DO’S AND DONT’S FOR TREATMENT CENTERS

DO’S:

1. Must have at least six months clean from any mood/mind altering substance, including alcohol.
2. Contact the coordinator if you can’t make your scheduled time.
3. Start and end on time.
4. Identify as an addict.
5. Only read NA approved literature.
6. Follow the format provided.
7. Briefly explain that we are part of a subcommittee called Public Relations.
8. Encourage residents to get involved during the meeting.
9. Emphasize that NA recovery is available to everyone regardless of the substance used.
10. Obey the dress code and exercise common sense.
11. Follow all facility rules (these should be provided and reviewed with the treatment center coordinator prior to attending a meeting).
12. Encourage residents to get to a meeting the day they are released.
13. Provide meeting lists to residents.
14. Emphasize the importance of getting a sponsor and a homegroup.
15. Suggest 90 meetings in 90 days.
16. Explain the language we use (addict, recovery, clean).
17. Show up to facility 15 minutes prior (or more) to meeting start time.
DONT’S:

1. Do not break another person’s anonymity.
2. Do not give out another person’s name or phone number.
3. Do not discuss the facility or its staff members with residents.
4. Do not debate or discuss the policies/rules and regulations of the facility.
5. Do not debate which drugs are acceptable. NA is a program of complete abstinence.
6. Do not show favoritism to any resident.
7. Do not accept money or gifts or give money or gifts to any resident.
8. Do not emphasize using days while sharing the NA message.
9. Do not use excessive profanity.
10. Do not wear flashy jewelry or carry excessive cash.
11. Do not read anything that is not NA approved.
12. Do not take messages in or out of the facility. (example. A friend knows someone in the facility and asks you to tell them hello).
13. Do not promote or give out information about any recovery resources outside of Narcotics Anonymous. (Examples: outside treatment centers, recovery houses, churches, support groups, etc.)
14. Do not promote or condemn specific NA meetings. (Just because you don’t attend or like a specific meeting doesn’t make it a bad meeting.)
15. Do not mention specific drugs. Just as in a regular meeting, emphasis should be on relating on the level of recovery and not on what you used.