Happy Holidays Family! We are having a Holiday Party December 3rd. We hope you will be able to join us. The theme for the evening is “Work The Steps OR Die” – Saturday January 14th at the Eastside Alano Club.

Service work is important in recovery, so why not stay after the party and help clean up? It would be very much appreciated! Talking about service work, we can use all the help we can get around here. We are a huge Area of Narcotics Anonymous, we have lots of meetings. Be grateful for the opportunity to attend one who benefits from your service.

To pick up a service position at a meeting you attend regularly or better yet a meeting that is struggling...

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A grateful addict in recovery ;-)
Dear Addy,

Dear Addy, I have been clean for over 20 years and have been having something different and bad. I have resentments and justifications for the first time since her fathers hugs she felt a love that's real. For the first time in her life she fell in love with the girl in the mirror. She leaves the makeup on the sink today. But her thoughts become clearer. She anticipates the rush of the hell that would await her for loving him before she loved herself. No needle in her arm. She wakes up cold. Confused. No feeling like she used. A single tear rolls down her face. She trembles. Bitterness. For the first time in her life she feels strength where once was weak. A smile she hasn't seen since that day on her fathers lap. Spreads across her face. And she begins to laugh. It seems she didn't know she was happened. But her thoughts become clearer. She looks the makeup on the sink today. She fell in love with the girl in the mirror.

Tommy K.

Dear Old still clean, but stagnant, I noticed you did not say you wanted to use, you want to do anything to change but not use. I guess you have to look at why you want to do those things. You stated you work the steps, get with your sponsor, write, pray, etc. etc. etc... I am at the edge and looking down and need to know why at my age is it still practical to do these things? Help!

Old still clean, but stagnant.