Happy Spring family! I hope everyone had a good Easter.

The newsletter’s email inbox has been quiet lately. There are a lot of us recovering addicts in Macomb county but so little willingness unfortunately. I’m asking those of you who read this paper to help out with the Macomb Miracles? If so, Send an email to Macombmiracles@yahoo.com

Thank you for allowing me to be of service.

Jocelyn D.
Your newsletter Editor/Chair.

From The Editor

Would you like your anniversary featured in the Macomb Miracles?

If so, Send an email to Macombmiracles@yahoo.com with your clean date, (month, day, and year) and we’ll make sure it gets in the appropriate issue.

NAME CLEAN DATE YEARS
Eileen D. 04-10-2015 3 Years
Mark D. 04-19-1997 21 Years
Marty K. 04-05-1991 27 Years
Brenda M. 04-05-1996 20 Years
Jen M. 04-03-2008 10 Years
Jeanne R. 04-15-2014 4 Years
Katie S. 04-10-2012 6 Years

It’s only been 4 months, but I’ve never had 4 months in recovery. And by the grace of God, I’m able to continue on my journey...

My story starts at age 5. I came from an upper class family who, from the outside, looked perfect. But behind closed doors, nothing could have been farther from the truth.

I was born to my mother late in life; she was 40 years old when I arrived. I had older siblings, all of whom were struggling with their own drug dependencies.

My older brother was a heroin addict and pedophile. He wasn’t stupid; he knew if he tried to mess with me, I would make noise. So he found a solution to the problem: Heroin.

My brother began shooting me up with heroin at age 5. It continued until I was about 8 years old. To make a long story short, I spent the next 45 years battling my own drug addiction. How I lived, I’m able to continue on my journey — a process which now includes going to NA meetings, intensive therapy and God.

I finally found a 90-day women’s program that also offered trauma therapy. I underwent EMDR (Eye Movement Desensitization and Reprocessing) and intensive drug addiction therapy. I am still clean today.

It’s only been 4 months, but I’ve never had 4 months in recovery. And by the grace of God, I’m able to continue on my journey — a process which now includes going to NA meetings, intensive therapy and God.

Words of Wisdom

If I could offer any words of wisdom to people who might be going through the same thing, I would say the following:

If I can go from living under a bridge to being an active and productive member of society, so can you. Find help and find recovery, your life depends on it.

Ginnie W.
Dear Addy,

Can you have more than one homegroup?

Dear Anonymous,

It states in the Guide to Local Service Page 27:

WHAT IS A “HOME GROUP”?

In some NA communities, it has become customary for members of the fellowship to make a personal commitment to support one particular group—“their home group.” Though this custom is not universal, many believe its practice can benefit the individual member as well as the group.

For the individual member, it can provide a stable recovery base, a place to call “home,” a place to know and be known by other recovering addicts.

For the group, it ensures the support of a core of regular, committed members. A strong home group can also foster a spirit of camaraderie among its members that makes the group more attractive to and more supportive of newcomers.

The home group provides many opportunities for us to involve ourselves in the NA Fellowship, making it a great place for us to start giving back what Narcotics Anonymous has so freely given us.

In committing to our home group, we make a personal commitment to NA unity. That commitment not only enhances our own recovery, it helps ensure recovery is available for others.

Our home group also gives us a place in which to participate in NA’s decision-making processes. While the home group concept is the accepted norm in some NA communities, it’s unknown in others.

There are many, many ways of talking and thinking about the bond established among addicts in their groups. Do what seems most suitable in your own NA community.

Addy was taught that you should have only one group and commit to that group.

-Addy

Theme & Logo Contest

We need a new theme and logo for MACNA VIII

Please submit your ideas at any convention meeting or to any committee member on or before the April 1st MACNA committee meeting.

Winner will receive a free convention package.

Hey! Guess What? The Macomb Area has a convention each year in November!! We are in the planning stages for the 8th annual convention and could use your help. No experience required!!! No resume required, Willingness is all you need!!

Come on down and give back that which has been given to you!!

For more information Contact: Rob H. (313)-633-6743

MACNA VIII
Wynyard Garden Sterling Heights

Committee Meetings are held the First Sunday of every month at the hotel until the convention.


Committee Times: All Subcommittees-6:00pm Full-7:00pm

Convention Subcommittees:


Serenity on Sunday
Help support this New Meeting
Meets every Sunday at 3pm at the Macomb Alano Club.

Spirirtual Journey NA Meeting
Salvation Army MATTS
24140 Mound Rd.
Warren MI, 48092

North entrance
Wednesdays at 7:00pm

A Closed Meeting For Addicts Only.

SARSHAR Macomb Sundays @ 7:30pm
6902 13 Mile between Van dyke & Mound, Warren, MI 48092

Outside support is needed!!

This is an H&I meeting all male facility 6 month clean time requirement needed to attend.

There’s also an H&I meeting for woman on Sundays at 7pm at the same facility, for woman only, at 7:30pm.

G C L O S E R  t o  t h e  H e a r t  M e e t i n g

Need your support!!
Meets on Fridays at 7pm
Renaissance Unity Church
696 & Hoover