I always hated seeing my mom smoke cigarettes and my dad asking me to grab him another beer. I tried beer when I was young and I hated it. I swore I would never drink or smoke cigarettes. By junior year in high school I was addicted to cigarettes and loved getting drunk. I met new "friends" who turned me on to smoking weed and popping pills, along with the rest. I didn't have a problem, we were just partying. After I knew what the pills felt like, I looked for them everywhere I went. Anywhere I found a bottle, I took them like they belonged to me. I even sold my dead grandmother's jewelry just to party with my friends. 17 years old. Drinking and driving without a care in the world. We were just having fun. The same year, I found heroin, and nearly died my first time. But that didn't stop me. The high was incredible, and I just liked getting as high as I could. I wasn't addicted.

By 19 I had already been homeless, stole anything I could get my hands on, attempted suicide, sold my body to strangers, and been institutionalized 3 times. I'm only hurting myself right? Only after waking up from multiple ODs, living in the cold winter streets, failing to revive my dead overdosed significant other, being institutionalized 5 more times....etc..... I realized I had a problem. I didn't see myself alive by my next birthday. I realized I could not just have one. I couldn't stop once I started. I couldn't just change drugs. I couldn't control my using. I was powerless. Why? I am a drug addict.

Today in my two hands are God and The Ultimate Weapon. I made it through that next birthday clean and my 21st birthday will be this month. I am truly grateful to still be alive and clean.

Thank you for letting me share.

-Anonymous

Send in your story to MacombMiracles@yahoo.com to see it here.
**We can only keep what we have by giving it away!**

**Newcomers**

We need to focus on the newcomer more at meetings. It's very important we keep what we have and give it away to all of them. I see a lot of old timers just ignore them and that's not very cool.

**Consideration**

People who show up late should always share last. Most meetings have times to be out of the place they're having the meeting. It is very rude to come late, share long, then get up and not come back to listen for the message of hope. What kind of message is this to the newcomers? I think it's a bad one. We need to become a strong area in sponsorship. It will make for a better place to attend meetings.

**Service work**

I think as a sponsor it's our job to work all the steps we can to help our sponsees out so they can recover too. It does them no good to let them off the hook. We need to spread the message world wide that others don't have to die. Make your sponsees realize the help he or she gives when they apply recovery to their program. It becomes a very strong part of them and helps them in all areas of their life.

All sponsees should have a recovery position; coffeemaker, chairperson, something they have to be committed to. Call them out on it if they don’t. If you read this and have no sponsor, I challenge you to get one as soon as possible, don’t be afraid.

**Dedication**

Stay at meetings. Do at least a few a week even if they seem boring to you. Have some time alone and think about your recovery. Try and stay focused on all positive things. It's very hard to hear people be negative all the time, so try step study groups. Get with your sponsor (and) ask recovery questions. Go to a convention, it is a very good time to hang out with recovering addicts. We have fun here!! Also, don’t give up ever, even when we feel good, just keep fighting for the recovery process.

Thank you God for this day clean.  

Anonymous

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**Dear Addy,**

How do you cope or deal with feelings or thoughts that you have repeatedly but don’t like?

Dear Anonymous, Coping and dealing with something is the same as trying to have control over it. Thoughts and feelings are functions of the human mind. I cannot control a thought or a feeling and cannot do anything to stop them from happening. I can only control my reactions to the thoughts and feelings that arise on a daily basis. Step One states “we become willing to do whatever is necessary to stay clean, even the things we don’t like doing.”

In the Sixth Edition Basic Text chapter Why Are We Here: Page 13, it states; “We used drugs to cover our feelings and did whatever was necessary to get drugs.”

Page 14, it states; “We needed to use more and more to mask our feelings.”

Page 15, it goes on to say; “We must face our problems and our feelings.”

In recovery we filter our thoughts and feelings through the spiritual principles we learn in the rooms. We no longer have to be at the mercy of a script that was spit in our ears by our family, friends, or neighborhood.  

Harry K.

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Dear Addy is a fictional character along the lines of Dear Abby. The opinion expressed here are reviewed by the newsletter committee and have the same review that any article in the newsletter would have. They are in no way the opinion of NA as a whole and are for entertainment purposes only.  

If you would like to submit a question to Addy, please send your question to macombmiracles@yahoo.com  

-Newsletter Committee-
**New Location for the Living Clean Midnight Meeting!**

It is now at the Northeast Church of Christ on 9 mile, 2blks west of Gratiot, we will meet in the garage where the Thursday It Works meeting is. 11:30pm. Spread the word!

**Serenity on Sundays**

Overcomers Community Church
18150  E. 13mi, Roseville 48066
Between Kelly/Utica rd.  2:30p  -4:00p

**M.C.A.N.A Outreach Holiday Meetings 2015**

Selects specialty Hospital
215 North Ave. Mt. Clemens MI 48043 (Barley room upstairs)
Christmas Eve & Day December 24 10-8:30pm
New Years Eve & Day December 31 Jan 1st 10am-8:30pm
Open at 10:00am. Meditation meeting & Hot cakes 10:15am
**No meditation meeting on the Days**
Open Sharing 11:30m to 6:30pm
Food served 6pm. Open podium after speaker
Celebrate clean time 6:30pm. Speakers at 7pm. Open podium after speaker
Close 8:30pm
Come hang out with other recovering Addicts on the Holidays.
Bring a dish to pass
Need people to chair the meeting. For more info Irvin P. 586-343-3625

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**Upcoming Events & Meetings**

**MACNA V Convention**

Workshops, Open Speakers, Dances, Banquet, Marathon Meetings
Friday Nov.20th thru Sunday Nov.22nd
Best Western Sterling Inn
34911 Van Dyke Sterling Heights, MI 48312
Family Friendly Hotel
586-979-1400-Front desk for booking of room. Booking code-MACNA
All Hotel Access Non-Smoking
$89 for King-3max
$109 for double king-4 max
Water park included in booked room price
Rooms must be reserved no later than 10/22/15

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**Tradition of the Month: Tradition Eleven**

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

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**Word of the month from the Recovery Dictionary**

**Attraction:**
1. The force by which one object attracts another. 2. The quality of arousing interest; being attractive or something that attracts 3. A characteristic that provides pleasure and attracts people.

**Promotion:**
1. A message issued in behalf of some product or cause or institution 2. Encouragement of the progress or growth or acceptance of something 3. The advancement of some enterprise.

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**From The Area**

**Nominations:**
- Literature Chair–Richard L.
- Helpline Chair– Jim
- Outreach Chair– Irvin P.
- Jeanne R.- Co Secretary

**Increase your Recovery Word Power**

1. **Ego**– A: a confidence and satisfaction in oneself.
   B: an exaggerated opinion of one’s own qualities or abilities.
   C: both A and B, but who wants to admit that?

2. **Eclectic**– A: selecting what appears to be the best from various methods, or styles.
   B: to be unique, kind of flamboyant.
   C: A and B

3. **Embarrassment**– A: an agitation that impairs thought and judgment.
   B: to cause to experience a state of self-conscious distress.
   C: Being caught with your pants down.

4. **Endorsement**– A: to publicly express support or approval of.
   B: to publicly disapprove of.
   C: signing the back of a check.

5. **Etiquette**– A: who knows, I come from a dysfunctional family.
   B: something only rich old people have.
   C: the conduct prescribed by authority to be observed in social life.

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If you would like to submit an item, Make sure that it is N.A or recovery related, 500 words or less. Anonymity is strongly advised (as far as naming names) By sending in any submissions you hereby grant permission to Macomb Miracles, their successors, assigns and those acting on their behalf authority to publish the attached original material and you understand that this material may be edited or reprinted in other NA journals. Each item will be checked and edited if needed and will become property of the Macomb Miracles. You can submit an item to the N.A website www.michigan-na.org/macomb (good) or to your G.S.R (better) or to macombmiracles@yahoo.com (best). We are looking for news, events, poetry, your story, your opinion, artwork, Questions for our new section “Dear Addy” or anything you think may be suitable. The newsletter “business meeting” meets on the last Thursday of every month at 7pm before the “Today we live 2” group meeting.
From the Editor,

Hi family, Please help me carry the message by sharing your own experience, strength, and hope on addiction and recovery. Send me your story, your story could help someone stay clean one more day. Also, if you have an Anniversary coming up in December, send it in now to: MacombMiracles@yahoo.com

Thank you for allowing me to be of service,
~ Jocelyn D.


Upcoming Events

It’s always best to get your events and announcements in early so we may print them and let the fellowship know what’s going on and to show that we do have fun without using. Any picnics, socials, open talks,...any activities at all send them to: Macombmiracles@yahoo.com

Michigan Service Office
726 Livernois Ferndale, MI 48220
(248)544-2010 M.S.O Hours-Tues,Wed, Thurs-10am-6pm and Saturday 10am-4pm

To get a “Just For Today” Daily Meditation sent to your Email or phone everyday just go to this site and sign up! Just that easy.

Go to NA.org Click on “service to members” Then click on “Just for today subscriptions”.

366 daily meditations, one for everyday of the week