Capital Area Service Committee of Narcotics Anonymous
Minutes for February 11, 2018

*Home groups that do not send a GSR to Area can mail 7th Tradition donations and/or group reports to:*

**CASCNA**  
PO Box 25144  
Lansing, MI 48909

The meeting was opened at 3:00pm, by Chairperson Edmund T., with a moment of silence for the still suffering addict, followed by the “we” version of the *Serenity Prayer*.

The *12 Traditions* were read by Dennis; the *12 Concepts* were read by Lance; the Vision & Mission statement was read by Mark; the Service Prayer was read by Adam; and today’s passage from *Just For Today* was read by Mark.

**Announcements & Welcome:**

✓ Rick M. announced the Never Alone Group’s 4th annual Predecessor’s Appreciation Speaker Jam, on February 24 at St. Lawrence Hospital in the Clark Conference Center.

✓ Amber announced that there were two new meetings starting in March at the Alano Club West. *AWOL* will be meeting on Mondays from 3-4pm beginning on March 5. *Vision of Hope* will be meeting on Sundays from 5-6pm starting March 4.

✓ Jeremy announced the CAR workshop/chili cook off on February 17 at Bethlehem Lutheran Church from 1-8pm.

✓ Dennis was new to CASCNA this month.

**ROLL CALL:**

<table>
<thead>
<tr>
<th>Area Chair</th>
<th>Edmund T.</th>
<th>Co-Chair -</th>
<th>Mark L.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secretary -</td>
<td>Joe K.</td>
<td>Co-Secretary -</td>
<td>Vacant</td>
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<tr>
<td>Treasurer -</td>
<td>Blake H.</td>
<td>Co-Treasurer -</td>
<td>Vacant</td>
</tr>
<tr>
<td>RCM -</td>
<td>Jeremy E.</td>
<td>Alt RCM -</td>
<td>Vacant</td>
</tr>
<tr>
<td>H&amp;I Co-chair-</td>
<td>Jeremy F.</td>
<td>Activities-</td>
<td>Jenni J. (absent)</td>
</tr>
<tr>
<td>Helpline Chair-</td>
<td>Vacant</td>
<td>Literature-</td>
<td>Vacant</td>
</tr>
<tr>
<td>Web Servant-</td>
<td>Andrew K.</td>
<td>Public Relations-</td>
<td>Adam S. (absent)</td>
</tr>
<tr>
<td>Policy-</td>
<td>Bryce M.</td>
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</tbody>
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The following 7 groups were present and quorum was established:

Gathering of Men Group  
Insight Group  
Alpha Group  
Morning Glory Group  
Charlotte Hard Heads  
Group  
Green & White Clean Life  
Never Alone Group
Vacant Positions:
Co-Secretary                Alternate RCM
Co-Treasurer                Help-line Chair
Literature Chair
Retreat Chair

✎ CHAIR’S REPORT:
Edmund T. chaired the meeting, and stated that he is grateful to serve the Capital Area as Chair.

✎ CO-CHAIR’S REPORT:
Mark L. stated that he is grateful for the opportunity to serve the Capital Area as Co-chair.

✎ SECRETARY’S REPORT:
Joe K. stated that he is grateful for the opportunity to serve the Capital Area as Secretary. January’s Minutes were accepted. Those who asked to have their email address added to the Capital Area email group have had their addresses added and should be receiving minutes each month going forward. Please remember that group reports can be emailed to: LansingNASecretary@gmail.com.

✎ TREASURER’S REPORT:
Blake H. provided the following report:

Beginning balance: $598.11
Group donations: $533.73 (January 2018, including Marathon Meeting [$75.00 and Activities $129.00])
Expenses: ($343.89) spent as follows: Admin - ($30.13); H&I - ($147.27); Pig Roast - ($150); Jeremy E. RCM - ($200.12); MRSCNA Donation - ($16.49); Deposit - $533.73
Balance: $942

✎ RCM REPORT:
Jeremy E. reported the following:
Feb 11, 2018
Hello Family,

As you may know there is a CAR workshop and chili cook off planned for Saturday, February 17, in the gym at Bethlehem Lutheran Church. Fliers are available. The CAR workshop will be from 1pm to 5pm with the chili cook off afterward from 5-8pm. This will also be a MRCNA fundraiser and the RD and RDA will be attending to help out with the workshop and MRCNA table. All are welcome to attend, but GSRs should make it a priority in order to report back to their groups. Any help with the cook off would be great, as Jenny will not be able to make it until later on. Next month is the regional meeting and the day prior they are having a CAT workshop.
The dates are March 3rd, CAT workshop at Moran Park Church, 97 W. 22nd St., Holland, MI starting at 1pm, with the Regional Meeting on March 4 at the Holland Alano Club, 201 E. 39th St., Holland, MI starting at 9am. I would like to request funding for a hotel room for Saturday night. Also, I would like to have at least 10 to 15 copies of the CAR available for the CAR workshop. I would be happy to make the copies but would request reimbursement for the financial cost. Also they are requesting 50 meeting lists at next Regional Meeting for the PR. I am happy to print if, or when, I do the CAR copies. If anyone has any questions please contact me at capitalarearcm@gmail.com or by phone at 517-803-0249.

Thank you for letting me be of service!

RCM- Jeremy E.

Please make note of the new email address that Jeremy created for the RCM for our area. It is in the above report in bold. Jeremy also requested that the following message be added to this month’s minutes.

Hello Family,

I want to thank everyone that attended the CAR workshop and chilli cook off! We had an awesome turnout! I will be collecting the CAR motion voting pages at the April area meeting! Please try and get these filled out, thanks!

Thank You,
Jeremy E.
RCM

GROUP REPORTS:

❤️ Charlotte Hard Heads:
The Charlotte Hard Heads continue to meet on Mondays at 6pm, Thursdays at 8pm, Fridays at 8pm, and Saturdays at 7pm and midnight. Attendance at our meetings averages between 5 and 15 addicts. We have a speaker meeting on the last Friday of every month. Matt W. will be speaking on February 23 at 8pm.

Steve

❤️ Green and White Clean Life:
The meeting will be immediately extended to 1 hour 15 minutes. The meeting begins at 7:30pm each Monday night in the Engineering Building on Michigan State’s campus. This meeting is a Basic Text study, going through the Basic Text in order. We are purchasing more literature for the meeting. We could always use some more support.

Will
*Never Alone:*
We meet every Tuesday and Thursday from noon to 1:30pm at the Grace Lutheran Church near Martin Luther King Blvd and Saginaw Highway. We are a literature study group, and a speaker meeting on the last Thursday of each month. This month the speaker will be Ricky A. who also celebrated 36 years this month. We are putting on the Predecessor’s Appreciation Speaker Jam, so there is no donation this month.

In loving service,
Rick M.

*Gathering of Men:*
Hello Family,
We continue to meet on Sunday mornings at the St. Lawrence Medical Center, from 8:30-10:30 am at the Doctor’s Cafe. This is a speaker and discussion meeting. We have three anniversaries this month: Gary P. celebrating one year, Al W. celebrating 13 years, and Gary P. celebrating 23 years. We have a $30 donation.

In loving service,
Al W.

*Recovering Radicals:*
Addict named Tom reporting for Recovering Radicals,

I am the group service representative for Recovering Radicals. We continue to meet every Tuesday from 7:30 pm until 9:00 pm at St. Michael’s Church in South Lansing. Attendance has been steady, and we have had several newcomers in the last month. We do not have a donation for Area at this time but we continue to remain self-sufficient per the 7th tradition. That is all I have to report at this time. I apologize that I am unable to attend Area this month as I will be out of town. I look forward to seeing everyone next month.

Tom M., GSR for Recovering Radicals

*Morning Glory:*
We continue to meet Monday through Saturday from 8:30 to 10am. We average roughly 15-20 addicts, and are steadily growing. We have a $75 donation this month.

Lance
Insight Group:
We continue to meet at the Mt. Hope Presbyterian Church, located at 301 W Jolly Rd in Lansing, every Thursday at 7:30pm and every Sunday at 6pm. We are getting anywhere from 10-25 addicts with a fair share of newcomers. Dennis L. will be celebrating 1 year this month. We have a $50 donation.

Mark

Alpha Group:
Alpha Group is still meeting at the same times and places on Sundays, Wednesdays, Fridays, and Saturdays. Alpha Group is getting anywhere from 5-15 addicts. Ethan H. celebrated 6 months. There is no contribution this month.

Diane

AWOL (All Worthy of Love):
Amber reported for AWOL this month for the first time. After one more time reporting to Area, AWOL will be added to the meeting list. AWOL is an “all inclusive women’s open NA meeting”.

SUB-COMMITTEE REPORTS:

HOSPITALS & INSTITUTIONS REPORT:
H & I is fulfilling all commitments, but they do need support. They are still waiting on some clearances for people to be able to enter the jails.

Joe R.

HELP-LINE:
Not present

WEB-SERVANT:
Not present

ACTIVITIES:
Not present
POLICY:
Good afternoon ASC,
I'm an addict named Bryce. The subcommittee met today to review the draft guidelines. At this time we believe that the guidelines are ready to go to the groups for review and approval. I will be sending out another link for anyone to review the guidelines with the group. If you are a subcommittee chair please review your guidelines so we can have any changes added before this goes to print. Please bring any feedback to the March ASC meeting and all group approvals.

In loving service,
Bryce M
517.927.8988
Bmerrill63@gmail.com

PUBLIC RELATIONS:
Adam reported that he is happy to be here, still learning, and glad to be of service.

AD-HOC BID SUB-COMMITTEE
Not present.
Ed mentioned that this is looking unlikely for our area, and Blake added that it may be time to let this idea of hosting MRCNA go.

AD-HOC BUILDING SPACE SUB-COMMITTEE
The downtown library is not available. The library in South Lansing was mentioned as a possibility. Other locations were put forth by various addicts. It is possible that we may have something to vote on next month. Please contact Mark at 517-364-7045 and leave a message if he does not answer.

OLD BUSINESS:
1. The process of being put on the meeting list and making changes to the meeting list was tabled until next time.
2. The Pig Roast: the need to form a committee was expressed. Ed T. will head up a new ad-hoc committee.

ISSUE DISCUSSION:
1. Concerning letters of willingness and/or resignations. As addicts of this service structure, WE are the ones who must recruit, invite, and make attractive to others the importance of this body.
2. Rick expressed concern that meetings were not closing in an appropriate manner, with respect to the Serenity Prayer. Concern was expressed that this was not the body to
address this issue, and that it should be addressed at the group level. This discussion was tabled until next month.

NEW BUSINESS:
1. Concerning 7th tradition contributions, we are not at prudent reserve, but are close to it.

ANNOUNCEMENTS:
✓ Area Service will meet at St. Lawrence, 1210 West Saginaw, 4<sup>th</sup> Floor Board Room on Sunday, March 11, 2018 at 3:00 pm.
✓ Information can be emailed to the Web Servant at webservant@cascna.org
✓ GSR and committee reports can be emailed to LansingNASecretary@gmail.com
✓ If you are not receiving Minutes, and would like to, please inform the Area Secretary. The Minutes can be emailed or snail mailed, whichever you prefer.
✓ Home groups that do not send a GSR to Area, can mail 7<sup>th</sup> tradition donations and/or group reports to:
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This meeting closed with the serenity prayer.