I have learned that applying Spiritual Principles such as Faith, Commitment and Consistency, Courage, etc., can face any fears that come my way. By working the steps, I learn these Principles and how to apply them in my life.

Since coming into Narcotics Anonymous, I have gone through a variety of events and circumstances, almost all of which were new and usually frightening to contemplate. One of the beautiful parts of NA (there are many more) is being able to ask for help and support. The notion that other people would not only want my help but would actually fight to help me be a foreign concept when I got here, as did the idea that it’s not a sign of weakness to ask for help but a strength.

I needed a lot of help in the beginning, coping with a whole new way of living. I came to the program like many of us scared and broken and a little unsure that this program could work for me. I am grateful that I was desperate enough to try; I am also eternally grateful for all the members who welcomed me with a hug and made me feel ok for being here. I needed and asked for a lot of help in the beginning with learning how to make meetings a priority and how to recapture a sense of self-worth when faced with all the devastation of my life and the seemingly insurmountable task of repairing my life.

I am grateful for those that helped me to explore and express my feelings, to help me to turn my will and recover, as well as learning how to be self-supporting as I lived in a three-quarter house. I was scared that I wouldn’t find a job, that I couldn’t pay off probation, that I would starve, and that I would relapse. NA met me exactly where I was at, not expecting me to intuitively know how to face life, not belittling me for riding my bike to meetings, and continuously encouraging to just keep coming back, that things would get better.

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Facing Fear by Applying Spiritual Principles Continued...

with my current service position. Back in March I believe, I was elected as Macomb Area’s Literature Subcommittee Chair. I had no idea what I was supposed to do and felt overwhelmed. But previous forays into service (such as when I was “volunteered” to open a meeting in Pontiac that would be my home group for three years) have taught me that knowing what to do when you start isn’t as important as having a desire to learn and a willingness to be taught. So, I allowed myself the privilege of struggling and learning and didn’t place unrealistic expectations on myself. And today, although I still don’t fully know what I’m doing, I have a purpose and feel much more confident in my position. So if you’re contemplating a service position but aren’t sure that you’re up for it, if you’re scared or afraid of commitment, I will encourage you to do it anyway!

NA needs you and I can assure you that the personal rewards of greater self-sufficiency and and faith with the added opportunities to share your triumphs, your doubts and everything in between. I want to hear about your new kitten and your Algebra test results, your memories of attending school, changing careers, relationships and much more. I have witnessed so many of my fellow members achieve. I have watched many go through their own fears, such as the death of loved ones, relapse, divorce, targeting a six month clean time requirement needed to attend. There’s also an H&I meeting for women on Sundays at 7pm in the same facility, for women only.

So, I allowed myself the privilege of struggling and learning and I have realized the importance as having a desire to learn and a willingness to be taught. So I encouraged you to share your triumphs, your doubts and everything in between. I want to hear about your new kitten and your Algebra test results, your memories of attending school, changing careers, relationships and much more. I have witnessed so many of my fellow members achieve. I have watched many go through their own fears, such as the death of loved ones, relapse, divorce, targeting a six month clean time requirement needed to attend. There’s also an H&I meeting for women on Sundays at 7pm in the same facility, for women only.

 dra for the bake sale are needed! Donations for the bake sale are needed!

MACNCHA CHILI COOK-OFF DINNER SPEAKER PANEL
SUNDAY, OCTOBER 21st at 4pm

Join us in support of our convention. Best Chili Contest. Bake Sale, 50/50 Raffle, Basket Drawing. Submissions are due on October 15th.

St. Mark’s Church 26030 W. Park St. Roseville
Tickets $10 in advance, $15 at door
To enter the chili contest, please bring a pot of chili to serve at least 10 in a crockpot.
Donations for the bake sale are needed!

Please contact a committee member for information or contact Stacy K. (586)404-3828

MACON November 2nd-4th, 2018 Omaha, Nebraska

The Multi-Zonal Service Symposium offers an opportunity for the exchange of experience, strength, and hope among members of NA service. This event, with its broad diversity of our Fellowship, fosters the magic of service when members gather from greater distances to share best practices in serving the suffering addict and fulfilling our primary purpose: through NA zones working together in a spirit of unity and cooperation to support the groups in carrying our message of recovery, the symposium’s purpose is to inspire and instill in participants the joy of service by mentoring and learning collaboration.

Marriot Courtyard 3750 Raymore Parkway Bellevue, NE 68123 Reservations (402) 408-5200
Room Rate:$94/per night Mention MZSS

Renee B. is the new Activities Chair for our Area. With that being said the Halloween Party is October 27th from 6:00 pm until 9:00 pm at St. Thomas Lutheran Church 23801 Kelly Rd. Eastpointe, MI 48021 Near Stephens Rd. Activities is looking for participants to decorate their trunks for trunk or treat. Pizza will be served and prizes for best costumes, cost is $7.00 adults and $5.00 for children or bag of candy for entry.

Activities Committee:
Friday morning– NA Public Relations with professionals event.
Friday afternoon– NAWS Interactive workshops, roundtables and spontaneous exchange of experience, strength, and hope between members of NA. This event, with its broad diversity of our Fellowship, fosters the magic of service when members gather from greater distances to share best practices in serving the suffering addict and fulfilling our primary purpose: through NA zones working together in a spirit of unity and cooperation to support the groups in carrying our message of recovery, the symposium’s purpose is to inspire and instill in participants the joy of service by mentoring and learning collaboration.

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November 9th-11th 2018 Wyndham Garden Sterling Heights 34911 Van Dyke, Sterling Heights, MI 48312 Indoor Pool and family activities Pool Wristbands are $10
Reservations can be made by calling 586-979-1400
Any third party booking are subject to hotel rules and will not get MACNA discounted rate. Contact front desk for MACNA rates.

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