**December 2016 Anniversaries**

<table>
<thead>
<tr>
<th>Name</th>
<th>Clean Date</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bobb Ackley</td>
<td>11-24-2014</td>
<td>2 Years</td>
</tr>
<tr>
<td>Cheyenne B.</td>
<td>05-08-2015</td>
<td>18 mos.</td>
</tr>
<tr>
<td>Lisa B.</td>
<td>10-30-1948</td>
<td>28 yrs</td>
</tr>
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<td>Leo B.</td>
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</tr>
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</tr>
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<td>11-10-2015</td>
<td>1 Year</td>
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<td>Mike F.</td>
<td>11-16-2009</td>
<td>7 Years</td>
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**From the Editor...**

Hello NA family, I want to start out by saying THANK YOU to the Convention Committee for putting together another amazing convention for us! It was beautiful seeing everyone together. I hope everyone enjoyed the convention, I know I did! If you did not make it to MACNA & there is always next year! With 575 addicts in attendance at MACNA, we celebrated 2,652 years, 2 months, and 2 days clean time together! What a blessing!!

As for our newsletter, I need your help with distributing these newsletters to as many meetings as we can so the message gets around to other addicts and possibly spark some interest in sending in their stories, poems, articles, & NA news or questions they may have for Dear Addy, and so on...

We’ve had a few people send in some stuff for the newsletter this month and that was a great help! Thanks for the poem James and the artwork Jake, and the addict that sent in their Dear Addy questions, they will remain anonymous as requested, thank you! We have 3 addicts that sent in their clean dates that are celebrating anniversaries this month and a couple from last month. A big congrats to them! If your coming up on a year or more, send it in to the address below!

If you would like the Macomb Miracles emailed to you, just send an email to the address below with the word “subscribe” as the subject and you will receive a monthly Macomb Miracles Newsletter IN COLOR straight to your inbox!

So grateful to be of Service, Editor/Chair - Jocelyn D.

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**Macomb Miracles**

*Volume 16 Issue 11*

**The Truth Will Set You Free**

- The truth is I don’t expect anyone to trust me based on 10 months of recovery.
- The truth is I have to change and I haven’t done it yet.
- The truth is, I’ve let fear run my life in many different ways.
- The truth is, I act out by yelling and screaming at the top of my lungs.
- The truth is that’s what fearful people do because we don’t know any better.
- The truth is my father probably was more fearful than I am.
- The truth is, I love and miss my father.
- The truth is I wish my father had a program to go through so that he could lose his fears.
- The truth is, I wish my grandfather had this program.
- The truth is people don’t deserve to be yelled and screamed at.
- The truth is problems can be solved much better without yelling and screaming.
- The truth is I want recovery.

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**NA Helpline:** (248) 543-7200 or toll free: 877-338-1188

**Editor/Chair ~ Jocelyn D.**

**So Grateful to be of Service,**

**as the subject and you will receive a monthly Macomb Miracles Newsletter IN COLOR straight to your inbox!**

**Thank you to those who have sent in their stories, poems, articles, & NA news or questions they may have for Dear Addy, and so on...**

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**So grateful to be of Service, Editor/Chair – Jocelyn D.**

**We can only keep what we have by giving it away. Send in your story to MacombMiracles@yahoo.com**

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**Keep Coming Back!**

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**Michigan Service Office**

729 Livernois Ferndale, MI 48220

[248] 543-2010 R.S.O. Bivens-Tours, Tues-Thurs 9am-6pm and Saturday 10am-5pm

**Public Relations Committee**

- Eastside Alano Club 9pm.
- Keep coming back!

**Activities Committee**

- Westside 8pm Support!
- Lakeside Botanical Gardens 8pm Sat.
- Detroit Jewish Hospital 10pm.
- Keep coming back!

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**Volunteer Hours**

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Congratulations!!

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**To get a “Just For Today” Daily Meditation sent to your Email or phone everyday just go to this site and sign up! Just that easy!**

Go to NA.org Click on “service to members” Then click on “Just for today subscriptions”.

366 daily meditations, one for everyday of the week.

NA Helpline: (248) 543-7200 or toll free: 877-338-1188
Dear Addy,

Why are we told to choose a sponsor of the same sex? ~Anonymous

Dear Anonymous,

A sponsor is supposed to show you how they work the Steps and guide you through them. A sponsor should be someone you can confide in, tell all your secrets and feelings to. In NA we deal with addiction which encompasses everything. Our identification is with drugs, but our 1st Step says we are powerless over addiction. ~Addy

Dear Addy,

Can I have more than one sponsor? ~Anonymous

Dear Anonymous,

In our IP number 11-Sponsorship, it states this: Sometimes members wonder whether if a woman in recovery can best understand and help another woman in recovery, and a man can best understand and help a man. ~Addy

Dear Addy is a fictional character along the lines of Dear Abby. The opinions expressed here are reviewed by the newsletter committee and have the same review that any article in the newsletter would have. They are in no way the opinion of NA as a whole and are for entertainment purposes only. If you would like to submit a question to Addy, please send your question to macombmiracles@yahoo.com.

Macomb Miracles Newsletter

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There is no single, easy answer to how we make peace with our past, and it rarely happens all at once. Throughout our recovery, different pieces of ourselves become available to us, and other parts are ready to be let go. Sometimes this is a peaceful process, and sometimes it’s terrifying. The fact that something does not get resolved in one round of steps or in a few conversations with a sponsor does not mean we are not progressing. Returning again and again, in step work or in dreams, to “the scene of the crime” is part of the experience of many of us in recovery. Each step we work gives us back a piece of ourselves and relieves a little of our burden of regret, shame, and fear. We let go of some things we believed about ourselves, and find others. We return to some of the things we once cherished and find out if they still suit us today. The ways we change can be surprising.

“Living Clean: The Journey Continues pg.26

“Sanity is living in harmony with reality” LC pg.15

“TODAY WE LIVE” 1 & 2 NA MEETING NEEDS SUPPORT & TRUSTED SERVANTS!

Meets every Monday & Thursday at 7:30pm at the Eastside Alano Club (Omaha rd. & Hoover)

“Just One More”

Just one more time, I have nothing to lose... Just one more time, I can't lie and say I didn't use... Just one more time, I can keep it under control... Just one more time, it's only a celebratory drink... Just one more time, it won't lead me to cold sweats and chills... Just one more time, take me to a place where I just don't care... Just one more time, before you bring me all of life's despair... My first time realizing my life had no hope... My first time a FB status said... "Putting the life back in our recovery is really not that hard. We look for the passion, and we nurture it. The hard part is finding the willingness to take action and pick up the phone or go to a meeting when we are feeling uninspired. There is magic and a healing grace in meetings, but we cannot wait until our attitude blinds us. Coming back to meetings after we have been gone for a while can be awkward and difficult, or it can be like coming home. There is a sweetness to walking into a room we have not been in for some time and seeing so much unchanged. Still, meetings make more sense when we attend them regularly." ~Living Clean pg.17

Admitting is the beginning of change. ~ pg.36