

SBASCNA MEETING MINUTES

January 18th, 2026

Freeland, MI

OPENING: Opened at 2:00 pm with a moment of silence followed by the Serenity Prayer.

READINGS:

The 12 Concepts of NA Service

Purpose, Functions, and Responsibilities of ASC

NA World Service Vision

NEWCOMERS to AREA: Nick, Mike, & Geri

ROLL CALL: 19 groups represented plus 2 that sent a report.

ACCEPTANCE OF LAST MONTHS MINUTES: Approved Sean H. / Shane H.

NOMINATIONS & ELECTIONS:

- Karen A. was nominated for Chair by Bryan H. GSR's voted - YES
- Cathy H. was nominated for Treasurer by Will V. GSR's voted - YES
- Janell K. was nominated for Secretary by Sean H. GSR's voted - YES
- Will V. was nominated for Alt RCM by Duane GSR's voted - YES

OPEN POSITIONS & POSITIONS:

- Public Relations Chair
- Co- Chair
- Co-Treasurer
- Co-Secretary

Review the guidelines for position requirements. [Guidelines 2025](#)

TRUSTED SERVANTS' REPORTS

CHAIRPERSON/POLICY AND ADMINISTRATION:

The Area Treasurer continues to collect the Activities funds. Balance is down to \$335.

Guideline change proposal: H&I does not list a clean time requirement.

- In the guidelines under sub-committee chairs on page 13 states all sub-committee chairs need a minimum of 1 year clean time.
- The Public Relations chair is required 2 years clean and a minimum of 1 year continuous service within SBASCNA
- Our current Activities and H&I chair stepped up because no one else wanted to step up. Both of these positions were left OPEN for two months before they stepped back into these roles.
- Suggestion is: add H&I chair needs to have at least 2 years clean time.
 - Line iv: Develop and coordinate a volunteer list for service of members with a minimum of 1 year clean within the Saginaw Bay Area hospitals and institutions (i.e. rehabilitation centers, detox centers, jails and prisons).

We have a mentoring gap. Folks are being tossed into these roles with little to no guidance.

- Would providing manuals for each position help? Would people read them?
- Encourage current sub-committee chairs to groom their replacements. Such as an unofficial co-chair that can fill in for them in their absence and ultimately replace them when their term ends.

- Host an Area workshop about the 12 concepts of service. Perhaps before or after an activity, cards, dance... adding some sandwiches, make it fun.
 - Can we ask Activities “nicely” if they would use the topic of service and get speakers who are knowledgeable of the topic.

SECRETARY: My report is the minutes if you or any member of NA would like to be emailed the minutes please email: secretarysaginawbay@gmail.com. I am putting contact emails at the bottom of our minutes each month. Would the subcommittees like to have their email listed? Does anyone need a tutorial on how to navigate the website, such as print or view current meeting lists, download the fillable order form, or find event flyers or current guidelines? The printer is not working this month due to a toner issue and will be up and running next month. ILS, Janell K.

RCM: Report given verbally. There was no meeting this month. Workshop coming up in February. ILS Bryan H.

TREASURER: January 2026 SBASCNA Treasurer Report

Bank Balance \$ 4,916.36
 Newcomer Funds \$ 576.00
 Area Funds \$ 4,340.36
 Group Donations \$ 227.29
 Literature Sales \$ 448.31
 Total Credits \$ 906.60

Outstanding Checks \$148.96

Grateful to Serve, Cathy H.

2025 12 Month Treasurers Report													
	Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	Total
Group Donations	\$234.00	\$178.59	\$262.10	\$177.33	\$325.47	\$204.05	\$ 166.48	\$ 100.00	\$ 284.00	\$ 330.40	\$ 224.40	\$ 227.29	\$2,714.11
Literature	\$718.62	\$315.05	\$642.10	\$804.73	\$422.77	\$349.08	\$ 119.22	\$ 861.98	\$ 592.94	\$ 380.05	\$ 534.77	\$ 448.31	\$6,189.62
Activites	\$383.00		\$200.00	\$236.00	\$342.00	\$35.00	\$ 148.96	\$ 500.00	\$ 25.00		\$ 25.00	\$ 231.00	\$2,125.96
RCM								\$ 108.33					\$108.33
H&I								\$ 130.00		\$ 50.00	\$ 50.84		\$230.84
Retreat								\$1,425.00					\$1,425.00
NewComer											\$ 576.00		
Total Donations	\$1,335.62	\$493.64	\$1,104.20	\$1,218.06	\$1,090.24	\$588.13	\$ 434.66	\$3,125.31	\$ 901.94	\$ 760.45	\$ 1,411.01	\$ 906.60	\$13,369.86
Debits													
MRCNA	\$18.18	\$23.40	\$17.86	\$26.21	\$17.73	\$32.55	\$ 94.35	\$ 16.65	\$ 10.00	\$ 28.40	\$ 33.04	\$ 22.44	\$340.81
rent	\$35.00	\$35.00	\$35.00	\$35.00	\$35.00	\$35.00	\$ 35.00	\$ 35.00	\$ 35.00	\$ 35.00	\$ 35.00	\$ 35.00	\$420.00
zoom				\$169.49									\$169.49
lit	\$538.00	\$724.02	\$639.56	\$844.40	\$880.77		\$1,129.59	\$ 561.97	\$ 606.94	\$ 984.29	\$ 604.61	\$ 1,348.65	\$8,862.80
PO Box		\$64.00											\$64.00
Activites			\$119.79						\$ 500.00		\$ 24.95		\$644.74
Supplies							\$ 45.30				\$ 25.05		\$70.35
Printer Repair													\$0.00
Printer Suplies				\$121.46					\$ 99.72				\$221.18
H&I		\$13.39	\$21.62			\$10.30	\$ 155.00			\$ 100.00			\$300.31
P R													\$0.00
RCM							\$ 200.00						\$200.00
MRCNA									\$ 113.96		\$ 20.00		\$133.96
Total Debits	\$591.18	\$859.81	\$833.83	\$1,196.56	\$933.50	\$77.85	\$1,659.24	\$613.62	\$1,365.62	\$1,147.69	\$742.65	\$1,406.09	\$11,427.64
Gain/Loss	744.44	(366.17)	270.37	21.50	156.74	510.28	(1224.58)	2511.69	(463.68)	(387.24)	668.36	(499.49)	\$1,942.22

SUBCOMMITTEE REPORTS

ACTIVITIES: Sub-Committee meeting will be held on Feb 1st at 4:30pm on Zoom. Contact Linda at colli31157@aol.com. In the last Activities meeting, plans were finalized for the Valentines Day Dance. Our next activity will be in April which will be the Spring Fling. More to be revealed. For the second year, I would like to say that I have been blessed to have such a good group of people on the committee. In Loving Service, Linda and her Team.

HOSPITALS & INSTITUTIONS: No Report

LITERATURE: I placed an order on December 22nd for \$1,058.14. I sold \$457.81 last month. Inventory continues to be reviewed at regular intervals. I've received orders for today so the show will continue. We do have Spiritual Principle hard covers for sale for \$20 and Survival Kits for \$20. In Loving Service Peg M. and Committee.

NEWCOMER EVENT: The subcommittee met on Jan. 9th with 12 people in attendance. Plans were made to develop a separate smaller group of members to focus on outreach and attraction for the newcomer event. We finalized the first fundraiser that will take place at the Vineyard in Midland on Feb. 28th. The event is a chili cook-off and everyone is encouraged to bring a pot of chili for everybody to vote on. The winner will receive a small prize. We'll also have a panel speaker on the topic of "unity" with games and fellowship to follow. We were also able to finalize the event itself, which will take place at Messiah Lutheran in Midland on October 10th. More details to come. The next subcommittee meeting will be Feb. 6 at Midland Reformed Church. - Shane H

PUBLIC RELATIONS: OPEN

RETREAT: Next Committee Meeting March 3rd, 2026, at 6pm prior to the Survival meeting in Saginaw. We currently have 13 registrations. The fundraiser for the Scholarship will be held on March 14th 2026 at St. Demetrios Greek Church in Saginaw. Flyers are available to take to home groups. Next meetings will focus on topics and speakers for the retreat. Please continue to share the registration flyers with your home group. In Loving Service, Gina H.

AD HOC COMMITTEE REPORTS

NON-PROFIT STATUS: Next Committee meeting To Be Determined. Nothing new to report. Still waiting for the EIN number. It could take 5 weeks to receive. Need this to proceed. A meeting will be scheduled to review the federal forms before they are submitted. In Loving Service, Cathy H.

Sanity Bash		Revenue	Expense	Profit
SEED MONEY:				
Facility Rental			\$80.00	
DJ			\$150.00	
Ornament			\$20.00	
Food and Decorations			\$283.00	
Ornament		\$16.00		
50/50		\$58.00		
Pop and Water		\$78.00		
Food		\$0.00		
Door		\$579.00		
Totals		\$731.00	\$533.00	\$198.00
Starting funds		\$ 527.00		
Profit		\$ 198.00		
Total		\$ 725.00		
Prudent Reserve		\$ 500.00		
Profit		\$ 225.00		

Group Reports

AGAINST ALL ODDS (Midland): Greetings Family, The Against All Odds group is going great! We have 4 active homegroup members and are averaging 10-12 addicts in attendance each week.

Our group has been able to raise enough money and has made the decision to use part of the 7th Tradition funds collected to provide Basic Texts to newcomers or those otherwise in need that do not have one. Thank you to all who have attended for your support and we hope to see more of you in the future!

Next homegroup business meeting: February 8th (however, it is Super Bowl Sunday so I'm going to try to convince our group to move it next month) after the regular meeting. In loving service, Will V

ATTITUDE OF GRATITUDE (Saginaw): Next business meeting is 01.29.26. Thursday's meeting is going well and Saturday has regular attendance. We have however recently lost three homegroup members for various reasons. We are currently reading Living Clean on Thursdays. As always we invite everyone to come out and visit. We always welcome and are happy to see visitors. In Loving Service Karen A.

BAREFOOT MEETING (West Branch): Next business meeting 02.19.26. The meeting is going well with 4-6 people in attendance. ILS Duane

COMMON GROUND (West Branch): Next business meeting 02.17.26. Group donation \$30. Tuesday's meeting is going well. Fridays is a bit slow, currently reviewing traditions. ILS Duane.

COMMON WELFARE (Bay City): Next business meeting 02.12.26. Common Welfare has \$32 on hand & we are paying \$30 rent this Tuesday. It's like this quite often, but we did have 8 addicts last Thursday which was very nice. Usually it's 3 to 5 addicts. ILS, Mark H.

EASTSIDE GROUP (Saginaw): Group donation \$25. Business meeting 4th Saturday of the month. Buena Vista Center, 1940 Outer Drive Saginaw. Wednesdays 6 - 7:30pm and Saturdays 10 - 11:30am. Fourth Wednesday of the month is an Open Talk.

HOPE IN HALE (Hale): Group donation \$10. ILS Glenn J.

HUGS NOT DRUGS (St. Helen): Group Donation \$30. Our meeting is going very well. Same time, 7:00pm every Friday night and so far this year we haven't had to cancel because of weather. lol. In Loving Service Gloria H.

NEW AWAKENINGS (Bay City): Next business meeting is before the next area. Group donation \$5. Group is going strong, attendance is fine. We welcome most everyone for we are now an OPEN meeting Saturdays mornings at 11am. ILS Terry K.

POSITIVE VIBES (Saginaw): Positive vibes is doing good we have business meeting the morning of homegroup. ILS Peg M.

RECOVERY NATION (West Branch): Next business meeting 02.14.26. Group donation \$20. Open talk with food 2nd Saturday of the month. ILS Glenn J.

STEP TALK (Midland): Meeting is going well with a great vibe. 6-8 regulars in attendance. ILS Janell K.

OLD BUSINESS:

- None

NEW BUSINESS:

- Proposed guideline change. **H&I chair needs to have at least 2 years clean time**, & page 16: XI, 5, b (iv): Develop and coordinate a volunteer list of service **members with a minimum of 1 year clean** within the Saginaw Bay Area hospitals and institutions (i.e. rehabilitation centers, detox centers, jails and prisons).
 - The reason for adding the 2 year clean is because it should have been in there all along and has been overlooked.
 - The reason for wanting to add a 1 year clean time for H&I service members is to make sure they are sharing the message of NA and not mixing the message with other pathways. We want our representatives to share the message of NA with the newcomer.

OPEN FLOOR:

- None

Meeting ends at 3:08 pm

Area Contact List:

Chair Karen A. buggsma930@yahoo.com

Treasurer Cathy H. cathyjo48@yahoo.com

Secretary Janell K. secretarysaginawbay@gmail.com Group and sub-committee reports, any new email addresses of NA members who would like to receive the minutes, & any flyers you need printed at Area.

Webservant SBANAweb@outlook.com All meeting list changes and flyers in PDF form for the website.

Literature saginawlit@gmail.com

Guidelines 2025

Announce at Home Groups

Open Service positions: Co-Chair, Co-Treasurer, Co-Secretary & Public Relations Chair.

Vote is needed by next Area. Does your group vote Yes or No to the following guideline change in the H&I section of the guidelines. **H&I chair needs to have at least 2 years clean time** and on page 16: XI, 5, b (iv): Develop and coordinate a volunteer list of service **members with a minimum of 1 year clean** within the Saginaw Bay Area hospitals and institutions (i.e. rehabilitation centers, detox centers, jails and prisons).

Sub-Committee Meetings

Activities: February 1st, 2026 at 4:30pm on zoom. contact Linda for more info colli31157@aol.com

Hospitals & Institutions: Sunday February 15th, 2026 1pm in Freeland before Area.

Literature: Sunday February 15th, 2026 Noon in Freeland at Area.

Newcomer Event: February 6th, 2026 after the 6pm meeting at Midland Reformed Church in Midland.

Policy & Administration: Sunday February 15th, 2026 1pm in Freeland before Area.

Retreat: March 3rd, 2026 @ 6pm, held at St. Demetrios Greek Orthodox Church, corner of Mackinaw & McCarty in Saginaw, where the Survival Group meets.

Next Area Meeting: - Sunday February 15th, 2026, 2pm - Zion Lutheran Church 545 7th Street, Freeland