



H+I

If you have 6 months or more and are willing to share your experience, strength and hope; here are the contact numbers for Western Wayne facilities.

If you need the workshop please call the chair or the co-chair.

We are hopeful to have all of the facilities back in person as soon as possible; the zoom platform is subject to change.

Monday: Safe Step 6pm
-Zoom-

Rodney H.(734) 329-3928
Sarah L. (313) 595-8170

Tuesday: Lighthouse (women only) 7pm
-In Person-Dearborn Heights-

Kelly M. (734) 772-7372
Lindsay M. (734) 686-4453

Wednesday: Oakdale 7:30pm
-Zoom-

Conor S. (734) 306-0979
Adam G. (734) 772-8166

Thursday: Team Wellness (women only) 7pm

In Person-Westland
Stacy P. (734) 858-9508
Sarah S. (734) 778-7402

Chair:

Brian S. (313) 673-5500

Co-Chair:

Jessie D (313) 455-2245