



THE NA UNITY

Miracles Happen

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Meetings that need support...

Sun: Straight From the Book 7 p.m.

Monday: Still Standing Together 12 p.m.

Tuesday: Dearborn Recovery 7 p.m.

Wed: Wed Night Recovery 7:30 p.m.

Thu: Annapolis Park Support 7 p.m.

Fri: Winners on Warren 7 p.m.

Sat: Sat Morning Serenity 11 a.m.

Western Wayne Outreach determined these meetings need support!

“With none of it’s former regular members, no money, no literature, and nothing left of it’s former leadership, NA as it had been known up to that point was dead. NA as we know it today was about to be born...” *Miracles Happen pg. 39 The Early Years*

NA Starts Again

In the midst of social upheaval and change, Narcotics Anonymous was busy shoring up its foundation for the years to come. To the early members like Jimmy, one thing was crystal clear: This new version of NA simply had to abide by the traditions, or it would perish like all the others. Indeed, during the last years of the previous decade, groups registering as “Narcotics Anonymous” had sprung up all over the country. In addition to New York and Cleveland movements, some version of NA had appeared in Louisiana and other locales. As Jimmy would later say, the one thing that set NA in Southern California apart from those other movements was an increasing understanding: Our early members had learned the lesson taught by their previous experience and had seen quite clearly the necessity of adhering to the traditions. In this sense, all of the various and sundry NA movements contributed, in the end, to the development of the program as we know it today. In their very failure to abide by the principles as they were developed in AA, those early attempts to create a new fellowship helped to guide the success of NA in the San Fernando Valley.

The rebirth of NA started in the end of 1959. Sometime after that cup of coffee Jimmy and Sylvia shared, they, along with Penny K, restarted the meetings at Moorpark and Rhodes, and began to address the absence of literature. Sylvia was committed to helping NA grow and she wanted to do anything to help. She and Jimmy sat down and wrote a number of individual pieces that would lay the foundation for the program as we know it today. In short order, they wrote, “Who is an addict?” “What can I do?” “What is the NA program?” “Why are we here?” and “Recovery and Relapse” during 1960, and “We do recover” in 1961. In addition to a few paragraphs that were added to the “How it works” section, this material was compiled into what became known as the Little White Booklet. Jimmy got a printer friend of his in AA to print the booklets for the fledging fellowship at a low cost. By the time they were printed in 1962, there were three meetings a week in the Valley.

In the meantime, word spread that NA was once again returning to the format first started in the fall of 1953 and adhering to the traditions. Some who said they would never return to Narcotics Anonymous, like Pepe A, began to filter back in, and the group began to grow. And there were new members coming who would stay, members like Russell C and Gene H, among others.

There were others, non-addicts, who wanted to help NA stay alive and succeed as well, two of them being Dorothy Guilderslieve, a social worker, and Dr. Lewis Quick, a psychiatrist. They sent addicts to NA, followed up on their progress, and saw the changes that occurred in addicts’ lives. Through their connections, they spoke highly of NA and its methods. Word of NA was spreading not only in Southern California, but elsewhere as well.

Miracles Happen pg. 46 and 47 Building A New Foundation

How I Found Recovery

My first higher power was the state of Michigan. I had two choices; do the drug court program or go to prison. I thought I was too pretty for prison, so I took drug court. They made me do a lot of things that I didn't want to do. I had to get a job, go to meetings every day, go to therapy, and I had to do all that clean. In my addiction, I thought I needed drugs to get out of bed. I thought I needed drugs to do anything, and I probably did at that point in time. But the funny thing is I wasn't really doing anything but chasing my next high. My goal from 14-years-old until the age of 25 was get as high as possible for long as possible. And when I was forced to come down, it was not a pretty sight. I also got high to be skinny, but I was never skinny. The disease of addiction will lie to you in your own voice. That voice also told me I wasn't an addict. The voice told me I could drink alcohol without getting high.

So with some forced clean time, I started hanging out with people in Narcotics Anonymous. They were always throwing these cliches around: "keep coming back," "we will love you till you love yourself," "write some damn steps." I thought to myself, these people are cool but I don't need to do all that, that was too much work. My favorite saying was "I know." I was lacking the HOW of the program. (Honesty, Open mindedness, and Willingness) but because i was court ordered I kept coming back.

By the time I graduated the court program I had started chairing meetings and getting involved with service. Through service I had built a big circle of friends in recovery. These people showed me that it was possible to enjoy life without the use of drugs. They also showed me that I could get through any hard time clean as well. And I also seen what happen to people who used over their feelings and situations.

Today i have a healthy fear of relapsing. I value my clean time. I am grateful that I had the opportunity to get clean when many people I know did not. I always am relieved to see an addict coming back from a relapse because they now have a choice. That is what Narcotics Anonymous gives us. It gives a choice. I think i spent a lot of my life in and out of recovery thinking i did not. I had to over eat to survive. I had to deal with a abusive spouse. I had to hurt myself in order to cope with being hurt. But once again that was the disease lying to me in my own voice. Once we are clean we are given the gift of choice.

The steps empower us to make the right choice by helping us take an honest look into our lives. The drugs, the hurt, the trauma all make us incapable of doing that on our own. So that is why we have a step working guide and a sponsor to guide us through this process. I am so glad that I invested in myself in this way.

Melissa F.

One Addicts Experience

We see that regardless of the presence or absence of material success in our lives, we can be content. We can be happy and fulfilled with or without money, or without a partner, with or without the approval of others. We've begun to see that God's will for us is the ability to live with dignity, to love ourselves and others, to laugh, and to find great joy and beauty in our surroundings. Our most heartfelt longings and dreams for our lives are coming true. These priceless gifts are no longer beyond our reach. They are, in fact the very essence of God's will fo us. This is a story out of our It Works How and Why Book, page 112 second chapter, and you could have never got me to believe this before I got to the fellowship and started living this program and I can honestly say this is my story today as I speak. I thank God for my new Na life and family.

Every day that I awake and I'm clean that is my miracle and I must not take that for granted because a lot of people did not wake up today, and some people don't make it to narcotics anonymous and a many of us are in a institution for a drug related crime for the rest of our lives so let's never forget about the side effects of addiction which is three fold, mental/physical/spiritual.

Pamela A.

Just For Today

June 25, 2024

Not just lucky

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Basic Text, p.25

“The process of coming to believe involves a willingness to recognize miracles for what they are. We share the miracle of being here clean, and each of us has other miracles that await only our acknowledgment. How many car accidents or overdoses or other near-catastrophes have we survived? Can we look back at our lives and see that we were not just "lucky"? Our experience in recovery, too, gives us examples of a Higher Power working for our good.”

“The real miracle happens when you realize that the need for drugs has in some way been lifted from you. You have stopped using and have started to live”

Basic Text pg. 54, What Can I Do?

Step Seven

In Step Four we uncovered the basic defects of our character. In Step Five we admitted their existence. In Step Six we became entirely ready to have them removed so that we could experience continued spiritual growth and recovery. Now, in Step Seven we humbly ask our Higher Power to remove these shortcomings. When we ask our Higher Power to remove these shortcomings, we ask for freedom from anything which limits our recovery. We ask for help because we cannot do it alone.

Through working the previous steps, we see that attaining humility is necessary if we are going to live a clean life and walk a spiritual path. An attitude of humility is not the same as humiliation, nor is it denial of our good qualities. On the contrary, an attitude of humility means that we have a realistic view of ourselves and our place in the world. In the Seventh Step, humility means understanding our role in our own recovery, appreciating our strengths and limitations and having faith in a Power greater than ourselves. To work the Seventh Step, we must get out of the way so that God can do Gods work. Humbly asking for the removal of our shortcomings means we are giving complete license to that loving Power to work in our lives believing that Gods wisdom far exceeds our own.

It Works How and Why, pg. 69

One Member Shared...

“Spiritual growth can be a lonely, painful and confusing road. If you aren’t careful you can go backwards instead of forwards”

“I’m powerless over people, places and things, but I’m not powerless over my actions”

“I’ve heard the first thing you put before your Recovery is the first thing you lose, I also think the first thing you put your addiction before is the first thing you lose”



CLEAN DATES

June - July

- June 24th, Kim S. 10 years
- June 24th, Robert B. 4 years
- July 1st, Tycie S. 20 years
- July 5th, Red W. 25 years
- July 9th, Pam J. 16 years
- July 10th, Ron C. 40 years
- July 21st, Jeff M. 40 years

“The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.”

Basic Text Tradition 5



SERVICE AND
ACTIVITIES

Area & Sub-Committee Mtgs.

Upcoming Events & Activities

Admin Meeting: 1:30 pm

New GSR Orientation: 1:30 pm

Area Meeting: 2 pm Second Sunday of the month:
New Hope church.33640 MI Ave Wayne MI 48184

Activities: First Sunday of each month at 6:00 p.m.
at Good Hope church. **Joe C.**

Helpline: Second Wednesday of each month at
6:00 p.m. at Hype Recreation Center in Wayne MI.
Chair: **Thomas S.**

Hospitals & Institutions: Third Sunday of each
month at 6:30 p.m. at Good Hope church. 28680
Cherry Hill, Garden City MI 48135. **Kelly M.**

Literature: OPEN

MSO Rep: Mel R.

Newsletter: First Wednesday of each month at 6:00
p.m. at Hype Recreation Center in Wayne.
Chair: **Brandon R.**

Outreach: First Thursday of the month at 6:00 p.m.
at the Hype Recreation Center. **Bennie G.**

Policy: Same day and place as area at 12:30. **Rick
C.**

Public Information: Last Thursday of each month.
6:00 p.m. at Hype Recreation Center. **Stacy P.**

RCM Region: Stefan Y.

RCM Alt: Stuart L.

Web Servant: Jasmine S.

Workshop: OPEN

Picnic In The Park

Sunday July 21st
Maybury State Park - Oak Shelter
20145 Beck Rd. Northville MI
Starts at 10 a.m.
(May have to pay for parking)

World Convention NA 38

August 29-September 1, 2024
Walter Washington Convention Center

Washington D.C.
Registration 175\$
www.na.org/wcna

***Michigan's First
Narcotics Anonymous
12 Step Retreat***

November 1st, 2nd, 3rd

Speakers will focus on NA's 12 steps
followed by small group discussion, breaks for
lunch and dinner, snacks & coffee provided

The Fairfield Inn, 9044 Holly Rd Grand Blanc, Mi
Phone 810 901-0000

Only 100 spots available register soon

Questions: contact Jim B. 269 615-4749

Hosted by homegroups from the Flint and Saginaw Areas
(All submissions for the Western Wayne Newsletter
can be directed to duane85reece85@gmail.com)

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Name: _____ Signature: _____

Date: _____