DO’S AND DONT’S FOR THE JAIL

DO’S:

1. Must have at least one year clean from any mood/mind altering substance including alcohol and be off probation/parole for three years.
2. Contact the coordinator if you can’t make your scheduled time.
3. There must be two volunteers going into the jail meeting (optional).
4. Start and end on time.
5. Identify as an addict.
6. Only read NA approved literature.
7. Follow the format provided.
8. Briefly explain that we are part of a subcommittee called Public Relations.
9. Encourage residents to get involved during the meeting.
10. Emphasize that NA recovery is available to everyone regardless of the substance used.
11. Obey the dress code and exercise common sense.
12. Follow all facility rules (these should be provided and reviewed with the jail coordinator prior to attending a meeting).
13. Encourage residents to get to a meeting the day they are released.
14. Provide meeting lists to inmates.
15. Emphasize the importance of getting a sponsor and a homegroup.
16. Suggest 90 meetings in 90 days.
17. Explain the language we use (addict, recovery, clean).
18. Give these phone numbers to your loved ones in case they need to contact you for an emergency while you’re in the jail:
   (616) 632-6410 - Sergeant’s desk
   (616)632-6440 - Central Control
DONT’S:

1. Do not break another person’s anonymity.
2. Do not give out another person’s name or phone number.
3. Do not discuss the facility or its staff members with inmates.
4. Do not hug inmates.
5. Do not debate or discuss the policies/rules and regulations of the facility.
6. Do not debate which drugs are acceptable. NA is a program of complete abstinence.
7. Do not show favoritism to any inmate.
8. Do not accept money or gifts or give money or gifts to any inmate.
9. Do not emphasize using days while sharing the NA message.
10. Do not use excessive profanity.
11. Do not wear flashy jewelry or carry excessive cash.
12. Do not read anything that is not NA approved.
13. Do not take messages in or out of the facility.
14. Do not promote or give out information about any recovery resources outside of Narcotics Anonymous (Examples: outside treatment centers, recovery houses, churches, support groups, etc.)
15. Do not promote or condemn specific NA meetings. (Just because you don’t attend or like a specific meeting doesn’t make it a bad meeting.)