### Anniversaries

<table>
<thead>
<tr>
<th>Name</th>
<th>Clean Date</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aaron A.</td>
<td>8-14-14</td>
<td>2 Yrs</td>
</tr>
<tr>
<td>Mike B.</td>
<td>June 21st, 2015</td>
<td>1 Yr</td>
</tr>
<tr>
<td>Mary Jo B.</td>
<td>08-19-2007</td>
<td>9 Yrs</td>
</tr>
<tr>
<td>Hillary H.</td>
<td>08-10-2014</td>
<td>2 Yrs</td>
</tr>
<tr>
<td>Lyle K.</td>
<td>08-08-2010</td>
<td>6 Yrs</td>
</tr>
<tr>
<td>Mark K.</td>
<td>08-08-2014</td>
<td>2 Yrs</td>
</tr>
<tr>
<td>Sharon M.</td>
<td>08-09-1988</td>
<td>28 Yrs</td>
</tr>
<tr>
<td>Jennifer P.</td>
<td>08-17-2010</td>
<td>6 Yrs</td>
</tr>
<tr>
<td>Irvin P.</td>
<td>08-15-2008</td>
<td>8 Yrs</td>
</tr>
<tr>
<td>Neal R.</td>
<td>08-12-2012</td>
<td>4 Yrs</td>
</tr>
<tr>
<td>Sjuta Rick</td>
<td>08-14-2006</td>
<td>10 Yrs</td>
</tr>
<tr>
<td>Jessica S.</td>
<td>08-12-15</td>
<td>1 Yr</td>
</tr>
<tr>
<td>Katrina S.</td>
<td>08-28-2013</td>
<td>3 Yrs</td>
</tr>
<tr>
<td>Jonny V.</td>
<td>08-28-2013</td>
<td>3 Yrs</td>
</tr>
</tbody>
</table>

### From the Editor

Hi Family, thank you for allowing me to continue as your newsletter chair. I am grateful to have the opportunity to stay connected with my Macomb family by continuing to work on your newsletter. I really need your help more than ever. Help me get information that the newsletter needs, like questions for Dear Addy, Articles, News, upcoming events, anniversary dates, NA history, artwork, quotes, poems, etc. Send all submissions to macombmiracles@yahoo.com.

please and thank you.

Jocelyn Loves You!

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### August

**14** GSR Workshop 9am following Area Meeting. Henry Ford Macomb Hospital at 10:30am

**22** H&I Committee Mtg – New location St. Margaret’s church 6pm.

**29** Keep Coming Back!

**31** Public Relations Committee Mtg – Eastside Alano Club 9am.

**I Belong**

Based in our experience we believe that every addict, including the potential addict, suffers from an incurable disease of body, mind, and spirit. Not use any mind altering or mood changing substance, including marijuana and alcohol successfully.

My name is Delores and I am an addict. It took me a while to make that admission. I never thought of myself as an addict. My drug of choice was marijuana. Before coming to Narcotics Anonymous, I was... When I first came here, I felt different and it was very hard for me to identify with other addicts. I kept trying to separate myself. Always looking at the difference between myself and others. Never really knew just how obsessive and compulsive I really was until I stayed around for awhile.

Through all this, I just kept coming. I have 6 months clean now and I’m finally starting to understand just how I really do belong here.

Now knowing that I am an addict and I truly do have a thinking problem. I no longer feel a need to use. I have a place I can go and talk about my feelings and learn how to live life on life’s terms. With that being said, I truly don’t matter what or how much we use!!!

I Belong

By, Delores

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**Send in your story or articles to MacombMiracles@yahoo.com to see it here.**
**Wishful Thinking**

There is a common practice from which for addicts are wholly immune, and that is wishful thinking. Wishful thinking, when carried on our program, is the practice of deciding for ourselves that which we believe would be best and because it suits our comfort and convenience, we hope and believe it is true. Choosing to believe what we would like to believe regardless of the facts, makes us deny all the more difficult to face. Some continue to wishfully think that those rules which pertain to their recovery, their happiness, their improvement and progress may be ignored and that by some good fortune or kind providence they will escape the penalty for their disregard of the facts. In NA it isn’t so much a question of what we want to believe as it is a question of what we have to believe. It isn’t so much a question of what we would like to be true, as it is a question of what is true.

A truth is often harder to face than a falsehood, because you can manipulate a falsehood, but you can’t manipulate truth, and all the wishful thinking in the world won’t change it. There may be a thousand ways of doing a thing wrong, but only one way of doing it right. There may be a million wrong answers to a problem, and only one right one. But what point is there in arriving at a wrong answer, even if it temporarily saves our comfort or convenience—we only lose time and ultimately face the fact anyway. Truth may be an exacting taskmaster, but it is a rich rewarder. Anyhow, where NA is concerned, wishful thinking is a misery that you can’t afford.

— from an old add, May 17th 1953

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**MACNA VI CONVENTION**

Friday November 11th thru Sunday Nov. 13th

Wyndham Gardens
Sterling Heights, MI 48312

Family Friendly Hotel

- (586)979-1400-Front desk for booking room
- All Hotel Access Non-Smoking

$94 for King-3 max.

$104 for double queen-4 max.

Rooms must be reserved no later than 10-22-16

Booking code-MACNA w/date of arrival

Cancellation of room must be within 72 hrs.

Registration Chair—Rob H. (313) 631-6741 Information Chair-Gary D. (248) 943-0645 Programming Chair —Heather M. (586) 439-8572


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**Dear Addy, Do I have to be clean to have recovery? Anonymous**

Dear Anonymous,

Going to the literature, in Recovery and Relapse it states: The progression of recovery is a continuous, uphill journey. Without effort we start the downhill run again. The progression of the disease is an ongoing process, even during abstinence. It also states: Any use of drugs will interrupt the process of recovery. Recovery is an ongoing process and using will interrupt the process, but what you have learned will always be there. You will lose your clean time but the recovery you had and have will still be there for you to use. It also states this: It is important to remember that the desire to use will pass. We never have to use that part of our addiction again. Even worse, is using it while you are in recovery. If we use after being in recovery for multiple years we only lose clean time and will lose the recovery. It also states this: It is important to know that the desire to use will pass. We never have to use that part of our addiction again. Even worse, is using it while you are in recovery. If we use after being in recovery for multiple years we only lose clean time and will lose the recovery.

The definition of recovery is as follows:

1. A return to a normal or healthy condition. Can you be normal and healthy while using? For a time maybe?

2. Restoration to a former or better condition. Perception may make it possible for a clean addict to think that when using, which was former, that it was better?

So I went to the Basic Text and there are 287 pages in the Fifth Edition where the word recovery is printed and in all of those instances the word recovery is associated with working the program and the program is about abstinence. It is always projected and inferred that you must adhere to our principles to be in recovery. Our principles are the Steps and in the steps it states that we have to admit we are powerless over our addiction, our addiction is the use of drugs. In conclusion it appears that even though we all would, at times, like to justify that we can recover even if we were using, the program tells us we cannot, and if you say your are a member of this fellowship then you cannot use drugs and recover. Addy.

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**Dear Addy is in need of Recovery related questions to keep this section going. It can be funny or serious questions as long as it is recovery related. Send all questions to Jocelyn at Macombmiracles@yahoo.com**

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**Dear Addy**

If we use after being in recovery for multiple years do we lose recovery as well as clean time? -Anonymous

Dear Anonymous,

To get a “Just For Today” Daily Meditation sent to your Email or phone everyday just go to this site and sign up! Just that easy.

Go to NA.org Click on “service to members” Then click on “Just for today subscriptions”.

366 daily meditations, one for everyday of the week

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**SALVATION RECOVERY**

**A Closed Meeting For Addicts Only**

**At SALVATION ARMY**

**M.A.T.T.S**

**24140 MOUND RD. WARREN,**

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**Get the Macomb Miracles Newsletter sent directly to you by sending an email to macombmiracles@yahoo.com with the word ‘subscribe’ as your subject.**

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**Dear Addy, Is it a sin to be in recovery and using? -Anonymous**

Dear Anonymous,

In Recovery and Relapse it states: The progression of recovery is a continuous, uphill journey. Without effort we start the downhill run again. The progression of the disease is an ongoing process, even during abstinence. It also states: Any use of drugs will interrupt the process of recovery. Recovery is an ongoing process and using will interrupt the process, but what you have learned will always be there. You will lose your clean time but the recovery you had and have will still be there for you to use. It also states this: It is important to remember that the desire to use will pass. We never have to use that part of our addiction again. Even worse, is using it while you are in recovery. If we use after being in recovery for multiple years we only lose clean time and will lose the recovery. It also states this: It is important to know that the desire to use will pass. We never have to use that part of our addiction again. Even worse, is using it while you are in recovery. If we use after being in recovery for multiple years we only lose clean time and will lose the recovery.

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**Historic of NA**

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**Reminder**

The “Go For It” Group of Narcotics Anonymous Anonymous meets on Sundays at 8:00pm

At the “Church of the Master”

30200 Schenorr Rd. Warren, MI

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**Dear Addy, Do I have to be clean to have recovery? Anonymous**

Dear Anonymous, Yes! Is the answer that I want to say and that is all I want to say, but your question has caused me to do research.

The definition of Recovery is as follows:

1. A return to a normal or healthy condition. Can you be normal and healthy while using? For a time maybe?

2. Restoration to a former or better condition. Perception may make it possible for a clean addict to think that when using, which was former, that it was better?

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