

# *SAMPLE NA GROUP FORMAT*

Name of Group

Day/Night Time that Group Meets

Location of Meeting

## Meeting Format

Hello, my name is \_\_\_\_ and I am an addict. Welcome to the \_\_\_\_\_ group of Narcotics Anonymous. Please help me open this meeting with a moment of silence for the addict who still suffers, followed by the **WE** version of the Serenity Prayer.

It costs nothing to belong to this fellowship; you are a member when you say you are. If you've used in the past 24 hours, please listen to what is being said and talk to someone after the meeting.

Is there anyone here attending their first NA meeting anytime, anywhere? If so, WELCOME! You are the most important person (or people) here! **(At this time, hand out white key tags to new members.)**

Is there anyone returning from a relapse or would like to recommit to the N.A. program?

There is one must that applies to everyone attending: no drugs, paraphernalia, or weapons may be on your person at meetings. If you are carrying any of these things, please take it outside and leave it, then you are welcome back in. This is for the protection of the meeting place and the NA fellowship as a whole.

Would someone please read:

- 1) Who is an Addict
- 2) What is the NA Program
- 3) Why are we Here
- 4) How It Works
- 5) The Twelve Traditions of N.A.

We do not recognize seniority, but we do celebrate clean time anniversaries. Does anyone have today or in the past week 30 days clean? 60 days? 90 days? 6 months? 9 months? One year? 18 months? Multiples of years? Anybody have an anniversary they would like to recognize at this time? How about just for today?

**Pass the basket.** Our seventh tradition states that every N.A. group should be fully self-supporting, declining outside contributions. The money collected goes to pay rent and literature the rest is passed on through the NA service structure to help further carry the message of recovery.

***If you choose to have a break between this point of the format and the general meeting, it's best to keep the break to 10 minutes or less. Also, if the facility at which you hold your meeting allows smoking inside or outside, please be sure to keep clean the areas where smoking is permitted.***

**(At the end of the meeting, read the 12th Tradition):**

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place *principles before personalities*.

For those who care to, please form a circle to close the meeting with the SERENITY PRAYER or the THIRD STEP PRAYER.