works group meeting(~7:50pm) also on Zoom using the How it Works group meeting code (236328539)

The website and meeting list were current to the best of our information, with many updates received at the ASC meeting today. Two new groups (with 4 meetings), have been added in Harrison. Updates for the Let Go, Let God group in Saginaw (time change) Gladwin group (added a meeting), and Standish group (change the day of the meeting). We are scheduled to have an NA table at the Delta College mental health fair for the morning of the 15th . I received a phone call from a Helpline volunteer in Flint, who forwarded contact information from a caller who lives north of Gladwin and wanted rides to meetings. The information was in turn forwarded to a couple of NA members in the Gladwin area.

Flyers for events that are hosted by Saginaw Bay Area groups or subcommittees may be emailed to the web servant SBANAweb@outlook.com or myself for posting on our website. Best quality will be achieved by sending a copy of the flyer instead of a picture of a flyer. All documents must have the name of the home group or subcommittee which is sponsoring the event printed on the flyer.

Please send all meeting changes to myself (radio883@yahoo.com) with Meeting Information in the subject line (to help keep it out of my SPAM folder).

Bryan H.

RETREAT: Next Committee Meeting April 15th, 6pm before the Survival meeting.

The committee is working on the topics and speakers for the Retreat. We currently have 67 registrations and ½ are for scholarships. The scholarships will be distributed at the next committee meeting. Please continue to promote the retreat at meetings. We have a minimum requirement of 90 attendees. Final preparation will continue for the next month prior to the event. In loving service, Tim S.

2025 Retreat Treasury Report - March 2025

2025 Retreat Starter Funds	
DNR Deposit	\$ 1,759.46
Memorial Fund	\$ 54.14
6% Tax (if needed)	\$ 1,220.00
Scholarship Balance From 2024	\$ 772.92
Prudent Reserve	\$ 500.00
Pictures	\$ 100.00
Prepaid Registration	\$ 180.00
Beginning Balance 2025 Retreat	\$ 4,586.52

2025 Retreat Scholarship Funds			
Scholarship Beginning Balance	\$ 772.92		
Euchre Tournament	\$ 114.87		
St. Patrick's Day Dance	\$ 460.15		
Fund Raiser #3			
Donations (From Registrations)	\$ 518.50		
Donations (Retreat Cash)			
Beds Assigned	\$ (1,827.00)	21	Assigned
Current Balance	\$ 39.44	0	Left
		21	Total

	Current	Cumulative
Starting Balance	\$ 2,773.05	\$ 4,586.52
DNR		\$ (1,698.00)
PO Box Refund		\$ 10.00
Petty Cash (Seed Money)		
Fundraiser Supplies	\$ (94.51)	\$ (230.98)
DJ Expenses	\$ (150.00)	\$ (150.00)
Church/Facility Donation		\$ (180.00)
Donation to Area		
Photographer		
Merchant Fees (CC)	\$ (61.93)	\$ (160.93)
Merchandise Invoice		
Retreat Supplies		
Refunds		
Scholarship Donations	\$ 518.50	\$ 518.50
Euchre Tournament		\$ 290.00
St. Patrick's Day Dance	\$ 846.00	\$ 846.00
Fundraiser #3		
Registrations	\$ 6,344.00	\$ 6,344.00
Friday Dinners	\$ 225.00	\$ 225.00
Shirt Orders	\$ 313.00	\$ 313.00
CC Fees Collected	\$ 81.50	\$ 81.50
Ending Balance	\$10,794.61	\$ 10,794.61

Registration Numbers	
Full Registrations	25
Scholarship Beds	23
Total Registrations	48
Friday Night Dinners	15

Number of Credit Card Transactions	
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Account Reconciliation	
Bank Balance	\$10,794.61
Checks/Refunds Outstanding	
Merch Fees Outstanding	
CC Deposits Outstanding	\$ -
Cash/Check Deposits Outstanding	
	\$10,794.61

Notes:

One registration was prepaid by Area during the 2024 Retreat accounting period.
 Prepaid registration redeemed in March
 Includes \$27 extra cash donaton
 Dance profit for scholarship fund - \$460.15
 Includes 3 solo registrations (\$300) - \$180 scholarship donations/\$120 registrations

We currently have more scholarship beds than we have funds to cover.

GROUP REPORTS

ACCEPTANCE IS SERENITY & FREEDOM(Gladwin): Next business meeting 05.15.25. Next business meeting 05.15.25. Group Donation \$11.04. Meeting has moved to Thursdays at 6:30pm Room #7 Free Methodist in Gladwin. ILS, Jodi

BRIDGING THE GAP (Midland): Meeting is doing well, sweet treats provided. ILS, Janell K.

COMMON GROUND (West Branch): Group Donation \$10. Attendance has been down but meetings are still good. ILS, Duane

COMMON WELFARE (Bay City): Next business meeting 05.15.25. All is well, attendance is up and we are on the final chapter of the "Living Clean" book. We don't have a donation for Area this month. ILS, Josh D.

DOWN WITH DISEASE (Midland): Attendance is great, we have a strong homegroup. Come on over and check us out. ILS, Janell K.

HUGS NOT DRUGS (St. Helen): Group Donation \$20. No changes to the group. ILS, Gloria H.

JUST FOR TUESDAY (Midland): Next business meeting 04.29.25. ILS, Dana S.

NO FEAR (Bay City): Group Donation \$40. ILS Bill V.

POSITIVE VIBES (Saginaw): Next business meeting 05.18.25. Group Donation \$10. Nothing to report @ this time. ILS, Linda

RECOVERY NATION (West Branch): Next business meeting 05.17.25. Attendance has been down but we continue moving forward. We continue to feed people on Saturdays and have an open talk every 2nd Saturday of the month. Eating at noon and speaker at 1. Next open talk 05.10.25. Speaker to be determined. ILS Glen.

SURRENDER OUR LIVES (Saginaw): Next business meeting 05.05.25. Nothing to report at this time. ILS, Kim S.

TOGETHER WE CAN DO IT (Standish): Meeting has moved to Tuesdays same time, same place. ILS, Lisa R.

OLD BUSINESS:

- Our Treasurer is communicating with the previous activities chair to get the rest of the Area money. No new payments have been received since the last Area.

NEW BUSINESS:

- In reference to handling money in Narcotics Anonymous, should we have a set of questions specific to handling money. How do we stop losing money?
 - "We have recently discussed this here at Area, we have a financial document that we have all money handling trusted servants sign, to be made aware of the legal ramifications if said money goes missing."
 - "We could create an ad hoc committee to further investigate how money is handled on an area level."
 - We are going to take this back to home groups. Should we create an ad hoc committee focused on financial responsibility?

- New Meeting: "From Darkness to Light" Parkside Assembly of God 302 Pine Ave Alma, MI 48801 Wednesdays 7-815pm Topic Discussion, Closed - Phil S. is the GSR
- The PO Box Keys, should we put in the guidelines which two Area people should have a key? It makes sense for Retreat to have a key this time of year as they are waiting on retreat applications to come in. The Treasurer is responsible for paying the PO Box and the Chair could also have a key. At this time it makes sense to make sure two people have a key and that we know where they are. The Retreat/Treasurer Cathy has one and the Chair Rick has the other. They will communicate as to who should be checking it. At this time we have not decided if or where to add this to the guidelines.
- Two meetings from Harrison who have been using NA and AA and other literature/readings during their meetings are going to be removed from the meeting list. They want to keep things the way they are instead of following NA traditions. Shari's Diner and NA Life in Recovery are removed.

OPEN FLOOR:

We are having trouble with people being taught in other organizations to introduce themselves as "grateful person to be in recovery" but here in NA we are "addicts" . How do we get the message across to get people?

- "It's frustrating but there is not a lot we can do to control others. We don't want to run people out of the rooms. I share my message with the language of Narcotics Anonymous in hopes they keep coming back and pick up on the message."
- "Even with the clarity statement people will still introduce themselves as all kinds of things. As long as they are clean and coming back. It's about acceptance, just keep showing up and have coffee."

Meeting end promptly at 3:22pm

FLYERS & MEETINGS: Send to SBANAweb@outlook.com (PDF FORMAT)

LITERATURE ORDERS: SaginawLit@gmail.com [Fillable Excel Order Form](#)

Sub-Committee Meetings - May 2025

Activities: 6pm May 13th, 2025, Dream Center, 700 Lafayette, Bay City. Before the H.O.W. meeting

Hospitals & Institutions: Monday April 21st 3pm Alice and Jack Wirt Public Library Room #1
500 Center Avenue Bay city, MI 48708 Also meets virtually on zoom +1 929 205 6099 US (New York)
Zoom ID 81481235718 Password: na
<https://us02web.zoom.us/j/81481235718?pwd=MmFKKzZ0VEFxVWJxYktjUHY0ejJmUT09>

Literature: Sunday May 18th, 2025 - immediately following Area.

Newcomer Event: Wednesday, May 7th, 2025 following the How it Works meeting in Midland.

Policy & Administration: May 18th, 2025 1pm - before Area

Public Relations: Wednesday May 14th, Midland following the How it Works group meeting (~7:50pm)
also on Zoom using the How it Works group meeting code (236328539)

Next Area Meeting: - May 18th, 2025 - 2pm - Zion Lutheran Church 545 7th Street, Freeland, MI 48623
<https://us02web.zoom.us/j/81481235718?pwd=MmFKKzZ0VEFxVWJxYktjUHY0ejJmUT09>
Zoom ID 81481235718 Password: na

MRSCNA Meeting Schedule Survey

Please choose your first and second favorite options from the list below, and be ready to provide your response at the June 1, 2025 MRSCNA meeting

February: Virtual only
April: In-person
June: Virtual only
August: In-person
October: Virtual only
December: In-person

Choice A

February: Virtual only
April: In-person
June: In-person
August: In-person
October: Virtual only
December: Virtual only

Choice B

February: Virtual only
April: Virtual only
June: In-person
August: In-person
October: Virtual only
December: Virtual only

Choice C

February: Virtual only
April: Virtual only
June: In-person
August: In-person
October: In-person
December: Virtual only

Choice D

Announce at Home Groups, bring or send responses to the next Area.

1. Open Positions: Co-Chair & Co-Treasurer.

2. Should we form a financial ad hoc committee designed to review how money is handled at an area level? The goal would be to prevent the area from losing money. We have struggled more than once with trusted servants walking away with Area money.

3. Please respond to the Region survey.