March 2018

February 2018

To get a “Just For Today” Daily Meditation sent to your Email or phone everyday just go to this site and sign up! Just that easy!
Go to NA.org Click on “service to members” Then click on “Just for today subscriptions”. 366 daily meditations, one for everyday of the week.

Need help finding a meeting, or just need to talk to another addict in recovery? Call the NA Helpline at (248) 543-7200 Toll free: 877-338-1188 Michigan Region: 800-230-4085

Would you like your anniversary featured in the Macomb Miracles?
If so, Send an email to Macombmiracles@yahoo.com with your clean date, (month, day, and year) and we'll make sure it gets in the appropriate issue.

NAME       CLEAN DATE        YEARS
Andrew D. 03-25-2017      1 Year
Joshua D. 03-20-2014      4 Years
Liz G.    03-30-2016      2 Years
Christine S 03-07-2017     1 Year
Grant T. 03-17-2004      14 Years
Lou T.    03-15-2007     11 Years
Kim K.    03-31-1994     24 Years
Nicole K. 03-02-1999     9 Years
Jonny L.  03-04-2011     7 Years
Michael P. 03-28-2008   10 Years
Josh S.    09-15-2016    18mos.
Melissa V. 02-15-2001    17 Years
Susan V.   03-04-2001    17 Years
Loretta W-R 03-06-2014  4 Years

Michigan Service Office
726 Livernois Fertdale, MI 48220 (248) 543-7200 M.S.O Hours: Tues,Wed, Thurs 10am-6pm and Saturday 10am-4pm
NA Merchandise Gifts, Books, book covers, Shirts, Jewelry, Medallions and so much more!!

Hey family! I'm Stephanie and I am an addict to recovery!
So the night I moved into my three quarter house, he took me to the treatment center for my first meeting out there and I was scared. I wanted to go but still wanted to act like a tough girl so I acted like I was too cool for it. Then we got there... I couldn't believe how many people were there by choice coming to support those who were still in treatment. It inspired me. I didn't lose the tough guy act till the table was half way done.

On the way home, I noticed this weird feeling I had... happiness... whoa!! How am I to feel this feeling without some sort of intoxicant in my body? Now, I DO NOT sing in front of people unless I'm drunk right... So he starts playing this song called F**k Fake Friends by Bebe R. I started singing it out loud in front of him... Then I noticed another feeling... trust. Comfort of being myself without fear of being judged or made fun of. This was a concept that I hadn't been able to comprehend before. It was oddly amazing. I fell in love with the IDEA OF RECOVERY!

It was not just because of this stuff, but many more details and conversations that had been had while at the treatment center. If you people can feel this way, and do this stuff to give back cause you can and aren't forced, than maybe, JUST MAYBE, eventually I can too.
Since then, I have realized that I have the DESIRE TO STAY CLEAN!! I wanted what these people were so freely giving to us newcomers cause it was so freely given to them..
I've taken MANY road trips okay, and I have never EVER felt so many different emotions at once. This mini emotional rollercoaster was the one that changed my wants and desires for me... I don't want this for time with my baby, or for school, or for not doing prison time, or so my family doesn't receive that phone call that absolutely no parent wants. But I was 110% willing to do it for what really mattered; ME.

Don't get me wrong, all those things are added on to what makes recovery so great but they are not the reason I stay in recovery.

I struggle daily. But it wasn't until I seen what was available to me (thanks to some pretty amazing people willing to guide me, and a higher power I could call my own), that I finally became willing and ready to see what my life was REALLY meant to be. I struggle with my higher power and comprehending how that all works still. But as long as I REMAIN TEACHABLE, than it will work out the way it's supposed to. God's will... Not Stephanie's will. I accept that. I have to remind myself several times a day to let go which is my biggest struggle today. But since I know what's going on, I am handed the tools to fix it. I can do the footwork. I am willing.

Thank you to this recovering addict whom I love and is my friend today. I am grateful.

Stephanie N.
Dear Addy

If we always Identify as an addict in what way do we recover them?

Anonymous

Dear Anonymous,

In the IP #6 Recovery and relapse it states:

- Complete and continuous abstinence, however, in close association and identification with others in NA groups, is still the best ground for growth.

Basic Text 6th Edition In Who Is An Addict Page 8

Once we identify ourselves as addicts, help becomes possible. We can see a little of ourselves in every addict and see a little of them in us. This insight lets us help one another.

It Works How and Why Step 1:

Many of us begin the process of surrender when we identify ourselves at a NA meeting with our title and the words “I am an addict.”

“Once we admit that we are addicts and that we cannot stop using on our own, we are able to stay clean on a daily basis with the help of other recovering addicts in Narcotics Anonymous.”

Addy

Dear Addy is a fictional character along the lines of Dear Abby. The opinion expressed here are reviewed by the newsletter committee and have the same review that any article in the newsletter would have. They are in no way the opinion of NA as a whole and are for entertainment purposes only. If you would like to submit a recovery related question to Addy please send your question to: mcanadearaddy@gmail.com

MACNA Huggers and Serenity keepers wanted!

If you would like to be a hugger or serenity keeper for the convention please contact me, Irvin P. Or just send me a text with your name, the day and the time that you would like to do service to (586)-341-3625 and don’t forget your shirt size.

The convention will be on November 9th and 10th

Rainy L.

MACNA VIII Wynndam Garden Sterling Heights Committee Meetings are held the First Sunday of every month at the hotel until the convention.


Committee Time: All Subcommittees-6:00pm Full-7:00pm

Dear Addy!

I will continue to pray for the sick and all suffering. It is really close to my heart at this moment, the pain that addiction causes. Thankful for having found a new way to live that doesn’t require a substance.. Or some other replacement.. To get through the day. Keep holding on. Push through the pain and know that everything in our life is temporary.

So many things I’m powerless over….one thing that’s consistent is that I place my recovery and God first. I’m not a guru or Bible thumper. I’m a woman who was broken almost my entire life and have found a new way to live through a 12 step program. The gifts of recovery are endless…Spiritually, emotionally, and physically.

I will continue to pray for the sick and all suffering. It is really close to my heart at this moment, the pain that addiction causes. Thankful for having found a new way to live that doesn’t require a substance.. Or some other replacement.. To get through the day. Keep holding on. Push through the pain and know that everything in our life is temporary.

From the Area

The Activities Committee is looking for gift basket donations to raffle off at our next events. Please contact Activities Chair Jennifer P. (586)-676-8578 for more info.

Support Our Meetings

Closer to the Heart Meeting Needs your support! Meets on Renaissance Unity Church 698 & Hoover

Serenity on Sunday Help support this New Meeting Every Sunday at 3pm at the Macomb Alano Club.

Shes a Hoper Not a dope

1. Opening prayer said by all in attendance.
2. 12 Traditions read by a person selected by the area Chairperson Hilary H.
3. 12 Concepts read by a person selected by the area Chairperson Hilary H.
4. Reading of the Definition and Purpose read by Stacy S.
5. Introduction of new GSR’s are as follows: Bobby B. (Co-GSR) is representing Go Tell It on the Mountain, Nicole H. (GSR)-representing Spiritual Connection, Adam E. (GSR)-representing The Ties that Bind.
6. Quorum was met as were there 9 GSR’s in attendance this month.
7. There were 9 reporting groups this month.
8. Open service positions: Literature is now open
9. Review of the Secretary’s Report read by Towana N.
10. The following persons were re-elected and elected to the Administration of the ANC: Chairperson- Hilary H. (re-elected), Co-Chairperson-Skynes M. (re-elected), Co-Secretary Frank K. (nominated and elected), Secretary- Towana N. (elected formerly Co-Secretary), Treasurer- Stacy S (re-elected), Co-Treasurer-Mark W. (re-elected), RCM- Paul G. (re-elected), Alternate RCM- Jeanne R. (nominated and elected), Policy- Paul W. (re-elected), Co-Policy- Angie W. (nominated and elected), Hospitals- Carl S. nominated and elected), Hospitals and Institutions- Melinda M. is stepping down.

If you would like to submit an item, make sure that it is NA or recovery related. Anonymity is strongly advised (as for naming names). By sending in any submissions you hereby grant permission to Macomb Miracles, their successors, assigns and those acting on their behalf to publish the attached original material sent to Macomb Miracles and you understand that this material may be edited or reprinted in other NA journals. Each item will be checked and edited if needed and will become property of the Macomb Miracles. You can submit an item to Macombmiracles@yahoo.com. If you want to send in a recovery related question for our Dear Addy section please send to mcanadearaddy@gmail.com. We are looking for NA News, upcoming events, poetry, your story, your opinion, artwork, recovery related questions for “Dear Addy” and anything else you think may be suitable for our newsletter. There is no requirement to send in your experience, strength, and hope.

1. Motion 01142018-01 was defeated. This Motion pertained to the DACNA registration package purchase by our ASC.
2. 13.Old Business: Motion 01142018-01 was defeated. This Motion pertained to the DACNA registration package purchase by our ASC.
3. 14.Kim H. qualifications for the H&I subcommittee are as follows: 4 years clean, has a sponsor, worked many years as a coordinator for the women at the MCA. She was nominated by Melinda M. and her nomination was seconded by Carl S.
4. 15.New Business: Johnathan P. was nominated to the Literature open position. Qualifications included serving on Oakland County Area as the Chairperson.


Treasurer- Ray L. nominated for the Hospitals and Institutions subcommittee.

Co-Chairperson: Mark W. nominated for the Literature open position.

The convention will be held in beautiful downtown Detroit at the luxurious 5 star Marriott Hotel Renaissance Center.

Convention Registration $20 After March 2nd its $30

Newsletter Editor Jocelyn D.